

BEST CHOICE FIBER THERAPY- methylcellulose tablet
BEST CHOICE (VALU MERCHANDISERS COMPANY)

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Best Choice Fiber Therapy Methylcellulose 500 mg 100 Caplets

Active ingredient (in each caplet)

Methylcellulose (a non-allergenic fiber) 500mg

Purpose

Bulk-forming fiber laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces a bowel movement in 12 -72 hours.

Warnings

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- a sudden change in bowel habits that persists over a period of two weeks
- abdominal pain, nausea or vomiting

Stop use and ask a doctor if

- constipation lasts more than 7 days
- you have rectal bleeding
- These could be signs of a serious condition.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

Directions

Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or

other fluid.

Taking this product without enough liquid may cause choking. See choking warning.

Age	Dose	Maximum Dose
adults & children 12 years of age and over	start with 2 caplets. Increase as needed up to 6 times per day.	Do not exceed 12 caplets per day
Children 6-11 years of age	Start with 1 caplet. Increase as needed up to 6 times per day	Do not exceed 6 caplets per day
children under 6 years of age	Consult a physician	Consult a physician

Other information

- **each caplet contains:** calcium 18 mg
- store at room temperature
- protect contents from humidity
- keep tightly closed

TAMPER EVIDENT: DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.

Inactive ingredients

adipic acid, calcium carbonate, crospovidone, FD&C Yellow no. 6, magnesium stearate, microcrystalline cellulose, polysorbate 80, silica.

Questions or comments?

1-866-467-2748

Principal Display Panel

Best Choice®

NDC# **63941-122-10**

COMPARE TO THE ACTIVE INGREDIENTS IN CITRUCEL® CAPLETS*

Fiber Therapy

Methylcellulose

Fiber Capsules for Regularity

- 100% Soluble Fiber for Controlled Regularity
- Easy to Take Caplets

Na100 CAPLETS

Best Choice 100% Guaranteed www.bestchoicebrand.com

PROUDLY DISTRIBUTED BY:

VALU MERCHANDISERS, CO.
5000 KANSAS AVE KANSAS CITY, KS 66106

*This product is not manufactured or distributed by GlaxoSmithKline, the distributor owner of the registered trademark Citrucel® Caplets.

When Used As directed. Based On Laboratory Testing. Individual Results May Vary.

BEST CHOICE

COMPARE TO THE
ACTIVE INGREDIENT IN
CITRUCEL® CAPLETS*

Best Choice®

Fiber Therapy

Methylcellulose

- Gentle and clinically proven effective†
- Gives you additional fiber to help relieve occasional constipation
- Fiber for irregularity that won't cause excess gas††

100 FIBER CAPLETS

TAMPER EVIDENT: DO NOT USE IF PRINTED INNER SEAL UNDER CAP IS TORN OR MISSING.

Drug Facts

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Stop use and ask a doctor if ■ constipation lasts more than 7 days ■ you have rectal bleeding

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Best Choice® 100% Guaranteed
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††Based On Laboratory Testing.
Individual Results May Vary.

LOT: 122100BCLR

EXP: 070038607410

122100BCLR

5.75in

STOP PEELING HERE

Drug Facts (continued)

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BEST CHOICE FIBER THERAPY

methylcellulose tablet

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:63941-122
Route of Administration	ORAL		
Active Ingredient/Active Moiety			

Ingredient Name		Basis of Strength	Strength	
METHYLCELLULOSE (4000 MPA.S) (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 MPA.S) - UNII:MRJ667KA5E)		METHYLCELLULOSE (4000 MPA.S)	500 mg	
Inactive Ingredients				
Ingredient Name			Strength	
ADIPIC ACID (UNII: 76A0JE0FKJ)				
CALCIUM CARBONATE (UNII: H0G9379FGK)				
CROSPVIDONE (120 .MU.M) (UNII: 68401960MK)				
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)				
MAGNESIUM STEARATE (UNII: 70097M6I30)				
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)				
POLYSORBATE 80 (UNII: 6OZP39ZG8H)				
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)				
Product Characteristics				
Color	ORANGE (Light orange)	Score	no score	
Shape	CAPSULE (Caplet)	Size	19mm	
Flavor		Imprint Code	RP122	
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:63941-122-10	100 in 1 BOTTLE; Type 0: Not a Combination Product	04/19/2019	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC monograph not final	part334		04/19/2019	

Labeler - BEST CHOICE (VALU MERCHANDISERS COMPANY) (868703513)

Revised: 8/2023

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