

**ALDAMED- vaporizing chest rub cough suppressant cream
Green Idea s.r.o.**

Green Idea-Herbamedicus ChestRub Cream

Active ingredient

Camphor 3%Topical
Analgesic, Topical Antitussive

Menthol 2%Topical
Analgesic, Topical Antitussive

Eucalyptus Oil
1%.....Topical
Antitussive

on chest and throat, temporarily relieves cough due to common cold

Use

Temporary relief from minor aches and pains of sore muscles and joints associated with arthritis, simple backache, bruises, strains, and sprains.

warnings

For external use only. Avoid contact with eyes.

Do not heat, microwave, or add to hot water or any container heating water. This may result in splatter and skin burns.

When using this product

Do not take

by mouth or place in nostrils

on wounds or damaged skin or with tight bandages

Ask a doctor before use if you

have a cough that occurs with excessive phlegm (mucus)

have persistent or chronic cough such as occurs with smoking, asthma or emphysema

are pregnant, or breastfeeding

Stop use and ask a doctor

the cough persists for more than seven days, tends to recur, or is accompanied by fever, rash, or persistent headache. A persistent cough may be a sign of a severe condition.

Keep out of reach of children

If swallowed, get medical help, or contact a poison control center immediately at 1-800-222-1222.

Directions

for adults & children two years of age and over:

rub a thick layer on the chest and throat or rub on aching muscles, and cover with a warm, dry cloth if desired.

keep clothing loose about the throat/chest to help vapors reach the nose/mouth

repeat up to three times per 24 hours or as directed by a doctor

for children under two years of age: consult a doctor

Other information

Store in a cool, and dry place and avoid freezing and excessive heat

Do not expose the product to the direct sunlight

Inactive ingredient

amyris balsamifera bark oil
arctium lappa root extract
butyrospermum parkii butter
cedrus deodara wood oil
cera alba
cocos nucifera oil
chamomilla recutita (matricaria) flower extract
cupressus sempervirens oil
eugenia caryophyllus leaf oil
helianthus annuus seed oil
hyssopus officinalis herb oil
juniperus communis fruit oil
macadamia integrifolia seed oil
mentha piperita oil
pinus pumila twig leaf oil
pinus sylvestris twig leaf oil (pine needle oil)
prunus amygdalus dulcis oil (almond oil)
rosmarinus officinalis leaf oil
salix alba bark extract
thymus vulgaris oil
tocopheryl acetate - Alpha-tocopherol acetate

ChestRub is a unique herbal ointment, which **alleviates the cough reflex and reduces the intensity of coughing** while relaxing muscles stressed due to cough and releasing the respiratory airways.

Drug Facts

Active Ingredients	Purpose
Camphor 3%	Topical Antitussive
Menthol 2%	Topical Antitussive
Eucalyptus Oil 1%	Topical Antitussive

Use
 • on chest and throat, temporarily relieves cough due to common cold

Warnings
 For external use only. Avoid contact with eyes. Do not heat, microwave, or add to hot water or any container heating water. This may result in splatter and skin burns.

Stop use and ask a doctor if
 • the cough persists for more than seven days, tends to recur, or is accompanied by fever, rash, or persistent headache. A persistent cough may be a sign of a severe condition.

Drug Facts (continued)

Do not take
 • by mouth or place in nostrils
 • on wounds or damaged skin or with tight bandages

Ask a doctor before use if you
 • have a cough that occurs with excessive phlegm (mucus)
 • have persistent or chronic cough such as occurs with smoking, asthma or emphysema
 • are pregnant, or breastfeeding

Keep out of reach of children if swallowed, get medical help, or contact a poison control center right away at 1-800-222-1222.

Directions
 • for adults & children two years of age and over:
 • rub a thick layer on the chest and throat or rub on aching muscles, and cover with a warm, dry cloth if desired.
 • keep clothing loose about the throat/chest to help vapors reach the nose/mouth
 • repeat up to three times per 24 hours or as directed by a doctor
 • for children under two years of age: consult a doctor

Drug Facts (continued)

Other information
 • Store in a cool, dry place and avoid freezing and excessive heat
 • Do not expose the product to the direct sunlight.

Inactive ingredients: amylis balsamifera bark oil, arctium lappa root extract, butyrospermum parkii butter, cedrus deodara wood oil, cera alba, cocos nucifera oil, chamomilla recutita flower extract, cupressus sempervirens oil, eugenia caryophyllus leaf oil, helianthus annuus seed oil, hyssopus officinalis herb oil, juniperus communis fruit oil, macadamia integrifolia seed oil, mentha piperita oil, pinus gmelina twig leaf oil, pinus sylvestris twig leaf oil, prunus amygdalus dulcis oil, rosmarinus officinalis leaf oil, salix alba bark extract, thymus vulgaris oil, tocopheryl acetate (vitamin E)

Distributed by: Herbamedicus s.r.o., Ostruznicka 325/6 Olomouc, CZ
 www.aldamed.com, Made in Czech Republic
 Exp. date/Lot No.: see packaging

Contains **20** Swiss Herbs

ChestRub is a unique herbal product, which contains a harmoniously balanced blend of 20 botanicals (chamomile, pine, thyme, santal, cedar...).

It is most effective for rubbing and massaging the chest, neck, nape, back, forehead, and temples. The ointment **alleviates the cough reflex and reduces the intensity of coughing** while relaxing muscles stressed due to cough and releasing the respiratory airways. **Use:** Temporarily suppresses cough due to minor throat and bronchial irritation associated with the common cold or inhaled irritants.

Warnings: For external use only. Avoid contact with eyes. Do not take on wounds or damaged skin. Do not heat, microwave, or add to hot water or any container heating water. Keep out of reach of children. Store in a cool, dry place and avoid freezing and excessive heat. Do not expose the product to the direct sunlight.

Directions
 • for adults & children two years of age and over:

- rub a thick layer on the chest and throat or rub on aching muscles, and cover with a warm, dry cloth if desired.
- keep clothing loose about the throat/chest to help vapors reach the nose mouth
- repeat up to three times per 24 hours or as directed by a doctor

• for children under two years of age: consult a doctor

Active Ingredients: Camphor (3%), Menthol (2%), Eucalyptus Oil (1%) — topical antitussive.

List of inactive ingredients: see the outer packaging.

Distributed by: Herbamedicus s.r.o., Ostruznicka 325/6 Olomouc, CZ, www.aldamed.com, Made in Czech Republic
Exp. date/Lot No.: see packaging

Contains **20** Swiss Herbs

125 mL NDC: 82810-115-11

ALDAMED			
vaporizing chest rub cough suppressant cream			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:82810-115
Route of Administration	TOPICAL		
Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
CAMPHOR (SYNTHETIC) (UNII: 5TJD82A1ET) (CAMPHOR (SYNTHETIC) - UNII:5TJD82A1ET)	CAMPHOR (SYNTHETIC)	3 mg in 100 mL	
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	2 mg in 100 mL	
EUCALYPTUS OIL (UNII: 2R04ONI662) (EUCALYPTUS OIL - UNII:2R04ONI662)	EUCALYPTUS OIL	1 mg in 100 mL	
Inactive Ingredients			
Ingredient Name	Strength		
.ALPHA.-TOCOPHEROL ACETATE (UNII: 9E8X80D2L0)			
WILLOW BARK (UNII: S883J9DYX)			
CLOVE LEAF OIL (UNII: VCA5491KVF)			

HYDROGENATED COCONUT OIL (UNII: JY81OXM1OM)
AMYRIS BALSAMIFERA OIL (UNII: I1BJ961J2E)
PINE NEEDLE OIL (PINUS MUGO) (UNII: 6KF1RLN1CI)
JUNIPER BERRY OIL (UNII: SZH16H44UY)
ROSEMARY OIL (UNII: 8LGU7VM393)
THYME OIL (UNII: 2UK410MY6B)
PEPPERMINT OIL (UNII: AV092KU4JH)
CHAMOMILE (UNII: FGL3685T2X)
MACADAMIA OIL (UNII: 515610SU8C)
WHITE WAX (UNII: 7G1J5DA97F)
ARCTIUM LAPPA ROOT (UNII: 597E9B13Z3)
ALMOND OIL (UNII: 66YXD4DKO9)
HYSSOP OIL (UNII: 173D71924B)
SUNFLOWER OIL (UNII: 3W1JG795YI)
CUPRESSUS SEMPERVIRENS LEAF OIL (UNII: M7QUY89S4O)
CEDRUS DEODARA WOOD OIL (UNII: 01O086PVD0)
SHEA BUTTER (UNII: K49155WL9Y)

Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:82810-115-11	125 mL in 1 CONTAINER; Type 0: Not a Combination Product	03/21/2023	

Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC Monograph Drug	M012	03/21/2023		

Labeler - Green Idea s.r.o. (361646523)

Establishment			
Name	Address	ID/FEI	Business Operations
Green Idea s.r.o.		361646523	manufacture(82810-115)

Revised: 11/2023

Green Idea s.r.o.