

# **MAGNESIUM CITRATE- magnesium citrate liquid**

## **Freds Inc**

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### **Drug Facts**

#### **Active ingredient**

Magnesium citrate 1.745g per fl. oz.

#### **Purpose**

Saline laxative

#### **Uses**

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

#### **Warnings**

##### **Do not use**

laxative products for longer than 1 week unless directed by a doctor.

##### **Ask a doctor before use if you have**

- kidney disease
- a magnesium restricted diet
- a sodium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 1 week

##### **Ask a doctor or pharmacist before use if you are**

presently taking a prescription drug.

##### **When using this product**

do not exceed the maximum recommended daily dosage in a 24 hour period

##### **Stop use and ask a doctor if**

you have rectal bleeding or no bowel movement after use. These could be signs of a serious condition.

##### **If pregnant or breast-feeding,**

ask a health professional before use.

##### **Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

## Directions

adults and children 12 years of age and older	1/2 to 1 bottle (10 fl. oz.). Drink a full 8 oz. glass of liquid with each dose. The dose may be taken as a single daily dose or in divided doses.
children 6 to 11 years of age	1/3 to 1/2 bottle with a full 8 oz. glass of liquid
children under 6 years of age	consult a doctor

## Other information

- **each fluid ounce contains:** magnesium 282 mg, sodium 37 mg
- store between 46-86°F (8-30°F). Do not refrigerate
- protect from excessive heat and freezing
- discard unused product within 24 hours of opening bottles

## Inactive ingredients

citric acid, FD&C blue #1, FD&C red #40, flavors, purified water, saccharin sodium, sodium bicarbonate

## Questions or comments?

Call **1-877-753-3935 Monday-Friday 9AM-PM EST**

## Principal Display Panel

### Magnesium Citrate

saline laxative

oral solution

Grape Flavor

FL OZ (mL)

**TAMPER EVIDENT: DO NOT USE IF THE BREAKAWAY BAND ON CAP IS BROKEN OR MISSING.**

DISTRIBUTED BY: fred's Inc

4300 NEW GETWELL RD, MEMPHIS, TN 38118

[www.fredsinc.com](http://www.fredsinc.com)

Package Label



NDC 55315-328-10

# Magnesium Citrate

Saline Laxative  
• Oral Solution

Grape Flavored

10 FL OZ  
(296 mL)





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**Purpose**

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**Warnings**  
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■ kidney disease ■ a magnesium restricted diet  
■ a sodium restricted diet ■ stomach pain, nausea, or vomiting  
■ noticed a sudden change in bowel habits that lasts more than 1 week

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**When using this product**, do not exceed the maximum recommended daily dosage in a 24 hour period.

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**if pregnant or breast-feeding**, ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. ▶

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**Drug Facts (continued)**

**Directions**  
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■ protect from excessive heat and freezing  
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**Inactive ingredients** citric acid, FD&C blue #1, FD&C red #40, flavor, purified water, saccharin sodium, sodium bicarbonate

**Questions or comments?**  
Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

**TAMPER EVIDENT: DO NOT USE IF THE BREAKAWAY BAND ON CAP IS BROKEN OR MISSING.**

PLD-A275C  
LB003315



0 84579 12849 5

Fred's Magnesium Citrate Grape

MAGNESIUM CITRATE

magnesium citrate liquid

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55315-328
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	Basis of Strength	Strength
MAGNESIUM CITRATE (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

Inactive Ingredients	
Ingredient Name	Strength
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
SODIUM BICARBONATE (UNII: 8MDF5V39QO)	
WATER (UNII: 059QF0KO0R)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
SACCHARIN SODIUM (UNII: SB8ZUX40TY)	

## Product Characteristics

Color		Score	
Shape		Size	
Flavor	GRAPE	Imprint Code	
Contains			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55315-328-10	296 mL in 1 BOTTLE, GLASS; Type 0: Not a Combination Product	06/30/2015	06/30/2024

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	06/30/2015	06/30/2024

**Labeler -** Freds Inc (005866116)

Revised: 11/2023

Freds Inc