

**ARNICA VALUE PACK- arnica montana**  
**Laboratoires Boiron**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Arnicare Cream Value Pack**

Arnicare Cream:

Arnica Montana 1X HPUS 7%\*

Arnica 30 C pellets:

Arnica Montana 30C HPUS (0.443 mg)\*

Arnicare cream and Arnica 30 C pellets

Temporary relieves muscle pain and stiffness due to minor injuries, overexertion and falls. Reduces pain, swelling and discoloration from bruises.

Arnicare Cream Value Pack:

Cream: alcohol, caprylyl glycol, carbomer, cetyl palmitate, EDTA disodium, glycerin, lauroyl macroglycerides, pegoxol-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol.

Pellets: Lactose, Sucrose.

Arnicare Cream Value Pack (without disodium EDTA):

Cream: alcohol, caprylyl glycol, carbomer, cetyl palmitate, glycerin, lauroyl macroglycerides, pegoxol-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol.

Pellets: Lactose, Sucrose.

Cream:

1 tube 2.5 OZ (70g)

Pellets:

1 tube approx. 80 pellets each, 3.8g (0.133 oz.)

Cream:

Arnica Montana 1X HPUS-7% ..... Trauma, muscle, pain and stiffness, swelling from injuries, discoloration from bruising.

Pellets:

Arnica montana 30C HPUS ..... Trauma, bruises and muscle soreness.

Store at 68-77 ° F (20-25 ° C)

Questions, Comments

[www.arnicare.com](http://www.arnicare.com)

[info@boironusa.com](mailto:info@boironusa.com)

1-800-BOIRON-1

(1-800-264-7661)

Cream:

Stop use and ask a doctor if condition persists for more than 3 days or worsens.

Pellets:

Stop use and ask a doctor if condition persists for more than 3 days or worsens.

Cream:

Keep out of reach of children

If swallowed get medical help or contact a Poison Control Center right away.

Pellets:

Keep out of reach of children

avoid contact with eyes, mucus membranes, wounds, damaged or irritated skin

use only as directed

do not tightly wrap or bandage the treated area

do not apply heat or ice to the treated area immediately before or after use

Unscented -Paraben free -Great for massage - Works naturally with your body.

Arnicare Cream:

For external use only.

Avoid contact with eyes and with open wounds.

Cream:

Apply a thin layer of Arnicare Cream of affected area and massage gently as soon as possible after minor injury. Repeat 3 times a day or as needed. If heat or ice is applied, wait 5 minutes before applying Arnicare Cream.

Pellets:

Adults and children 2 years of age and older: Dissolve 5 pellets in the mouth 3 times a day until relieved or as directed by a doctor.

How to use Arnica 30C Pellets: Turn tube upside down. Twist until 5 pellets are dispensed

If pregnant or breast-feeding, ask a health professional before use.

‡ Homeopathic mother tincture made from Arnica montana fresh whole plant.

\*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

\*\*C,K,CK, and X are homeopathic dilutions: see [BoironUSA.com/info](http://BoironUSA.com/info) for details.

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

For general pain relief, Arnica 30C pellets can be take alone or as a complement to Arnicare Cream.

Non-drowsy

No known drug interactions

Local & General Pain

Combine for total relief

NDC 0220-9047-78

# PAIN RELIEF\*

## Muscle Pain & Stiffness Swelling from Injuries Bruises\*

# Arnicare®

## — CREAM & ORAL PELLETS

### HOMEOPATHIC MEDICINE

- Local & General Pain
- Combine for Total Relief

**VALUE  
PACK!**



NET WT.  
2.5 oz (70 g)  
+ Approx. 80 pellets

**BOIRON®**  
World Leader in  
Homeopathic Medicines

#### Drug Facts (continued)

#### Other information

- do not use if glued carton end flaps are open, if the tube seal is broken, or if pellet dispenser seal is broken
- store at 68-77°F (20-25°C)

#### Inactive ingredients

ARNICARE CREAM: alcohol, caprylyl glycol, carbomer, cetyl palmitate, glycerin, lauryl macroglycolic acid, polyox-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol  
ARNICA 30C PELLETS: lactose, sucrose

#### Questions or comments?

Arnica.com | BoironUSA.com  
info@boiron.com  
1-800-BOIRON-1 (1-800-264-7881)

#### How to Use Arnica 30C Pellets



**Turn**  
tube upside  
down



**Twist**  
until 5 pellets  
are dispensed



**Remove**  
cap and pour  
pellets under  
the tongue

### Two Forms for Total Relief

Use **Arnicare Cream**  
for local pain relief.

- Fragrance-free
- Ideal for massage
- Plant-based relief

For general pain relief,  
**Arnica 30C Pellets**  
can be taken alone or  
as a complement to  
Arnicare Cream.

- Non-drowsy
- No known  
drug interactions

### The Boiron Promise

Your health deserves  
the greatest respect.  
That's why we're  
committed to your  
satisfaction. Please visit  
[BoironUSA.com/promise](http://BoironUSA.com/promise)  
for details.

Made in France  
Distributed by Boiron Inc.  
Newtown Square, PA 19073



### Drug Facts

#### Active ingredients\*

#### ARNICARE CREAM:

Arnica montana ----- Relieves muscle pain & stiffness, swelling  
1X HPUS 7% ----- from injuries, discoloration from bruises

#### ARNICA 30C PELLETS: (in each pellet)

Arnica montana ----- Relieves muscle pain & stiffness, swelling  
30C HPUS (0.443 mg) ----- from injuries, discoloration from bruises  
The letters "HPUS" indicate that the components in this product are officially  
monographed in the Homeopathic Pharmacopoeia of the United States.

#### Uses\*

■ temporarily relieves muscle pain and stiffness due to:

- minor injuries
- overexertion
- falls
- reduces symptoms of bruising such as:
- pain
- swelling
- discoloration

#### Warnings

#### ARNICARE CREAM:

For external use only.

Do not use if you are allergic to Arnica montana or to any of this  
product's inactive ingredients.

#### When using this product

- avoid contact with eyes, mucous membranes, wounds, damaged  
or irritated skin
- use only as directed
- do not tightly wrap or bandage the treated area
- do not apply heat or ice to the treated area immediately before  
or after use.

#### Stop use and ask a doctor if

- condition persists for more than 3 days or worsens
- symptoms clear up and occur again within a few days.

Keep out of reach of children. If swallowed, get medical help or  
contact a Poison Control Center right away.

#### ARNICA 30C PELLETS:

Stop use and ask a doctor if symptoms persist for more than  
3 days or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, get  
medical help or contact a Poison Control Center right away.

#### Directions

ARNICARE CREAM: Apply a thin layer of Arnicare Cream to affected  
area and massage gently as soon as possible after minor injury. Repeat  
3 times a day or as needed. If heat or ice is applied, wait 5 minutes  
before applying Arnicare Cream.

ARNICA 30C PELLETS: At the onset of symptoms, dissolve 5 pellets  
under the tongue 3 times a day until symptoms are relieved or as  
directed by a doctor.

\*Homeopathic mother tincture made from Arnica  
montana fresh whole plant.

\*CLAIMS BASED ON TRADITIONAL  
HOMEOPATHIC PRACTICE, NOT ACCEPTED  
MEDICAL EVIDENCE, NOT FDA EVALUATED.

\*C, K, CK, and X are homeopathic dilutions:  
see [BoironUSA.com/info](http://BoironUSA.com/info) for details.

NDC 0220-8047-78

**arnica**  
natural  
active ingredient

**Use Arnica  
at the First  
Sign of Pain**

Arnica Cream's soothing effect makes it ideal for massaging sore muscles.

- Ideal for massage
- Soothing
- Unscented
- Paraben-free

For general pain relief, Arnica 30C pellets can be taken alone or as a complement to Arnica Cream.

- Non-drowsy
- No drug interactions

**The Boiron Promise**  
At Boiron, we believe there's a better way to feel good. A better way that works naturally with your body. Since 1932, the Boiron family has been committed to providing homeopathic medicines. As world leader in homeopathic medicines, our passion is your total health. Our promise is your total satisfaction. Please visit [boironusa.com/](http://boironusa.com/) promise for details.

## PAIN RELIEF\*

**Muscle Pain & Stiffness  
Swelling from Injuries  
Bruising\***

# Arnica<sup>®</sup> Cream

HOMEOPATHIC MEDICINE

- Ideal for Massage
- Soothing
- Unscented, Paraben-Free
- Works Naturally with Your Body

**VALUE PACK**  
Topical & Oral Pellets

NET WT.  
2.5 oz (70 g)  
Approx. 80 pellets

**BOIRON<sup>®</sup>**

World Leader in Homeopathic Medicines

**Arnica<sup>®</sup>**  
Cream

## Drug Facts

(continued)

### Other information

- do not use if glued carton end flaps are open, if the tube seal is broken, or if the label sealing the clear tube cap is broken or missing
- store at 68-77°F (20-25°C)
- Arnica 30C Pellets: non-drowsy, no drug interactions

### Inactive ingredients

Arnica Cream:  
alcohol, caprylyl glycol, carbomer, cetyl palmitate, EDTA disodium, glycerin, lauryl macroglycerides, pegcol-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Arnica 30C Pellets:  
lactose, sucrose

### Questions or comments?

[www.Arnica.com](http://www.Arnica.com)  
[www.BoironUSA.com](http://www.BoironUSA.com)  
[info@boiron.com](mailto:info@boiron.com)

1-800-BOIRON-1  
(1-800-264-7661)

Distributed by Boiron Inc.  
6 Campus Boulevard  
Newtown Square, PA  
19073-3267



please  
recycle

Made  
in France



## Drug Facts

**Active ingredient\*\*** **Purpose\***

Arnica Cream:  
Arnica montana 1X HPUS-7% & stiffness, swelling from injuries, discoloration from bruising

Arnica 30C Pellets:  
Arnica montana 30C HPUS & stiffness, swelling from injuries, discoloration from bruising

*The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.*

### Uses\*

- temporarily relieves muscle pain and stiffness due to minor injuries, overexertion and falls
- reduces pain, swelling and discoloration from bruises

### Warnings

Arnica Cream:

**For external use only.**

Avoid contact with eyes, mucous membranes, damaged skin or wounds.

**Do not use** if you are allergic to Arnica montana or to any of this product's inactive ingredients.

**When using this product** use only as directed

■ do not bandage tightly or use a heating pad. **Stop use and ask a doctor** if condition persists for more than 3 days or worsens.

**Keep out of reach of children.**

**If swallowed**, get medical help or contact a Poison Control Center right away.

Arnica 30C Pellets:

**Ask a doctor before use** in children under 2 years of age.

**Stop use and ask a doctor** if condition persists for more than 3 days or worsens.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.**

### Directions

Arnica Cream:

Apply a thin layer of Arnica Cream to affected area and massage gently as soon as possible after minor injury. Repeat 3 times a day or as needed.

Arnica 30C Pellets:

Adults and children 2 years of age and older:

At the onset of symptoms, dissolve 5 pellets under the tongue 3 times a day until symptoms are relieved or as directed by a doctor.

\*These "Uses" have not been evaluated by the Food and Drug Administration. \*\*C, K, CR, and X are homeopathic dilutions; see [www.boironusa.com](http://www.boironusa.com) for details.

**arnica**  
natural  
active ingredient\*

Use Arnicare  
at the First  
Sign of Pain.

Arnicare Cream's soothing effect makes it ideal for massaging sore muscles.

- Ideal for massage
- Soothing
- Unscented
- Paraben-free

For general pain relief, Arnica 30C pellets can be taken alone or as a complement to Arnicare Cream.

- Non-drowsy
- No known drug interactions

**The Boiron Promise**

At Boiron, we believe there's more than one way to feel better. Since 1932, the Boiron family has been committed to providing quality medicines. As world leader in homeopathy, our passion is your health. Our promise is your satisfaction. Please visit [BoironUSA.com/](http://BoironUSA.com/) promise for details.

NDC 0220-9047-78

**PAIN RELIEF\***

Muscle Pain & Stiffness  
Swelling from Injuries  
Bruising\*

**Arnicare®**  
Cream

HOMEOPATHIC MEDICINE

- Ideal for Massage
- Soothing
- Unscented, Paraben-Free
- Help Your Body the Natural Way

**VALUE PACK**  
Topical & Oral Pellets

NET WT.  
2.5 oz (70g)  
Approx. 80 pellets

**BOIRON®**

World Leader in Homeopathic Medicines

**Arnicare®**  
Cream

**Drug Facts**

(continued)

**Other information**

- do not use if glued carton end flaps are open, if the tube seal is broken, or if the label sealing the clear tube cap is broken or missing
- store at 68-77°F (20-25°C)
- Arnica 30C Pellets: non-drowsy, no known drug interactions

**Inactive ingredients**

Arnicare Cream: alcohol, caprylyl glycol, carbomer, cetyl palmitate, glycerin, lauryl macroglycolglycerides, pegoxol-7 stearate, purified water, sodium hydroxide, sorbic acid, 1,2-hexanediol

Arnica 30C Pellets: lactose, sucrose

**Questions or comments?**

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Info@Boiron.com  
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(1-800-264-7661)

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Newtown Square, PA  
19073-3267



please recycle  
Made in France



**Drug Facts**

**Active ingredient\*\*** **Purpose\***

Arnicare Cream:  
Arnica montana..... Trauma, muscle pain  
1X HPUS-7% & stiffness, swelling from injuries,  
discoloration from bruises

Arnica 30C Pellets:  
Arnica montana..... Muscle pain & stiffness,  
30C HPUS swelling from injuries,  
discoloration from bruises

The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

**Uses\***

- temporarily relieves muscle pain and stiffness due to minor injuries, overexertion and falls
- reduces pain, swelling and discoloration from bruises

**Warnings**

Arnicare Cream:  
**For external use only.**  
Avoid contact with eyes, mucous membranes, damaged skin or wounds.  
**Do not use** if you are allergic to Arnica montana or to any of this product's inactive ingredients.  
**When using this product** use only as directed  
■ do not bandage tightly or use a heating pad.  
**Stop use and ask a doctor** if condition persists for more than 3 days or worsens.  
**Keep out of reach of children.**  
**If swallowed**, get medical help or contact a Poison Control Center right away.

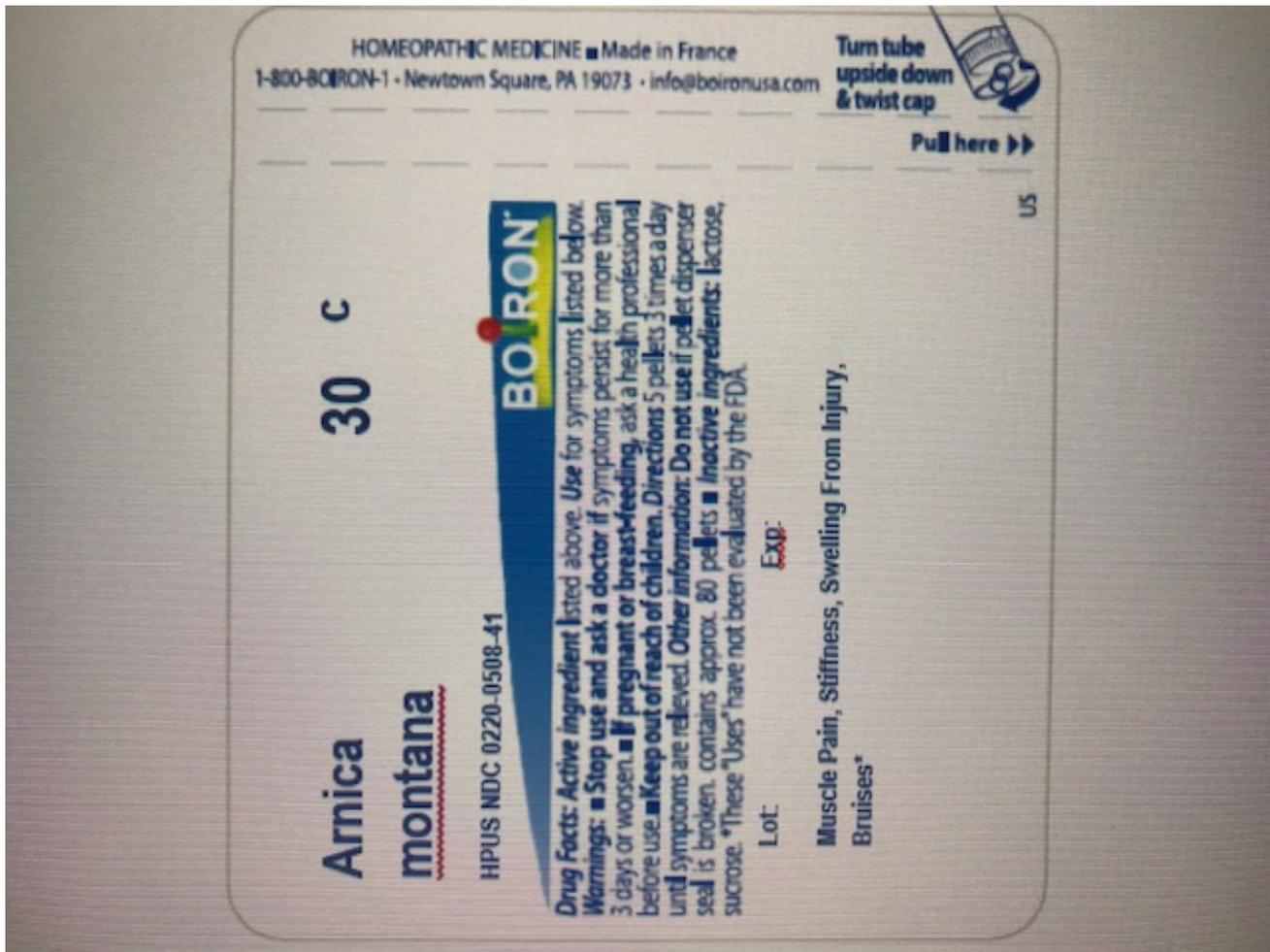
Arnica 30C Pellets:  
**Stop use and ask a doctor** if condition persists for more than 3 days or worsens.  
**If pregnant or breast-feeding**, ask a health professional before use.  
**Keep out of reach of children.**

**Directions**

Arnicare Cream:  
Apply a thin layer of Arnicare Cream to affected area and massage gently as soon as possible after minor injury. Repeat 3 times a day or as needed.

Arnica 30C Pellets:  
Adults and children: At the onset of symptoms, dissolve 5 pellets under the tongue 3 times a day until symptoms are relieved or as directed by a doctor.

\*Homeopathic mother tincture made from Arnica montana fresh whole plant.  
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## ARNICA VALUE PACK

arnica montana kit

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0220-9047
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### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9047-78	1 in 1 BOX	11/01/2008	

### Quantity of Parts

Part #	Package Quantity	Total Product Quantity
Part 1	1 TUBE	80
Part 2	1 TUBE	70 g

## Part 1 of 2

## ARNICA

arnica montana pellet

### Product Information

**Item Code (Source)** NDC:0220-0508

**Route of Administration** ORAL

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ARNICA MONTANA (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA	30 [hp_C]

### Inactive Ingredients

Ingredient Name	Strength
SUCROSE (UNII: C151H8M554)	
LACTOSE (UNII: J2B2A4N98G)	

### Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	ROUND (Pellet)	<b>Size</b>	4mm
<b>Flavor</b>		<b>Imprint Code</b>	;
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1		80 in 1 TUBE; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		11/01/2008	

## Part 2 of 2

### ARNICARE

arnica montana cream

**Product Information****Item Code (Source)** NDC:0220-9021**Route of Administration** TOPICAL**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
<b>ARNICA MONTANA</b> (UNII: O80TY208Z W) (ARNICA MONTANA - UNII:O80TY208Z W)	ARNICA MONTANA	1 [hp_X] in 1 g

**Inactive Ingredients**

Ingredient Name	Strength
<b>CAPRYLYL GLYCOL</b> (UNII: 00YIU5438U)	
<b>CARBOMER 934</b> (UNII: Z135WT9208)	
<b>CETYL PALMITATE</b> (UNII: 5ZA2S6B08X)	
<b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM HYDROXIDE</b> (UNII: 55X04QC32I)	
<b>SORBIC ACID</b> (UNII: X045WJ989B)	
<b>1,2-HEXANEDIOL</b> (UNII: TR046Y3K1G)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>PEGOXOL 7 STEARATE</b> (UNII: 3EW5AXE5X5)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>HYDROGENATED PALM/PALM KERNEL OIL PEG-6 ESTERS</b> (UNII: 8EPU9MJ01K)	

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1		70 g in 1 TUBE; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		11/01/2008	

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		11/01/2008	

**Labeler** - Laboratoires Boiron (282560473)

**Registrant** - Boiron Inc. (014892269)

**Establishment**

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9047)

Revised: 1/2023

Laboratoires Boiron