

GREEN GUARD CRAMP RELIEF- acetaminophen, pamabrom, pyrilamine maleate tablet, film coated
Unifirst First Aid Corporation

Green Guard Cramp Relief

Drug Facts

Active ingredient (in each caplet)

Acetaminophen 500 mg

Pamabrom 25 mg

Pyrilamine maleate 15 mg

Purpose

Pain reliever

Diuretic

Antihistamine

Uses

for the temporary relief of these symptoms associated with menstrual periods:

- headache
- bloating
- cramps
- backache
- muscular aches
- irritability
- water-weight gain

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

■ with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.

■ if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- difficulty in urination due to enlargement of the prostate gland
- a breathing problem such as emphysema or chronic bronchitis
- liver disease
- glaucoma

Ask a doctor or pharmacist before use if you are

- taking sedatives or tranquilizers
- taking the blood thinning drug warfarin

When using this product

- drowsiness may occur
- avoid alcoholic beverages
- excitability may occur, especially in children
- alcohol, sedatives and tranquilizers may increase drowsiness
- use caution when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- new symptoms occur
- redness or swelling is present

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

■ **do not take more than directed**

Adults and children: (12 years and over)

■ take 2 caplets with water every 6 hours as needed

■ do not exceed 6 caplets in a 24 hour period or as directed by a doctor

Children under 12 years: ask a doctor

Other information

■ store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)

■ tamper evident sealed packets

■ do not use any opened or torn packets

Inactive ingredients

corn starch, croscarmellose sodium, crospovidone, FD&C blue #2 aluminum lake, FD&C red #40 aluminum lake, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, shellac wax, silicon dioxide, stearic acid, talc, titanium dioxide

Questions or comments? 1-800-869-6970

Menstrual Cramp Relief™

Pull to Open

Tire Para Abrir

Acetaminophen 500 mg / Acetaminofeno 500 mg

Pamabrom 25 mg

Pyrilamine maleate 15 mg / Maleato de pirilamina 15 mg

Green Guard®

Relief of menstrual pain, water retention and bloating

Para el alivio de dolores menstruales,

retencion de liquidos e hinchazon

40 Packets of 2 Caplets

80 Caplets

Order #2380

Distributed by Green Guard®

St Louis, MO 63045

CONSERVE LA CARTA PARA OBTENER LA INFORMACIÓN COMPLETA DEL PRODUCTO

Si está embarazada o planea quedar embarazada, consulte a su médico antes de tomar este medicamento. Este medicamento puede ser perjudicial para el feto. Consulte a su médico si está embarazada o planea quedar embarazada. Este medicamento puede ser perjudicial para el feto. Consulte a su médico si está embarazada o planea quedar embarazada. Este medicamento puede ser perjudicial para el feto. Consulte a su médico si está embarazada o planea quedar embarazada.

Advertencias

- No tome este medicamento si está tomando otros medicamentos que contengan acetaminofeno.
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Indicaciones

• Tome 2 comprimidos con agua cada 4 horas de 12 años y mayores.

• No consuma más de 6 comprimidos en 24 horas o haga lo que el médico le indique.

Otra información

- Almacenamiento: conserve a temperatura de 25°C (77°F); en excursiones se permite entre 15°C-30°C (59°F-86°F).
- Embalaje: con sellado evidente.
- No use ningún otro medicamento que contenga acetaminofeno.

Ingredientes inactivos

ácido de metil, croscarmellose sódica, croscopolona, azul FD&C #2 (laca de aluminio, mg), FD&C #40 (laca de aluminio, óxido de magnesio, celulosa microcristalina, polietilenglicol, ácido poliacrílico, polidimetilsiloxano, goma laca (resina), dióxido de silicio, ácido estearico, talco, dióxido de titanio.

¿Tiene alguna pregunta o comentario? Llame al 1-800-869-8370

Rev. 05/19/22 Mfg. 24

Menstrual Cramp relief

Pull to Open
The Pouch Above

**Acetaminophen 500 mg / Acetaminofeno 500 mg,
Pamabrom 25 mg, Pyrilamine Maleate 15 mg / Maleato de pirilamina 15 mg
Pain Reliever, Diuretic, Antihistamine / Alivio de dolor, Diurético, Antihistamínico**

GREEN GUARD

Relief of menstrual pain, water retention and bloating
Para el alivio de dolores menstruales, retención de líquidos e hinchazón

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80 Caplets
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- muscular aches
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Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take:

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- 2 or more alcoholic drinks every day while using this product

Drug Facts (continued)

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- If you have ever had an allergic reaction to this product or any of its ingredients.

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Drug Facts (continued)

Keep out of reach of children. In case of accidental overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. Prompt medical attention is critical for adults as well as for children under 12 years of age if symptoms:

- do not take more than directed

Directions

- take 2 caplets with water every 4 hours as needed
- do not exceed 6 caplets in a 24-hour period or as directed by a doctor

Adults and Children (12 years and over)

- ask a doctor

Children under 12 years

- ask a doctor

GREEN GUARD CRAMP RELIEF

acetaminophen, pamabrom, pyrilamine maleate tablet, film coated

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:47682-049
Route of Administration	ORAL		

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
PYRILAMINE MALEATE (UNII: R35D29L3ZA) (PYRILAMINE - UNII:HPE317O9TL)	PYRILAMINE MALEATE	15 mg	
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg	
PAMABROM (UNII: UA8U0KJM72) (BROMOTHEOPHYLLINE - UNII:FZG87K1MQ6)	PAMABROM	25 mg	

Inactive Ingredients		
Ingredient Name	Strength	
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)		
MAGNESIUM STEARATE (UNII: 70097M6I30)		
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)		
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)		
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)		
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)		
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)		
SHELLAC (UNII: 46N107B710)		
STEARIC ACID (UNII: 4ELV7Z65AP)		
TALC (UNII: 7SEV7J4R1U)		
CROSPVIDONE (UNII: 2S7830E561)		

FD&C BLUE NO. 2--ALUMINUM LAKE (UNII: 4AQ3LG584)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
STARCH, CORN (UNII: O8232NY3SJ)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	

Product Characteristics

Color	purple	Score	no score
Shape	CAPSULE (Caplet)	Size	17mm
Flavor		Imprint Code	44;679
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:47682-049-80	40 in 1 BOX	09/26/2022	
1	NDC:47682-049-99	2 in 1 PACKET; Type 0: Not a Combination Product		
2	NDC:47682-049-47	100 in 1 BOX	09/26/2022	
2	NDC:47682-049-99	2 in 1 PACKET; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M027	09/26/2022	

Labeler - Unifirst First Aid Corporation (832947092)

Revised: 6/2024

Unifirst First Aid Corporation