

**MAGNESIUM CITRATE- be health magnesium citrate oral solution -
lemon liquid
Bionpharma, Inc.**

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Be Health Magnesium Citrate Oral Solution - Lemon

Active Ingredient

Magnesium citrate 1.745g per fl oz

Purpose

Saline Laxative

Use

for relief of occasional constipation (irregularity).
Generally produces bowel movement in 1/2 to 6 hours

Warnings

kidney disease
a magnesium restricted diet
abdominal pain, nausea, or vomiting
noticed a sudden change in bowel habits that persists over a period of 2 weeks
already used a laxative for a period longer than 1 week

ASK A DOCTOR OR PHARMACIST BEFORE USE IF YOU ARE

taking any other drug.
Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

STOP USE AND ASK A DOCTOR IF

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

IF PREGNANT OR BREAST-FEEDING

ask health professional before use.

KEEP OUT OF REACH OF CHILDREN.

In case of overdose, get medical help or contact a Poison Control Center right away.

Other Information

Store at temperatures between 46° and 86°F (8° and 30° C)

Directions

shake well before using

drink a full glass (8 ounces) of liquid with each dose

may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz in 24 hours maximum 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

Other Information

each fl oz contains: magnesium 290 mg

each fl oz contains: sodium 1 mg

Inactive Ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Questions?

1-888-235-2466

Drug Facts
Active ingredient (in each fl oz) Purpose Magnesium citrate 1.745 gSaline laxative
Uses: ■ For relief of occasional constipation (irregularity) ■ Generally produces bowel movement in ½ to 6 hours
Warnings: Ask a doctor before use if you have ■ Kidney disease ■ a magnesium restricted diet ■ Abdominal pain, nausea, or vomiting ■ Noticed a sudden change in bowel habits that persists over a period of 2 weeks ■ Already used a laxative for a period longer than 1 week Ask a doctor or pharmacist before use if you are ■ Taking any other drug. ■ Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work. Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition. If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. Store at temperatures 46° and 86°F (8° and 30°C) Continued ►



NDC 69452-389-98

• DYE-FREE • SUGAR-FREE

Magnesium Citrate

Saline Laxative / Oral Solution
Alcohol content 0.025% (from flavoring)



Lemon Flavor
10 fl oz (296 mL)

DO NOT USE IF TAMPER-EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPARATED FROM NECKRING

Drug Facts (continued)	
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Distributed by:
Bionpharma Inc., Princeton, NJ 08540
L000650 R0922



MAGNESIUM CITRATE

be health magnesium citrate oral solution - lemon liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69452-389
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM CITRATE (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
BENZOIC ACID (UNII: 8SKN0B0MIM)	
WATER (UNII: 059QF0KO0R)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
EDETATE DISODIUM ANHYDROUS (UNII: 8NLQ36F6MM)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69452-389-98	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	12/27/2022	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	12/27/2022	

Labeler - Bionpharma, Inc. (079637826)

Revised: 12/2022

Bionpharma, Inc.