# BEST CHOICE FIBER THERAPY- methylcellulose tablet BEST CHOICE (VALU MERCHANDISERS COMPANY)

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

-----

#### Best Choice Fiber Therapy Methylcellulose 500 mg 100 Caplets

#### Active ingredient (in each caplet)

Methylcellulose (a non-allergenic fiber) 500mg

#### **Purpose**

Bulk-forming fiber laxative

#### Uses

- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 12 -72 hours.

### Warnings

**Choking**: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

## Ask a doctor before use if you have

- a sudden change in bowel habits that persists over a period of two weeks
- abdominal pain, nausea or vomiting

## Stop use and ask a doctor if

- constipation lasts more than 7 days
- you have rectal bleeding
- These could be signs of a serious condition.

#### Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

#### **Directions**

Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or

other fluid.

Taking this product without enough liquid may cause choking. See choking warning.

Age	Dose	Maximum Dose
adults & children 12 years	start with 2 caplets. Increase as	Do not exceed 12
of age and over	needed up to 6 times per day.	caplets per day
Children 6-11 years of age	Start with 1 caplet. Increase as	Do not exceed 6
	needed up to 6 times per day	caplets per day
children under 6 years of	Consult a physician	Consult a physician
age		

#### Other information

- each caplet contains: calcium 18 mg
- store at room temperature
- protect contents from humidity
- keep tightly closed

## TAMPER EVIDENT: DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.

#### Inactive ingredients

adipic acid, calcium carbonate, crospovidone, FD&C Yellow no. 6, magnesium stearate, microcrystalline cellulose, polysorbate 80, silica.

#### Questions or comments?

1-866-467-2748

## **Principal Display Panel**

Best Choice®

NDC# **63941-122-10** 

### COMPARE TO THE ACTIVE INGREDIENTS IN CITRUCEL® CAPLETS\*

Fiber Therapy

Methylcellulose

#### Fiber Capsules for Regularity

- 100% Soluble Fiber for Controlled Regularity
- Easy to Take Caplets

NaN100 CAPLETS

Best Choice 100% Guaranteed www.bestchoicebrand.com

PROUDLY DISTRIBUTED BY:

VALU MERCHANDISERS, CO.

5000 KANSAS AVE KANSAS CITY, KS 66106

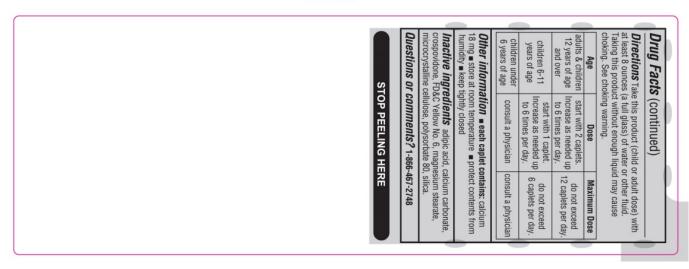
\*This product is not manufactured or distributed by GlaxoSmithKline, the distributor owner of the registered trademark Citrucel® Caplets.

When Used As directed. Based On Laboratory Testing. Individual Results May Vary.

#### **BEST CHOICE**







## **BEST CHOICE FIBER THERAPY** methylcellulose tablet **Product Information** NDC:63941-122 **Product Type HUMAN OTC DRUG Item Code (Source)** ORAL **Route of Administration Active Ingredient/Active Moiety**

Ingredient Name	<b>Basis of Strength</b>	Strength
METHYLCELLULOSE (4000 MPA.S) (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 MPA.S) - UNII:MRJ667KA5E)	METHYLCELLULOSE (4000 MPA.S)	500 mg

Inactive Ingredients	
Ingredient Name	Strength
ADIPIC ACID (UNII: 76A0JE0FKJ)	
CALCIUM CARBONATE (UNII: H0G9379FGK)	
CROSPOVIDONE (120 .MU.M) (UNII: 68401960MK)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYSORBATE 80 (UNII: 60ZP39ZG8H)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	

Product Characteristics			
Color	ORANGE (Light orange)	Score	no score
Shape	CAPSULE (Caplet)	Size	19mm
Flavor		Imprint Code	RP122
Contains			

l	Packaging				
	#	Item Code	Package Description	Marketing Start Date	Marketing End Date
		NDC:63941-122- 10	100 in 1 BOTTLE; Type 0: Not a Combination Product	04/19/2019	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	04/19/2019	
inidi			

## Labeler - BEST CHOICE (VALU MERCHANDISERS COMPANY) (868703513)

Revised: 8/2023 BEST CHOICE (VALU MERCHANDISERS COMPANY)