

MEIJER FIBER THERAPY- methylcellulose tablet
MEIJER DISTRIBUTION INC

Meijer Fiber Therapy Methylcellulose 500 mg 100 Caplets

Active ingredient (in each caplet)

Methylcellulose 500mg

Purpose

Bulk-forming laxative (a non-allergenic fiber)

Uses

- helps restore and maintain regularity
- Relieves constipation (irregularity)
- For constipation associated with other bowel disorders like IBS when recommended by a doctor.
- Generally produces a bowel movement in 12 -72 hours.

Warnings

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking .Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- a sudden change in bowel habits that persists over a period of 2 weeks
- abdominal pain, nausea or vomiting

Stop use and ask a doctor if

- constipation lasts more than 7 days
- you have rectal bleeding

These could be signs of a serious condition.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

Directions

Take this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid.

- Taking this product without enough liquid may cause choking.
See choking warning.

Age	Dose	Maximum Dose
adults & children 12 years of age and over	start with 2 caplets. Increase as needed up to 6 times per day.	Do not exceed 12 caplets per day
Children 6-11 years of age	Start with 1 caplet. Increase as needed up to 6 times per day	Do not exceed 6 caplets per day
children under 6 years of age	Consult a physician	Consult a physician

Other information

- **each caplet contains:** appx. 18 mg of calcium
- store at below 77° F(25°C)
- protect contents from humidity
- keep tightly closed

Inactive ingredients

adipic acid, calcium carbonate, crospovidone, FD&C yellow no. 6 aluminum lake, magnesium stearate, maltodextrin, microcrystalline cellulose, polysorbate 80, silica.

Do not use if printed seal under cap is torn or missing.

Principal Display Panel

meijer™

NDC 41250-212-10

Compare to Citrucel® Caplets Active Ingredients*

Methylcellulose

Fiber Therapy

- 100% Soluble Fiber for Controlled Regularity
 - Easy to take Caplets
- 100 CAPLETS

meijer PHARMACIST RECOMMENDS MONEY BACK GUARANTEE


DIST. BY MEIJER DISTRIBUTION, INC.

2929 WALKER AVE NW

GRAND RAPIDS, MI 49544

*This product is not manufactured or distributed by GlaxoSmithKline, the distributor of CITRUCEL® Caplets.

Compare to Citrucel® Caplets
active ingredients*




Methylcellulose

**Fiber
Therapy**

100 Soluble Fiber
for Controlled Regularity

Easy to Take Caplets



100
Caplets

Do not use if printed seal under cap is torn or missing.

Drug Facts


Active ingredient (in each caplet)
Methylcellulose 500 mg. (a non-allergenic fiber)

Purpose
Bulk-forming fiber laxative


Uses ■ helps restore and maintain regularity ■ relieves constipation (irregularity) ■ for constipation associated with other bowel disorders like IBS when recommended by a doctor ■ generally produces a bowel movement in 12-72 hours

Warnings
Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.
Ask a doctor before use if you have ■ a sudden change in bowel habits that persists over a period of two weeks ■ abdominal pain, nausea or vomiting
Stop use and ask a doctor if ■ constipation lasts more than 7 days ■ you have rectal bleeding
These could be signs of a serious condition.
Keep out of reach of children. In case of overdose get medical help or contact a Poison Control Center right away at 1-800-222-1222.

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DIST. BY MEIJER DISTRIBUTION, INC.
2525 WALKER AVE NW
GRAND RAPIDS, MI 49544
www.meijer.com



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LOT.

EXP.

DO NOT PRINT

Drug Facts (continued)

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Inactive ingredients adipic acid, calcium carbonate, croscollon, FD&C yellow no. 6 aluminum lake, magnesium stearate, maltodextrin, microcrystalline cellulose, poly-sorbate 80, silica.

MEIJER FIBER THERAPY

methylcellulose tablet

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41250-212
Route of Administration	ORAL		
Active Ingredient/Active Moiety			
Ingredient Name		Basis of Strength	Strength
METHYLCELLULOSE (4000 MPA.S) (UNII: MRJ667KA5E) (METHYLCELLULOSE (4000 MPA.S) - UNII:MRJ667KA5E)		METHYLCELLULOSE (4000 MPA.S)	500 mg

Inactive Ingredients				
Ingredient Name			Strength	
ADIPIC ACID (UNII: 76A0JE0FKJ)				
CALCIUM CARBONATE (UNII: H0G9379FGK)				
CROSPVIDONE (120 .MU.M) (UNII: 68401960MK)				
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)				
MAGNESIUM STEARATE (UNII: 70097M6I30)				
MALTODEXTRIN (UNII: 7CVR7L4A2D)				
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)				
POLYSORBATE 80 (UNII: 6OZP39ZG8H)				
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)				
Product Characteristics				
Color	ORANGE (Light orange)	Score	no score	
Shape	CAPSULE (Caplet)	Size	19mm	
Flavor		Imprint Code	RP122	
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41250-212-10	100 in 1 BOTTLE; Type 0: Not a Combination Product	03/14/2017	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007		03/14/2017	

Labeler - MEIJER DISTRIBUTION INC (006959555)