ALAHIST DM- dextromethorphan hbr, pheniramine maleate, phenylephrine hcl liquid
Poly Pharmaceuticals, Inc.

ALAHIST DM

ALAHIST DM LIQUID

Drug Facts

Active ingredients

(in each 5 mL teaspoonful)
Dextromethorphan HBr..... 10 mg
Pheniramine Maleate..... 12.5 mg
Phenylephrine HCl..... 5 mg

Purpose

Antitussive

Antihistamine

Nasal Decongestant

Uses

temporarily relieves these symptoms due to the common cold, hay fever (allergic rhinitis) or other upper respiratory allergies:

- runny nose
- sneezing
- itching of nose or throat
- itchy, watery eyes
- cough due to minor throat and bronchial irritation
- nasal congestion
- reduces swelling of nasal passages

Warnings

Do not exceed recommended dosage.

Do not use

this product

- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use

if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland
- a cough that lasts or is chronic such as occurs with smoking, asthma or emphysema
- a cough that occurs with too much phlegm (mucus)
- heart disease
- high blood pressure
- thyroid disease
- diabetes

Ask a doctor or pharmacist before use

if you are

taking sedatives or tranquilizers.

When using this product

- excitability may occur, especially in children
- may cause marked drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase the drowsiness effect
- be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

Do not exceed recommended dosage.

Adults and children 12 years of age and over:	2 teaspoonful (10 mL) every 4 to 6 hours, not to exceed 12 teaspoonfuls in a 24 hours
	1 teaspoonful

Children 6 to under 12 years of age:	(5 mL) every 4 to 6 hours, not to exceed 6 teaspoonfuls in 24 hours
Children under 6 years of age:	Consult a doctor.

Other information

Store at 59° - 86°F (15° - 30°C)

Inactive ingredients

Citric Acid, Flavor, Methylparaben, Potassium Citrate, Propylene Glycol, Propylparaben, Purified water, Sucralose,Sorbitol

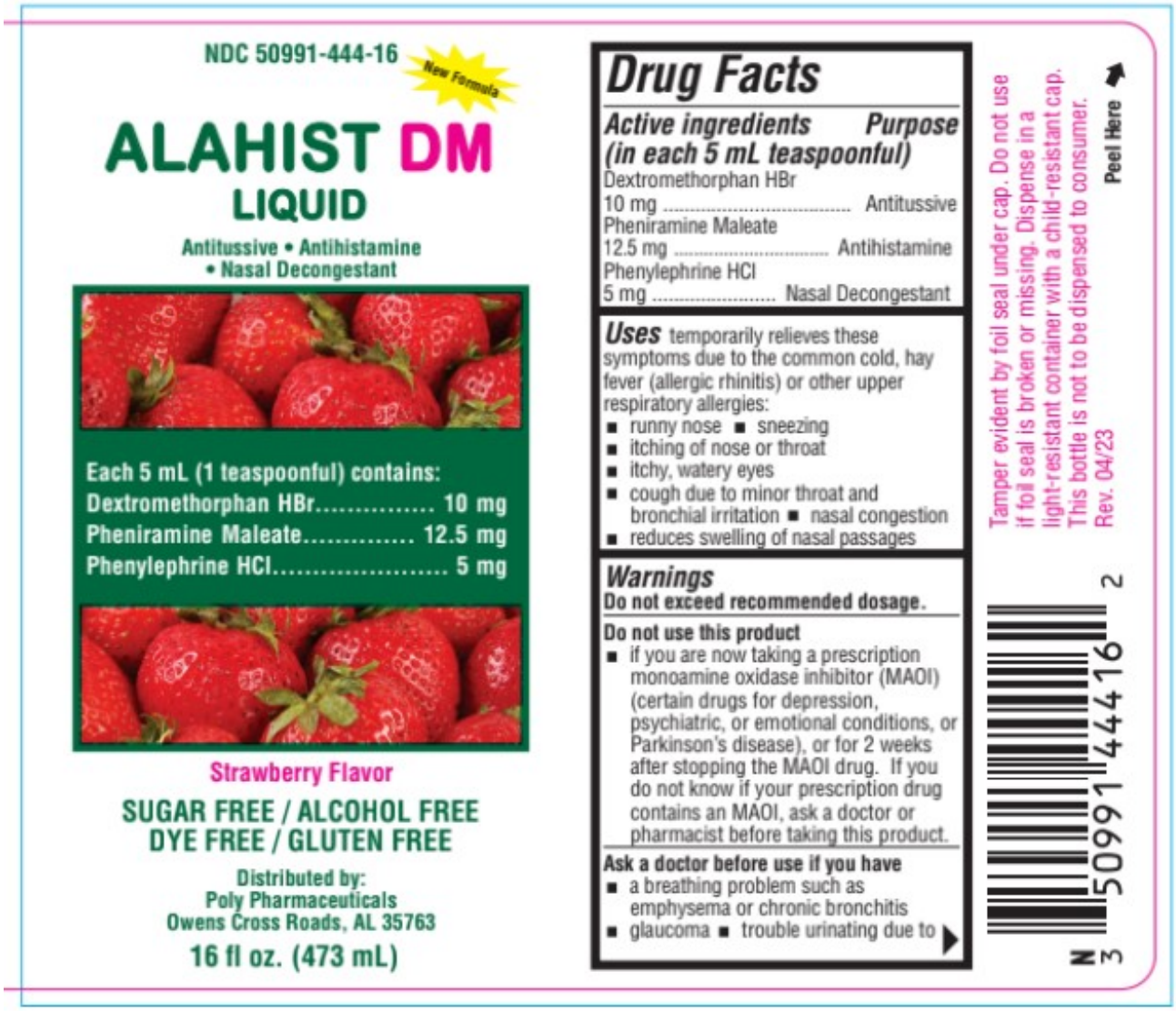
Questions? Comments?

Serious side effects associated with use of this product may be reported to this number.

Call 1-800-882-1041

Mon. - Fri. (8 a.m. to 5 p.m. CST).

PRINCIPAL DISPLAY PANEL



ALAHIST DM

dextromethorphan hbr, pheniramine maleate, phenylephrine hcl liquid

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:50991-444
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	**Basis of Strength**	**Strength**
DEXTROMETHORPHAN HYDROBROMIDE (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	10 mg in 5 mL
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	5 mg in 5 mL
PHENIRAMINE MALEATE (UNII: NYW905655B) (PHENIRAMINE - UNII:134FM9ZZ6M)	PHENIRAMINE MALEATE	12.5 mg in 5 mL

Inactive Ingredients

Ingredient Name	Strength
METHYLPARABEN (UNII: A2I8C7HI9T)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
PROPYLPARABEN (UNII: Z8IX2SC1OH)	
POTASSIUM CITRATE (UNII: EE90ONI6FF)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
SORBITOL (UNII: 506T60A25R)	

Product Characteristics

Color		**Score**	
Shape		**Size**	
Flavor	STRAWBERRY	**Imprint Code**	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50991-444-16	473 mL in 1 BOTTLE; Type 0: Not a Combination Product	06/08/2023	
2	NDC:50991-444-15	15 mL in 1 BOTTLE; Type 0: Not a Combination Product	06/08/2023	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	06/08/2023	

Labeler - Poly Pharmaceuticals, Inc. (198449894)

Revised: 7/2024 Poly Pharmaceuticals, Inc.