

**MAGNESIUM CITRATE- be health magnesium citrate oral solution -  
grape liquid  
Bionpharma, Inc.**

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**Be Health Magnesium Citrate Oral Solution - Grape**

**Active Ingredient**

Magnesium citrate 1.745g per fl oz

**Purpose**

Saline Laxative

**Use**

for relief of occasional constipation (irregularity).  
Generally produces bowel movement in 1/2 to 6 hours

**Warnings**

kidney disease  
a magnesium restricted diet  
abdominal pain, nausea, or vomiting  
noticed a sudden change in bowel habits that persists over a period of 2 weeks  
already used a laxative for a period longer than 1 week

**ASK A DOCTOR OR PHARMACIST BEFORE USE IF YOU ARE**

taking any other drug.  
Take this product 2 or more hours before or after other drugs. Laxatives may affect  
how other drugs work.

**STOP USE AND ASK A DOCTOR IF**

you have rectal bleeding or failure to have a bowel movement after use. These could be  
signs of a serious condition.

**IF PREGNANT OR BREAST-FEEDING**

ask health professional before use.

**KEEP OUT OF REACH OF CHILDREN.**

In case of overdose, get medical help or contact a Poison Control Center right away.

## Other Information

Store at temperatures between 46° and 86°F (8° and 30° C)

## Directions

shake well before using

drink a full glass (8 ounces) of liquid with each dose

may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz in 24 hours maximum 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

## Other Information

each fl oz contains: magnesium 290 mg

each fl oz contains: sodium 1 mg

## Inactive Ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

## Questions?

1-888-235-2466

Drug Facts	
<b>Active ingredient (in each fl oz) Purpose</b>	
Magnesium citrate 1.745 g	Saline laxative
<b>Uses:</b> ■ For relief of occasional constipation (irregularity) ■ Generally produces bowel movement in ½ to 6 hours	
<b>Warnings:</b>	
<b>Ask a doctor before use if you have</b>	
■ Kidney disease ■ a magnesium restricted diet	
■ Abdominal pain, nausea, or vomiting	
■ Noticed a sudden change in bowel habits that persists over a period of 2 weeks	
■ Already used a laxative for a period longer than 1 week	
<b>Ask a doctor or pharmacist before use if you are</b>	
■ Taking any other drug.	
■ Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.	
<b>Stop use and ask a doctor if you have</b> rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.	
<b>If pregnant or breast-feeding,</b> ask a health professional before use. <b>Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center right away.	
Store at temperatures 46° and 86°F (8° and 30°C)	
Continued ►	

**Be  
Health**

NDC 69452-391-98

• DYE-FREE • SUGAR-FREE

**Magnesium  
Citrate**

Saline Laxative / Oral Solution

Alcohol content 0.0125% (from flavoring)



**Grape Flavor**  
**10 fl oz (296 mL)**

DO NOT USE IF TAMPER-EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPARATED FROM NECKRING

## Drug Facts (continued)

**Directions:** ■ shake well before using ■ drink a full glass (8 ounces) of liquid with each dose ■ may be taken as a single daily dose or in divided doses

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children under 2 years of age	ask a doctor

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**Questions?** 1-888-235-2466

Distributed by:  
**Bionpharma Inc.** Princeton, NJ 08540  
L0000652 R0922



# MAGNESIUM CITRATE

be health magnesium citrate oral solution - grape liquid

## Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69452-391
Route of Administration	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM CITRATE (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

## Inactive Ingredients

Ingredient Name	Strength
BENZOIC ACID (UNII: 8SKN0B0MIM)	
WATER (UNII: 059QF0KO0R)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
EDETATE DISODIUM ANHYDROUS (UNII: 8NLQ36F6MM)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69452-391-98	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	12/27/2022	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	12/27/2022	

**Labeler** - Bionpharma, Inc. (079637826)

Revised: 12/2023

Bionpharma, Inc.