

**MAGNESIUM CITRATE- be health magnesium citrate oral solution -
cherry liquid
Bionpharma, Inc.**

Be Health Magnesium Citrate Oral Solution - Cherry

Active Ingredient

Magnesium citrate 1.745g per fl oz

Purpose

Saline Laxative

Use

for relief of occasional constipation (irregularity).
Generally produces bowel movement in 1/2 to 6 hours

Warnings

kidney disease
a magnesium restricted diet
abdominal pain, nausea, or vomiting
noticed a sudden change in bowel habits that persists over a period of 2 weeks
already used a laxative for a period longer than 1 week

ASK A DOCTOR OR PHARMACIST BEFORE USE IF YOU ARE

taking any other drug.
Take this product 2 or more hours before or after other drugs. Laxatives may affect
how other drugs work.

STOP USE AND ASK A DOCTOR IF

you have rectal bleeding or failure to have a bowel movement after use. These could be
signs of a serious condition.

IF PREGNANT OR BREAST-FEEDING

ask health professional before use.

KEEP OUT OF REACH OF CHILDREN.

In case of overdose, get medical help or contact a Poison Control Center right away.

Other Information

Store at temperatures between 46° and 86°F (8° and 30° C)

Directions

shake well before using

drink a full glass (8 ounces) of liquid with each dose

may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz in 24 hours maximum 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

Other Information

each fl oz contains: magnesium 290 mg

each fl oz contains: sodium 1 mg

Inactive Ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Questions?

1-888-235-2466

Drug Facts	
Active ingredient (in each fl oz)	Purpose
Magnesium citrate 1.745 g	Saline laxative
Uses: ■ For relief of occasional constipation (irregularity)	
■ Generally produces bowel movement in ½ to 6 hours	
Warnings:	
Ask a doctor before use if you have	
■ Kidney disease ■ a magnesium restricted diet	
■ Abdominal pain, nausea, or vomiting	
■ Noticed a sudden change in bowel habits that persists over a period of 2 weeks	
■ Already used a laxative for a period longer than 1 week	
Ask a doctor or pharmacist before use if you are	
■ Taking any other drug.	
■ Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.	
Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.	
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.	
Store at temperatures 46° and 86°F (8° and 30°C)	
Continued ▶	


NDC 69452-390-98

• DYE-FREE • SUGAR-FREE

Magnesium Citrate

Saline Laxative / Oral Solution

Alcohol content 0.005% (from flavoring)




Cherry Flavor
10 fl oz (296 mL)

DO NOT USE IF TAMPER-EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPARATED FROM NECKRING

Drug Facts (continued)	
Directions: ■ shake well before using ■ drink a full glass (8 ounces) of liquid with each dose ■ may be taken as a single daily dose or in divided doses	
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Questions? 1-888-235-2466	

Distributed by:
Bionpharma Inc. Princeton, NJ 08540
L0000651 R0922



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MAGNESIUM CITRATE

be health magnesium citrate oral solution - cherry liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69452-390
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM CITRATE (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
BENZOIC ACID (UNII: 8SKN0B0MIM)	
WATER (UNII: 059QF0K00R)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
EDETATE DISODIUM ANHYDROUS (UNII: 8NLQ36F6MM)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69452-390-98	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	12/27/2022	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	12/27/2022	

Labeler - Bionpharma, Inc. (079637826)

Revised: 12/2023

Bionpharma, Inc.