# HANDY SOLUTIONS HEADACHE PAIN RELIEF- acetaminophen, aspirin, caffeine tablet, film coated Navajo Manufacturing Company Inc.

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#### Handy Solutions Headache & Pain Relief

#### **Drug Facts**

#### Active ingredients (in each caplet)

Acetaminophen 250 mg.

Aspirin (NSAID\*) 250 mg

Caffeine 65 mg

\*nonsteroidal anti-inflammatory drug

#### **Purpose**

Pain reliever/fever reducer

Pain reliever/fever reducer

Pain reliever aid

#### Uses

temporarily relieves minor aches and pains due to

- headache muscular aches arthritis pain a cold
- toothache premenstrual and menstrual cramps

## Warnings

**Reye's syndrome:** Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

■ skin reddening ■ blisters ■ rash

If a skin reaction occurs, stop use and seek medical help right away.

**Allergy alert:** Aspirin (NSAIDs) may cause a severe allergic reaction which may include:

■ hives ■ facial swelling ■ asthma (wheezing) ■ shock

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take:

- more than 8 caplets in 24 hours, which is the maximum daily amount
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Stomach bleeding warning:** This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you:

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- take more or for a longer time than directed
- have 3 or more alcoholic drinks every day while using this product

**Caffeine warning:** The recommended dose of this product contains about as much caffeine as a cup of coffee. Limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart beat

#### Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you ever have had an allergic reaction to acetaminophen, aspirin or any other pain relievers/ fever reducers

#### Ask a doctor before use if

- stomach bleeding warning applies to you
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have a history of stomach problems such as heartburn
- you have asthma
- you have liver disease

## Ask a doctor or pharmacist before use if you are

- taking a prescription drug for gout, diabetes, or arthritis
- taking any other drug, or under a doctor's care for any serious condition

## Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding:
- $\blacksquare$  feel faint  $\blacksquare$  vomit blood  $\blacksquare$  have bloody or black stools  $\blacksquare$  have stomach pain that does not get better
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

- ringing in the ears or loss of hearing occurs
- painful area is red or swollen
- any new symptoms appear

These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use. It is especially important not to use aspirin at 20 weeks or later in pregnancy unless specifically directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center

right away. Quick medical attention is critical for adults as well as for children even if you do not notice any

signs or symptoms.

#### **Directions**

- do not use more than directed
- drink a full glass of water with each dose

**Adults and children: (12 years and over)** Take 2 caplets every 6 hours as needed; not more than 8 caplets in 24 hours

Children under 12 years: Ask a doctor

#### Other information

- read all product information before using. Keep box for important information.
- store at room temperature 68°-77°F (20°-25°C)
- avoid excessive heat and humidity
- tamper evident sealed packets
- do not use any opened or torn packets
- each caplet contains: Magnesium 0.58 mg

## Inactive ingredients

colloidal silicon dioxide, hypromellose, microcrystalline cellulose, polyvinyl pyrrolidone, polyethylene glycol, pregelatinized starch, starch 1500, stearic acid, talc

Questions or comments? 1-800-525-5097



## HANDY SOLUTIONS HEADACHE PAIN RELIEF

acetaminophen, aspirin, caffeine tablet, film coated

Product Information					
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:67751-215(NDC:47682-238)		
Route of Administration	ORAL				

Active Ingredient/Active Moiety				
Ingredient Name	<b>Basis of Strength</b>	Strength		
CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E)	CAFFEINE	65 mg		
ACETAMINOPHEN (UNII: 36209ITL9D) (ACETAMINOPHEN - UNII:36209ITL9D)	ACETAMINOPHEN	250 mg		
ASPIRIN (UNII: R16CO5Y76E) (ASPIRIN - UNII:R16CO5Y76E)	ASPIRIN	250 mg		

Inactive Ingredients			
Ingredient Name	Strength		
TALC (UNII: 7SEV7J4R1U)			
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)			
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)			
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)			
STARCH, CORN (UNII: O8232NY3SJ)			
STEARIC ACID (UNII: 4ELV7Z65AP)			
POVIDONE, UNSPECIFIED (UNII: FZ989GH94E)			
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)			

Product Characteristics			
Color	white ((white to off white with specks))	Score	no score
Shape	CAPSULE ((capsule shaped, biconvex))	Size	18mm
Flavor		Imprint Code	S53
Contains			

## **Packaging**

1	#	Item Code	Package Description	Marketing Start Date	Marketing End Date
	1	NDC:67751-215- 01	2 in 1 CARTON	09/23/2021	
	1		2 in 1 PACKET; Type 0: Not a Combination Product		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	09/23/2021	

## **Labeler -** Navajo Manufacturing Company Inc. (091917799)

Establishment				
Name	Address	ID/FEI	<b>Business Operations</b>	
Navajo Manufacturing Company Inc.		136941411	relabel(67751-215)	

Revised: 4/2024 Navajo Manufacturing Company Inc.