

## **BASIC CARE NIGHTTIME SLEEP AID- diphenhydramine hcl solution**

**L. Perrigo Company**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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### **Amazon Nighttime Sleep-Aid Drug Facts**

#### **Active ingredient (in each 30 mL)**

Diphenhydramine HCl 50 mg

#### **Purpose**

Nighttime sleep-aid

#### **Uses**

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

#### **Warnings**

##### **Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

##### **Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

##### **Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers

##### **When using this product**

- avoid alcoholic beverages

##### **Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

##### **If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

### Directions

- take only one dose per day (24 hours)
- only use the dose cup provided

adults & children 12 yrs & over	30 mL at bed time if needed or as directed by a doctor
children under 12 yrs	do not use

### Other information

- **each 30 mL contains:** sodium 20 mg
- store at 20-25°C (68-77°F)

### Inactive ingredients

alcohol, anhydrous citric acid, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

### Questions or comments?

**1-800-719-9260**

### Package/Label Principal Display Panel

Non-Habit Forming

Compare to Vicks<sup>®</sup> ZzzQuil<sup>®</sup>

active ingredient

nighttime sleep-aid

Diphenhydramine HCl 50 mg per 30 mL

10% ALCOHOL

Not for treating Cold or Flu

#1 Doctor recommended sleep-aid

active ingredient

Berry Flavor

12 FL OZ 355 mL

**Drug Facts (continued)**

**Directions**

- take only one dose per day (24 hours)
- only use the dose cup provided

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children under 12 yrs	do not use

**Other Information**

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**Questions or comments? 1-800-719-9260**

\*This product is not manufactured or distributed by Procter & Gamble, distributor of Vicks® ZzzQuil®.  
 †Of U.S. physicians surveyed by an independent market research firm.

**GLUTEN FREE**

Distributed by:  
Perrigo  
Allegan, MI 49010



3 70030 14601 7

basic+care®

Non-Habit Forming

Compare to Vicks® ZzzQuil® active ingredient\*

NDC 0113-7186-40

# nighttime sleep-aid

Diphenhydramine HCl 50 mg per 30 mL

10% ALCOHOL  
Not for treating Cold or Flu

#1 Doctor recommended sleep-aid active ingredient†




12 FL OZ 355 mL

DO NOT USE IF PRINTED NECKBAND IS BROKEN OR MISSING

**Drug Facts**

Active Ingredient (In each 30 mL)	Purpose
Diphenhydramine HCl 50 mg	Nighttime sleep-aid

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## BASIC CARE NIGHTTIME SLEEP AID

diphenhydramine hcl solution

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0 113-7186
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

### Inactive Ingredients

Ingredient Name	Strength
ALCOHOL (UNII: 3K9958V90M)	
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	
POLOXAMER 407 (UNII: TUF2IVW3M2)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
SACCHARIN SODIUM (UNII: SB8ZUX40TY)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SODIUM CITRATE, UNSPECIFIED FORM (UNII: 1Q73Q2JULR)	

## Product Characteristics

<b>Color</b>	PURPLE	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	BERRY	<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0113-7186-40	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	12/02/2019	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part338	12/02/2019	

**Labeler** - L. Perrigo Company (006013346)

Revised: 11/2020

L. Perrigo Company