

**FIBER LAXATIVE - calcium polycarbophil tablet**  
**Supervalu Inc.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Equaline fiber laxative**

**ACTIVE INGREDIENT (in each caplet)**

Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil

**PURPOSE**

Bulk-forming laxative

**USE(S)**

- relieves occasional constipation
- this product generally produces bowel movement in 12 to 72 hours

**WARNINGS**

**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

**ASK A DOCTOR BEFORE USE IF YOU HAVE**

- abdominal pain, nausea or vomiting
- difficulty in swallowing
- a sudden change in bowel habits that persists over a period of 2 weeks

**ASK A DOCTOR OR PHARMACIST BEFORE USE IF YOU ARE**

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

**WHEN USING THIS PRODUCT**

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 caplets in a 24 hour period unless directed by a doctor

**STOP USE AND ASK DOCTOR IF**

- you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or swallowing
- you fail to have a bowel movement after use or have rectal bleeding.

These could be signs of a serious condition.

## **KEEP OUT OF REACH OF CHILDREN**

In case of over dose, get medical help or contact a Poison Control Center immediately.

## **DIRECTIONS**

- take this product (child or adult dose) with a full glass of water (8oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning.
- dosage will vary according to diet, exercise, previous laxative use or severity of constipation
- continued use for 1 to 3 days is normally required to provide full benefit

adults and children 12 years and over	2 caplets, 1 to 4 times a day
children under 12 years	ask a doctor

## **OTHER INFORMATION**

- **each caplet contains:** calcium 135 mg
- do not use if printed seal under cap is torn or missing
- store at room temperature
- protect contents from moisture

## **INACTIVE INGREDIENTS**

calcium carbonate, caramel, colloidal silicon dioxide, crospovidone, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate.

## **PRINCIPAL DISPLAY PANEL**

NDC 41163-147-94

Compare to Fibercon® active ingredient\*

**EQUALINE**

**fiber**

calcium polycarbophil (625 mg)

bulk forming laxative

- as effective as fiber powders
- gentle enough for everyday use

140 caplets

NDC 41163-147-94

compare to  
**Fibercon®**  
active ingredient\*

**EQUALINE®**

**fiber laxative**

calcium polycarbophil  
(625 mg)

**bulk forming  
laxative**

• as effective as fiber powders  
• gentle enough for everyday use

**140 caplets**

DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING.

**Drug Facts**

**Active ingredient (in each caplet)**  
Calcium polycarbophil 625 mg equivalent to 500 mg polycarbophil L... Bulk-forming laxative

**Uses** ■ relieves occasional constipation  
■ this product generally produces bowel movement in 12 to 72 hours

**Warnings**  
**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

**Ask a doctor before use if you have**  
■ abdominal pain, nausea or vomiting  
■ difficulty in swallowing  
■ a sudden change in bowel habits that persists over a period of 2 weeks

**Ask a doctor or pharmacist before use if you are taking any other drug.**  
Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

**When using this product**  
■ do not use for more than 7 days unless directed by a doctor  
■ do not take more than 8 caplets in a 24 hour period unless directed by a doctor

**Stop use and ask a doctor if**  
■ you experience chest pain, abdominal pain, nausea, vomiting, difficulty in breathing or swallowing  
■ you fail to have a bowel movement after use or have rectal bleeding.  
These could be signs of a serious condition.

**Keep out of the reach of children.** In case of overdose, get medical help or contact a Poison Control Center immediately.

LOT:

EXP:

0 41163 40105 1

► Peel Here for Continuing Drug Facts

**Drug Facts (continued)**

**Directions** ■ take this product (child or adult dose) with a full glass of water (8oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning. ■ dosage will vary according to diet, exercise, previous laxative use or severity of constipation ■ continued use for 1 to 3 days is normally required to provide full benefit

adults and children 12 years and over	2 caplets, 1 to 4 times a day
children under 12 years	ask a doctor

**Other information** ■ each caplet contains: calcium 135 mg  
■ do not use if printed seal under cap is torn or missing  
■ store at room temperature ■ protect contents from moisture

**Inactive ingredients** calcium carbonate, caramel, colloidal silicon dioxide, croscapsidone, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, sodium lauryl sulfate.

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EDEN PRAIRIE, MN 55344 USA  
GLUTEN FREE

Like it or let us make it right.  
**100% Quality  
GUARANTEED**  
That's our quality promise.  
877-932-7948  
supervaluprivatebrands.com

MFR# 53041  
REV 0518

**Stop Peeling Here**

**FIBER LAXATIVE**

calcium polycarbophil tablet

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41163-147
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	Basis of Strength	Strength
CALCIUM POLYCARBOPHIL (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII:W25LM17A4W)	CALCIUM POLYCARBOPHIL	625 mg

Inactive Ingredients	
Ingredient Name	Strength
CALCIUM CARBONATE (UNII: H0G9379FGK)	
CARMEL (UNII: T9D99G2B1R)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CROSPVIDONE, UNSPECIFIED (UNII: 2S7830E561)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
SODIUM LAURYL SULFATE (UNII: 368GB5141J)	

Product Characteristics			
Color	WHITE (Off white)	Score	no score
Shape	CAPSULE	Size	18mm
Flavor		Imprint Code	G147
Contains			

Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41163-147-94	140 in 1 BOTTLE; Type 0: Not a Combination Product	08/24/2018	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC MONOGRAPH NOT FINAL	part334	08/24/2018	

**Labeler** - Supervalu Inc. (006961411)

Establishment			
Name	Address	ID/FEI	Business Operations
Guardian Drug Company		119210276	MANUFACTURE(41163-147)

Revised: 11/2022

Supervalu Inc.