

MILK OF MAGNESIA - magnesium hydroxide liquid
Better Living Brands, LLC

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Drug Facts

Active ingredient (in each 15 mL Tablespoon)

Magnesium hydroxide USP 1200 mg

Purpose

Saline laxative

Use

relieves occasional constipation (irregularity). This product usually produces bowel movement in ½ to 6 hours.

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- stomach pain, nausea, or vomiting
- a sudden change in bowel habits that lasts over 14 days

Ask a doctor or pharmacist before use if you are taking a prescription drug. This product may interact with certain prescription drugs.

Stop use and ask a doctor if

- you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- do not exceed the maximum recommended daily dose in a 24 hour period
- shake well before use
- dose may be taken once a day preferably at bedtime, in divided doses, or as directed by a doctor. Drink a full glass (8 oz) of liquid with each dose.
- for accurate dosing, only use the dosing cup provided
- do not use any other dosing device

- TBSP = Tablespoon, mL = milliliter

age	dose
adults and children 12 years and older	30 mL (2 TBSP) to 60 mL (4 TBSP)
children 6 to 11 years	15 mL (1 TBSP) to 30 mL (2 TBSP)
children under 6 years	ask a doctor

Other information

- **each tablespoon (15 mL) contains** : calcium 20 mg and magnesium 535 mg
- store at 20-25°C (68-77°F). Avoid excessive heat above 40°C (104°F) and avoid freezing. Close cap tightly after use.

Inactive ingredients

purified water

Questions or comments?

1-888-723-3929

* This product is not manufactured or distributed by Bayer Healthcare LLC, distributor of Phillips'® Milk of Magnesia.

DISTRIBUTED BY
 BETTER LIVING BRANDS LLC
 P.O. BOX 99
 PLEASANTON, CA 94566-0009
 1-888-723-3929
 www.betterlivingbrandsLLC.com

PACKAGE LABEL-PRINCIPAL DISPLAY PANEL - 12 FL OZ (355 mL) Bottle

COMPARE TO Phillips'® Milk of Magnesia active ingredient*

NDC 21130-996-16

Signature Care™

Quality Guaranteed

Milk of Magnesia

SALINE LAXATIVE

Each 15 mL(1TBSP) dose of oral solution contains: 1200 mg - Magnesium hydroxide USP

ORIGINAL FLAVOR

- **Stimulant free**
- **Comfortable, cramp free relief**
- **Sugar free**

TAMPER-EVIDENT: Do not use if imprinted neckband is missing or broken.

12 FL OZ (355 mL)

Flat Label

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of Magnesia
active ingredient*
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Quality
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Top Ply

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STN 85158



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RD 16008

Drug Facts (continued)

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Bottom Ply

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**Base
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MILK OF MAGNESIA

magnesium hydroxide liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:21130-996
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
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MAGNESIUM HYDRO XIDE (UNII: NBZ3QY004S) (MAGNESIUM CATION - UNII:T6V3LHY838, HYDROXIDE ION - UNII:9159UV381P)		MAGNESIUM HYDROXIDE	1200 mg in 15 mL	
Inactive Ingredients				
Ingredient Name		Strength		
WATER (UNII: 059QF0K00R)				
Product Characteristics				
Color	WHITE (White to off-white)	Score		
Shape		Size		
Flavor		Imprint Code		
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-996-16	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	02/04/2016	09/01/2022
Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC MONOGRAPH NOT FINAL	part334	02/04/2016	09/01/2022	

Labeler - Better Living Brands, LLC (009137209)

Registrant - Aurohealth LLC (078728447)

Establishment

Name	Address	ID/FEI	Business Operations
Aurohealth LLC		078728447	MANUFACTURE(21130-996)

Revised: 11/2020

Better Living Brands, LLC