

**ARCTIC ICE PAIN RELIEVING- menthol gel**  
**Blue Cross Laboratories, Inc.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**ARCTIC ICE pain relieving gel**

**ARCTIC ICE ANALGESIC GEL**

**Active Ingredient**

Menthol 2.0%

**Purpose**

Topical Analgesic

**Uses**

Temporary relief:

minor muscles aches and pains

**Warnings**

**For external use only. Avoid contact with eyes.**

Ask a doctor before use if you have cough associated with

- smoking
- excessive phlegm
- asthma
- emphysema
- persistent or chronic cough

**When using this product do not**

- heat
- microwave
- add to hot water or any container where heating water may cause splattering and result in burns
- use in eyes or directly on mucous membranes
- take by mouth or place in nostrils
- apply to wounds or damaged skin
- bandage skin

**Consult a doctor and discontinue use**

if condition worsens, persist for more than 1 week or tends to recur

**Keep out of reach of children.**

In case of accidental ingestion, seek professional assistance or contact a Poison Control Center immediately.

### Directions

For the temporary relief of minor muscle aches and pains

see important warnings under "When using this product"

- not for use on children under 2 years of age
- adults and children 2 years of age and older: apply to painful area and massage until gel is absorbed into the skin, repeat 3 to 4 times daily

### Inactive Ingredients

blue 1, camphor, carbomer, isopropyl alcohol, methylchloroisothiazolinone, methylysothiazoline, sodium hydroxide, water



# ARCTIC

COMPARE TO THE  
ACTIVE INGREDIENT  
OF MINERAL ICE®\*



# AIN RELIEVING GEL

*Fast Acting • Cooling Formula • Greaseless*

**NET WT. 8 OZ. (227g)**

## Drug Facts

**Active Ingredient:**

Menthol, 2% .....

**Purpose**

Topical analgesic

**Uses:** temporarily relieves:

- minor muscle aches and pains

**Warnings:** For external use only; avoid contact with eyes. Ask a doctor before use if you have cough associated with • smoking • excessive phlegm • asthma • emphysema • persistent or chronic cough

**When using this product, do not;** heat • microwave • add to hot water or any container where heating water may cause splattering and result in burns • use in eyes or directly on mucous membranes • take by mouth or place in nostrils • apply to wounds or damaged skin • bandage skin

**Consult a doctor and discontinue use;** if condition worsens, persists for more than 1 week or tends to recur.

**Keep out of reach of children.** In case of accidental ingestion, seek professional assistance or contact a Poison Control Center immediately.

**DIRECTIONS:**

For the temporary relief of minor muscle aches and pains. See important warnings under “When using this product”

- not for use on children under 2 years of age
- adults & children 2 years & older: Apply liberally to painful area and massage until gel is absorbed into the skin. Repeat 3 to 4 times daily.

**Inactive Ingredients:**

Blue 1, Camphor, Carbomer, Isopropyl Alcohol, Methylchloroisothiazolinone, Methylisothiazolinone, Sodium Hydroxide, Water.

\*This product is not manufactured or distributed by Novartis Consumer Health, owner of the registered trademark Mineral Ice®.

**ARCTIC ICE PAIN RELIEVING**

menthol gel

**Product Information**

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:22431-014
Route of Administration	TOPICAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
MENTHOL (UNII: L7T10EP3A) (MENTHOL - UNII:L7T10EP3A)	MENTHOL	2 g in 100 g

**Inactive Ingredients**

Ingredient Name	Strength
CAMPHOR (NATURAL) (UNII: N20HL7Q941)	
ALCOHOL (UNII: 3K9958V90M)	
FD&C BLUE NO. 1 (UNII: HBR47K3TBD)	
ISOPROPYL ALCOHOL (UNII: ND2M416302)	
METHYLCHLOROISO THIAZOLINONE (UNII: DEL7T5QRPN)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
WATER (UNII: 059QF0K00R)	

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:22431-014-01	1 in 1 PACKAGE	02/23/2017	
1		227 g in 1 JAR; Type 0: Not a Combination Product		
2	NDC:22431-014-02	1 in 1 PACKAGE	11/11/2020	
2		198 g in 1 JAR; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part348	02/23/2017	

**Labeler** - Blue Cross Laboratories, Inc. (008298879)**Registrant** - Ningbo Liyuan Daily Chemical Products Co., Ltd (530766098)**Establishment**

Name	Address	ID/FEI	Business Operations
Ningbo Liyuan Daily Chemical Products Co., Ltd		530766098	manufacture(22431-014)

Revised: 11/2020

Blue Cross Laboratories, Inc.