

**PHUEL- magnesium sulfate heptahydrate spray**  
**AVADIM HOLDINGS, INC.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

-----  
**PHUEL SPRAY**

***Drug Facts***

***Active Ingredient***

Contains Magnesium Sulfate (Magnesia sulphurica 6X 0.05% HPUS

The letters H.P.U,S, indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

***Purpose***

Muscle Soreness Relief

***Uses***

- activate muscle function
- release muscle tightness
- reduce muscle soreness

***Warnings***

**For external use only.** If eye contact occurs, rinse thoroughly with water.

**When using this product**

- avoid eye contact
- store between 32° and 120° Fahrenheit
- use only as directed
- not for ingestion

**Stop use and ask a doctor if**

unintended effects occur.

**If pregnant or breastfeeding,**

ask a health professional before use.

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center right away.

## Directions

- shake well
- apply 6-8 pumps onto desired muscle group(s) or area
- rub in briskly until absorbed
- repeat
- use as desired
- allow to air dry

## Inactive Ingredients

Aqua (Water), Cocamidopropyl Betaine, Aloe Barbadensis Leaf Juice, Colloidal Silver, Tocopheryl Acetate, Glycerin, Allantoin, Beta Glucan, Citrus Paradisi (Grapefruit) Fruit Extract, Lauryl Glucoside, Tetrasodium EDTA, PEG/PPG-4/12 Dimethicone, Methylparaben, Propylparaben, Parfum (Fragrance)


## Package Labeling: (61594-011-07)

### TOPICAL MUSCLE NUTRITION FOR THE DRIVEN ATHLETE


Push your limits with PHUEL, the first-of-its-kind topical muscle nutrition. Our non-toxic, non-greasy, fast-acting solution is formulated to activate muscle function and support recovery. PHUEL is easy to use before and after workouts and competitions for athletes who know they're capable of more.

**PHUELYOU.COM**

- 1 Use right before and directly after activity.
- 2 Shake well. Apply 6-8 pumps onto desired muscle group, rub in briskly until absorbed.
- 3 Repeat step 2 for a total of 12-16 pumps. Safe to use as often as desired.



Store between 32° and 120° Fahrenheit



8 93198 00212 9

### TOPICAL MUSCLE NUTRITION

# PHUEL™

Activate muscle function

Release muscle tightness

Reduce muscle soreness

## SPRAY

METERED DOSE

**MADE IN USA**

7.1 fl oz (210 mL)

### Drug Facts

**Active Ingredient**  
Contains Magnesium Sulfate (Magnesia sulphurica) 6X 0.05% HPUS  
The letters H.P.U.S. indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Purpose**  
Muscle Soreness Relief

**Uses**  
■ activate muscle function ■ release muscle tightness ■ reduce muscle soreness

**Warnings**  
**For external use only.** If eye contact occurs, rinse thoroughly with water.

**When using this product**  
■ avoid eye contact ■ store between 32° and 120° Fahrenheit ■ use only as directed ■ not for ingestion

**Stop use and ask a doctor if** unintended effects occur.

**If pregnant or breastfeeding,** ask a health professional before use.  
**Keep out of reach of children.**  
If swallowed, get medical help or contact a Poison Control Center right away.

**Directions**  
■ shake well ■ apply 6-8 pumps onto desired muscle group(s) or area ■ rub in briskly until absorbed ■ repeat ■ use as desired ■ allow to air dry

**Inactive Ingredients**  
Aqua (Water), Cocamidopropyl Betaine, Aloe Barbadensis Leaf Juice, Colloidal Silver, Tocopheryl Acetate, Glycerin, Allantoin, Beta Glucan, Citrus Paradisi (Grapefruit) Fruit Extract, Lauryl Glucoside, Tetrasodium EDTA, PEG/PPG-4/12 Dimethicone, Methylparaben, Propylparaben, Parfum (Fragrance)

Patent Pending  
PHUEL™ is a trademark of and manufactured for Avadim Technologies Inc.  
Asheville, NC 28803 • 1-877-677-2723  
PHL-08SP • MA-4-027 • 7.1 fl oz (210 mL)  
phuelyou.com

# PHUEL

magnesium sulfate heptahydrate spray

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:61594-011
<b>Route of Administration</b>	TOPICAL		

## Active Ingredient/Active Moiety

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>MAGNESIUM SULFATE HEPTAHYDRATE</b> (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	6 [hp_X] in 1 mL

## Inactive Ingredients

<b>Ingredient Name</b>	<b>Strength</b>
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>COCAMIDOPROPYL BETAINE</b> (UNII: 5OCF3O11KX)	
<b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)	
<b>SILVER</b> (UNII: 3M4G523W1G)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>ALLANTOIN</b> (UNII: 344S277G0Z)	
<b>GRAPEFRUIT</b> (UNII: O82C39RR8C)	
<b>LAURYL GLUCOSIDE</b> (UNII: 76LN7P7UCU)	
<b>EDETATE SODIUM</b> (UNII: MP1J8420LU)	
<b>PEG/PPG-4/12 DIMETHICONE</b> (UNII: JAN3585W85)	
<b>METHYLPARABEN</b> (UNII: A2I8C7HI9T)	
<b>PROPYLPARABEN</b> (UNII: Z8IX2SC1OH)	

## Packaging

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:61594-011-07	210 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	11/07/2018	

## Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
unapproved homeopathic		11/07/2018	

**Labeler -** AVADIM HOLDINGS, INC. (118512488)

**Registrant -** AVADIM HOLDINGS, INC. (118512488)

## Establishment

Name	Address	ID/FEI	Business Operations
AVADIM HOLDINGS, INC.		118512488	manufacture(61594-011)

Revised: 4/2023

AVADIM HOLDINGS, INC.