

EPSOM SALT- magnesium sulfate granule
Publix Super Markets, Inc.,

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Epsom Salt 3 in 1
029.003/029AA

TAMPER-EVIDENT PACKAGING:

CAUTION: THIS PACKAGE HAS BEEN SEALED
FOR YOUR PROTECTION. DO NOT USE IF
PACKAGE IS OPEN, TORN, OR MUTILATED

Active ingredient

Magnesium sulfate USP (heptahydrate) 100%

Purpose

Saline Laxative

Uses

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs.
Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be

signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily
children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily
children under 6 years - consult a doctor

Inactive Ingredients

None

Other information

- each teaspoon (5 grams) contains: **magnesium 495 mg**

DISTRIBUTED BY

PUBLIX SUPER MARKETS, INC.,

LAKELAND, FL 33802 publix.com

PUBLIX GUARANTEE:

COMPLETE SATISFACTION OR

YOUR MONEY BACK

SCAN HERE FOR MORE INFORMATION

Publix

epsomsalt

SOAKING AID

FOR EXTERNAL USE AS A SOAKING AID FOR MINOR SPRAINS AND BRUISES.

DIRECTIONS: GENEROUSLY SPRINKLE INTO WARM

RUNNING BATH WATER

CAUTION: IF PROMPT RELIEF IS NOT OBTAINED
OR THERE IS EVIDENCE OF INFECTION,
DISCONTINUE USE AND CONSULT YOUR
PHYSICIAN. HOT OR WARM SOAKS SHOULD
NOT BE USED BY INDIVIDUALS WITH DIABETES
EXCEPT ON THE ADIVCE OF A PHYSICIAN.

KEEP OUT OF REACH OG CHILDREN.

EPSOM SALT

SOAKING AID

- Plant Food Supplement

for use as a fertilizerm apply at the following rates:

LAWNS Apply at a rate of ½ pound per one thousand square feet of lawn.

For use as a Plant Food Supplement apply at the following rates:

Tomatoes, Roses One teaspoon per foot plant height every two weeks

Evergreens, Rhododendrons, Azaleas Apply one tablespoon per nine sq. ft. (3' X 3')
over the root zone every two to four weeks

Garden Plants and Shrubbery Sprinkle 2 tablespoons around the base of each
plant.

Trees Apply two tablespoons per nine sq. ft. (3' X 3') over root zone once every
four months.

Garden Startup Sprinkle approximately one cup per 100 sq. ft. (10' X 10') and
mix into soil prior to planting.

Houseplants Mix one teaspoon per gallon of water and feed to plants every one to
four weeks.

GUARANTEED ANALYSIS*

Magnesium (Mg)9.8%

9.8% Soluble Magnesium

Sulfur (S)12.9%

12.9% Combined Sulfur

Derived from: Mgnesium Sulfate

F-1253

Information regarding the contents and levels of metals

in this product is available on the Internet at:

<http://agr.wa.gov>

*GUARANTEED BY: Vi-Jon, LLC
8515 Page Ave.

St. Louis, MO 63114

principal display panel

RESEALABLE POUCH

P

epsomsalt

SOAKING AID

MAGNESIUM SULFATE U.S.P.

$\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$

saline laxative

for relief of occasional

constipation

soaking aid

for minor sprains and bruises

plant food supplement

for bigger, more vigorous plants

NET WT 16 OZ (1 LB) 454 g

RESEALABLE POUCH



epsomsalt
SOAKING AID



MAGNESIUM SULFATE USP
MgSO₄ · 7H₂O
SALINE LAXATIVE
FOR RELIEF OF OCCASIONAL
CONSTIPATION
SOAKING AID
FOR MINOR SPRAINS AND BRUISES
PLANT FOOD SUPPLEMENT
FOR BIGGER, MORE VIGOROUS PLANTS

NET WT 1 LB (454 g)

EPSOM SALT

magnesium sulfate granule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:56062-952
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
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1	NDC:56062-952-07	1814 g in 1 POUCH; Type 0: Not a Combination Product	07/03/2013	
2	NDC:56062-952-43	454 g in 1 POUCH; Type 0: Not a Combination Product	07/03/2013	
Marketing Information				
Marketing Category	Application Number or Monograph Citation		Marketing Start Date	Marketing End Date
OTC monograph not final	part334		07/03/2013	

Labeler - Publix Super Markets, Inc., (006922009)

Registrant - Vi-Jon, LLC (790752542)

Establishment

Name	Address	ID/FEI	Business Operations
Vi-Jon		790752542	manufacture(56062-952)

Establishment

Name	Address	ID/FEI	Business Operations
Vi-Jon, LLC		088520668	manufacture(56062-952)

Revised: 9/2022

Publix Super Markets, Inc.,