### NICOTINE- nicotine polacrilex gum, chewing QUALITY CHOICE (Chain Drug Marketing Association)

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Nicotine Polacrilex Gum Coated Ice Mint 4 mg ANDA204833 - Equate

## Drug Facts

## Active ingredient (in each chewing piece)

Nicotine Polacrilex 4 mg (nicotine)

#### Purpose

Stop smoking aid

#### Use

reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

#### Warnings

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

#### Ask a doctor before use if you have

- a sodium-restricted diet
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or diabetes
- history of seizures

## Ask a doctor or pharmacist before use if you are

- using a non-nicotine stop smoking drug
- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

## Stop use and ask a doctor if

- mouth, teeth, or jaw problems occur
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhea, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

# Keep out of reach of children and pets.

Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

# Directions

- if you are under 18 years of age, ask a doctor before use
- before using this product, read the enclosed User's Guide for complete directions and other important information
- begin using the gum on your quit day
- if you smoke your first cigarette more than 30 minutes after waking up, use 2 mg nicotine gum
- **if you smoke your first cigarette within 30 minutes of waking up,** use 4 mg nicotine gum according to the following 12 week schedule:

Weeks 1 to Weeks 7 to V		Weeks 10 to	
6	9	12	
1 piece every	1 piece every	1 piece every	
1 to 2 hours	2 to 4 hours	4 to 8 hours	

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again, until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

# Other information

- each piece contains: calcium 120 mg, sodium 8 mg
- store at 20 25ºC (68 77ºF)
- protect from light

## Inactive ingredients

acacia, acesulfame potassium, carnauba wax, D&C yellow #10 aluminum lake, flavors, gum base, hydroxypropyl cellulose, magnesium oxide, sodium bicarbonate, sodium carbonate, talc, titanium dioxide and xylitol.

## **Questions or comments?**

Call 1-800-935-2362 Monday-Friday 9AM-5PM EST

## **Principal Display Panel**

\*Compare to the active ingredient of Nicorrette® Gum

Nicotine Gum

Stop Smoking Aid

Nicotine Polacrilex Gum USP, 4 mg (nicotine)

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE WITHIN 30 MINUTES OF WAKING UP

If you smoke your first cigarette MORE THAN 30 MINUTES after waking up, use Nicotine Polacrilex gum, 2 mg

COATED ICE MINT FLAVOR

# TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivate to quit

2. Use Enough - Chew at least 9 pieces of Nicotine Polacrilex Gum per day during the first six weeks

3. Use long enough - Use Nicotine Polacrilex Gum for the full 12 weeks

- 4. Use with a Support Program as directed in the enclosed User's Guide
- not for sale to those under 18 years of age
- proof of age required
- not for sale in vending machines or from any source where proof of age cannot be verified

\*This product is not manufactured or distributed by GlaxoSmithKline Consumer Healthcare, L.P., distributor of Nicorette® Gum

# BLISTER PACKAGED FOR YOUR PROTECTION. DO NOT USE IF INDIVIDUAL SEALS ARE OPEN OR TORN.

Distributed by C.D.M.A., Inc.©

43157 W 9 Mile Rd

Novi, MI 48375

www.wualitychoice.com

## Package Label

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**QUALITY CHOICE Nicotine Gum Coated Ice Mint Flavor** 

NICOTINE nicotine polacrilex gum, chewing						
Product Information						
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:63868-843			
Route of Administration	ORAL					

Active Ingredie	ent/Active Moiety			
	Ingredient Na		Basis of Stre	
NICOTINE (UNII: 6M3	BC89ZY6R) (NICOTINE - U	UNII:6M3C89ZY6R)	NICOTINE	4 mg
Inactive Ingred	dients			
<b>J</b>		edient Name		Strength
ACACIA (UNII: 5C540	-			<b>y</b>
	ASSIUM (UNII: 230V73Q)	5G9)		
CARNAUBA WAX (U				
	<b>10</b> (UNII: 35SW5USQ3G)			
HYDROXYPROPYL (	CELLULOSE, UNSPECIF	FIED (UNII: 9XZ 8H6N6OH	)	
MAGNESIUM OXIDE				
	IATE (UNII: 8MDF5V39QC	))		
SODIUM CARBONA	<b>TE</b> (UNII: 45P3261C7T)			
TALC (UNII: 7SEV7J4	R1U)			
TITANIUM DIOXIDE	(UNII: 15FIX9V2JP)			
XYLITOL (UNII: VCQ	006KQ1E)			
<b>Product Chara</b> <sup>Color</sup>	cteristics yellow	Score		no score
Shape	SQUARE	Size	Size	
Flavor	MINT	Imprint Code		
Contains				
Packaging				
# Item Code	Package D	Description	Marketing Start Date	Marketing End Date
<b>1</b> NDC:63868-843- 20	20 in 1 CARTON		01/29/2021	12/31/2025
	L in 1 BLISTER PACK; Typ Product	pe 0: Not a Combination		
	nformation			
<b>_</b>				
Marketing I Marketing Category	Application Num	nber or Monograph tation	Marketing Start Date	Marketing End Date

Labeler - QUALITY CHOICE (Chain Drug Marketing Association) (011920774)