

**COLD MULTI-SYMPTOM- acetaminophen, dextromethorphan hbr,  
phenylephrine hcl tablet, film coated  
ARMY AND AIR FORCE EXCHANGE SERVICE**

-----  
**Exchange Select 44-470C-CMS**

***Active ingredients (in each caplet)***

Acetaminophen 325 mg  
Dextromethorphan HBr 10 mg  
Phenylephrine HCl 5 mg

***Purpose***

Pain reliever/fever reducer  
Cough suppressant  
Nasal decongestant

***Uses***

- temporarily relieves these common cold and flu symptoms:
  - minor aches and pains
  - nasal congestion
  - headache
  - cough
  - sinus congestion and pressure
  - sore throat
- helps clear nasal passages
- promotes nasal and sinus drainage
- temporarily reduces fever

***Warnings***

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- blisters
- rash
- skin reddening

If a skin reaction occurs, stop use and seek medical help right away.

**Sore throat warning:** If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

**Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients

**Ask a doctor before use if you have**

- diabetes
- cough that occurs with too much phlegm (mucus)
- difficulty in urination due to enlargement of the prostate gland
- liver disease
- heart disease
- persistent or chronic cough such as occurs with smoking, asthma, or emphysema
- thyroid disease
- high blood pressure

**Ask a doctor or pharmacist before use if you are**

taking the blood thinning drug warfarin.

**When using this product**

**do not exceed recommended dosage.**

**Stop use and ask a doctor if**

- nervousness, dizziness, or sleeplessness occur
- pain, nasal congestion, or cough gets worse or lasts more than 7 days
- new symptoms occur
- fever gets worse or lasts more than 3 days
- redness or swelling is present
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

### ***Directions***

- **do not take more than directed**
- adults and children 12 years and over
  - take 2 caplets every 4 hours
  - swallow whole - do not crush, chew, or dissolve
  - do not take more than 10 caplets in 24 hours
- children under 12 years: ask a doctor

### ***Other information***

- **TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN**
- store at 25°C (77°F); excursions permitted between 15°C-30°C (59°F-86°F)
- see end flap for expiration date and lot number

### ***Inactive ingredients***

corn starch, croscarmellose sodium, crospovidone, flavor, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, povidone, silicon dioxide, stearic acid, sucralose, talc, titanium dioxide

### ***Questions or comments?***

**1-800-426-9391**

### **Principal Display Panel**

**exchange ✓ select™**

Pseudoephedrine Free

***COLD  
MULTI-SYMPTOM***

**Acetaminophen,**  
Dextromethorphan HBr, Phenylephrine HCl  
Pain reliever/Fever reducer, Cough suppressant &  
Nasal decongestant

#### **Relieves:**

- Headache
- Fever
- Sore Throat
- Coughing
- Nasal Congestion

Actual Size

**24** Caplets

✓ quality  
value

**TAMPER EVIDENT: DO NOT USE IF PACKAGE IS  
OPENED OR IF BLISTER UNIT IS TORN, BROKEN  
OR SHOWS ANY SIGNS OF TAMPERING**

**"SATISFACTION GUARANTEED OR YOUR MONEY BACK"**

Manufactured For Your Military Exchanges

Distributed by: LNK International, Inc.

Hauppauge, NY 11788

1-800-426-9391

50844 REV0722B47008

**Drug Facts** (continued)  
 COMPLETE PRODUCT INFORMATION  
 KEEP OUTER PACKAGE FOR

**Drug Facts**  
 (in each caplet)  
 Acetaminophen 325 mg... Pain reliever/fever reducer  
 Dextromethorphan HBr 10 mg... Cough suppressant  
 Phenylephrine HCl 5 mg... Nasal decongestant

**Uses**  
 Temporarily relieves these common cold and flu symptoms:  
 ■ minor aches and pains  
 ■ nasal congestion  
 ■ headache  
 ■ cough  
 ■ sinus congestion and pressure  
 ■ sore throat  
 ■ helps clear nasal passages

exchange **select**

Pseudoephedrine Free

# COLD

## MULTI-SYMPOM

**Acetaminophen,**  
 Dextromethorphan HBr, Phenylephrine HCl  
 Pain reliever/Fever reducer, Cough suppressant &  
 Nasal decongestant

- Relieves:**
- Headache
  - Fever
  - Sore Throat
  - Cough
  - Nasal Congestion



Actual Size

24 Caplets

quality value

No print area  
 Lot no. & Exp. Date

"SATISFACTION GUARANTEED OR YOUR MONEY BACK"  
 Manufactured for Your Military Exchanges  
 Distributed by: LNK International, Inc.  
 Hauppauge, NY 11788  
 1-800-426-9391

**PARENTS:**  
 Learn about teen medicine abuse  
[www.StopMedicineAbuse.org](http://www.StopMedicineAbuse.org)

**Drug Facts** (continued)  
 Questions or comments? 1-800-426-9391

**TAMPER EVIDENT: DO NOT USE IF PACKAGE IS OPENED OR IF BLISTER UNIT IS TORN, BROKEN OR SHOWS ANY SIGNS OF TAMPERING**

50844 REV0722847008  
  
 7

**Drug Facts** (continued)  
 DO NOT USE IF OUTER PACKAGE IS OPENED OR  
 BLISTER IS TORN OR BROKEN  
 ■ store at 25°C (77°F); excursions permitted  
 between 15°-30°C (59°-86°F)  
 ■ see end flap for expiration date and lot number

**Other Information** ■ TAMPER EVIDENT:  
 ■ Inactive ingredients: corn starch,  
 croscarmellose sodium, crospovidone, flavor,  
 magnesium stearate, microcrystalline cellulose,  
 polyethylene glycol, polyvinyl alcohol, povidone, silicon  
 dioxide, stearic acid, sucralose, talc, titanium dioxide

**Drug Facts** (continued)  
 for more than 2 days, is accompanied or followed by  
 fever, headache, rash, nausea, or vomiting, consult a  
 doctor promptly.

**Do not use**  
 ■ with any other drug containing acetaminophen  
 (prescription or nonprescription). If you are not  
 sure whether a drug contains acetaminophen, ask a  
 doctor or pharmacist.  
 ■ if you are now taking a prescription monoamine  
 oxidase inhibitor (MAOI) (certain drugs for  
 depression, psychiatric or emotional conditions, or  
 Parkinson's disease), or for 2 weeks after stopping  
 the MAOI drug. If you do not know if your  
 prescription drug contains an MAOI, ask a doctor  
 or pharmacist before taking this product.  
 ■ if you have ever had an allergic reaction to this  
 product or any of its ingredients

**Ask a doctor before use if you have** ■ diabetes  
 ■ cough that occurs with too much phlegm (mucus)

**Directions**  
 ■ do not take more than directed  
 ■ adults and children 12 years and over  
 ■ take 2 caplets every 4 hours  
 ■ swallow whole - do not crush, chew, or dissolve  
 ■ do not take more than 10 caplets in 24 hours  
 ■ children under 12 years: ask a doctor

any signs or symptoms.  
 ■ if pregnant or breast-feeding, ask a health  
 professional before use.  
 ■ Keep out of reach of children. In case of overdose,  
 get medical help or contact a Poison Control Center  
 right away. Prompt medical attention is critical for  
 adults as well as for children even if you do not notice  
 any signs or symptoms.

■ cough comes back or occurs with rash or headache  
 that lasts. These could be signs of a serious  
 condition.

B-00866-470008CMSR  
 REV0722847008



### Exchange Select 44-470

## COLD MULTI-SYMP TOM

acetaminophen, dextromethorphan hbr, phenylephrine hcl tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:55301-470
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	325 mg
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RT19KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	10 mg
<b>PHENYLEPHRINE HYDROCHLORIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	5 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)	
<b>CROSCARMELOSE SODIUM</b> (UNII: M28OL1HH48)	
<b>CROSPVIDONE, UNSPECIFIED</b> (UNII: 2S7830E561)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6130)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POLYVINYL ALCOHOL, UNSPECIFIED</b> (UNII: 532B59J990)	
<b>POVIDONE, UNSPECIFIED</b> (UNII: FZ989GH94E)	
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	
<b>TALC</b> (UNII: 7SEV7J4R1U)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

**Product Characteristics**

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	17mm
<b>Flavor</b>	MENTHOL	<b>Imprint Code</b>	44;470
<b>Contains</b>			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-470-08	2 in 1 CARTON	07/15/2005	
1		12 in 1 BLISTER PACK; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	07/15/2005	

**Labeler** - ARMY AND AIR FORCE EXCHANGE SERVICE (001695568)**Establishment**

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867837	manufacture(55301-470) , pack(55301-470)

**Establishment**

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		832867894	manufacture(55301-470)

**Establishment**

Name	Address	ID/FEI	Business Operations
LNK International, Inc.		117025878	manufacture(55301-470)

Revised: 10/2023

ARMY AND AIR FORCE EXCHANGE SERVICE