### MUCILIN- psyllium (ispaghula) husk powder Paradigm Pharmaceuticals Inc

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

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### **MUCILIN Orange**

### **Active Ingredient**

Psyllium (Ispaghula) husk 2.45 g

### **Purpose**

Fiber therapy for healthy bowel regularity

#### Uses

- Treatment of occasional constipation to restore healthy bowel regularity

### **Warnings**

**Choking:** The product should be taken with at least one full glass (8 oz) of liquid. Without enough liquid it may swell and obstruct throat and esophagus and cause choking. If you have difficulty in swallowing do not take this product. In taking the product if you feel difficulty in swallowing, breathing problems, chest pain, vomiting, seek immediate medical attention.

**Allergy alert:** Allergic reactions may occur in those sensitive to inhaling or ingesting psyllium husk.

#### Consult a doctor before use:

- if you have a sudden change in bowel functions that persists for ten days or more
- if you suffer from abdominal pain, nausea or vomiting.

#### Discontinue and ask a doctor if

- your constipation lasts seven days or more
- you experience rectal bleeding

Either of these may be a sign of a serious medical condition.

**Keep out of reach of children.** The product should be administered to children under adult supervision; and in case of child overdose.

Contact a physician or a poison control center immediately.

#### **Directions**

Mix one sachet of Mucilin briskly with at least one full glass (8 oz) of water or other liquid such as fruit juice or milk and drink immediately. Take another glass of fluid. Without sufficient liquid, the natural swelling of the product may cause choking. Please see **Warnings**. Do not take the product just before bedtime, or while lying down.

Adults 12yrs. & older	1 sachet in 8 oz of liquid, may be taken 3 times a day.	
Children 6 - 11	$\frac{1}{2}$ of adult dose may be taken 3 times a day.	
yrs.		
Under 6 yrs.	Not recommended, but consult a doctor.	
New Users	Start with 1 dose per day, gradually increase to 3 as	
	necessary.	

Product normally effects within 12 hrs. - 48 hrs.

Due to increased fiber intake you may experience minor bloating, and change in bowel routine.

#### Other Information

One sachet contains: sodium 7 mg

Store at room temperature.

Contains 100% natural soluble fiber

### **Inactive Ingredients**

Anhydrous citric acid, colloidal silicon dioxide, dextrose anhydrous, FD&C Yellow No. 6, orange flavor, saccharin sodium, sodium benzoate, sucrose

### **Questions?**

Questions? Call toll free: 833-MUCILIN ®

#### SPL UNCLASSIFIED SECTION

Imported and Distributed by:

Paradigm Pharmaceuticals Inc.

501 Fifth Avenue, Suite 701,

New York, New York 10017, U.S.A.

Under license from:

Paradigm Pharmaceuticals Inc., U.S.A.

# Manufactured by:

Berlin Pharmaceutical Industry Co., Ltd.

#### **Product Label**





#### **MUCILIN**

## **Product Information**

Product Type HUMAN OTC DRUG Item Code (Source) NDC:72430-004

**Route of Administration** ORAL

# **Active Ingredient/Active Moiety**

Ingredient Name	<b>Basis of Strength</b>	Strength
PSYLLIUM HUSK (UNII: 0SHO53407G) (PSYLLIUM HUSK - UNII:0SHO53407G)	PSYLLIUM HUSK	2.45 g in 5 g

Inactive Ingredients			
Ingredient Name	Strength		
SUCROSE (UNII: C151H8M554)			
ANHYDROUS DEXTROSE (UNII: 5SL0G7R0OK)			
SODIUM BENZOATE (UNII: OJ245FE5EU)			
SACCHARIN SODIUM (UNII: SB8ZUX40TY)			
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)			
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)			
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)			

P	Packaging			
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72430-004- 01	30 in 1 BOX	01/15/2020	
1		5 g in 1 POUCH; Type 0: Not a Combination Product		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	01/15/2020	

# Labeler - Paradigm Pharmaceuticals Inc (080044989)

Establishment			
Name	Address	ID/FEI	<b>Business Operations</b>
BERLIN PHARMACEUTICAL INDUSTRY COMPANY LIMITED - (BRANCH)		661748158	manufacture(72430-004)

Revised: 2/2023 Paradigm Pharmaceuticals Inc