

**FIBER LAXATIVE- calcium polycarbophil tablet**  
**Magno-Humphries, Inc.**

-----  
**MAGNO-HUMPHRIES - FIBER LAXATIVE (54257-479)**

***Active ingredient (in each caplet)***

Calcium polycarbophil 625 mg  
(Equivalent to 500 mg polycarbophil)

**Purpose**

Bulk-forming laxative

***Uses***

- relieves occasional constipation to help restore and maintain regularity
- this product generally produces bowel movement in 12 to 72 hours

***Warnings***

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks

Ask a doctor or pharmacist before use if you are taking any other drug. Take this product 2 or more hours before or after other drugs.

All laxatives may affect how other drugs work.

When using this product

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 caplets in a 24 hour period unless directed by a doctor

Stop use and ask a doctor if rectal bleeding occurs or if you fail to have a bowel movement after use of this or any other laxative. These could be signs of a serious condition.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

***Directions***

- take this product (child or adult dose) with a full glass of water (8 oz.) or other fluid.

Taking this product without enough liquid may

cause choking. See choking warning.

- dosage will vary according to diet, exercise, previous laxative use or severity of constipation
- continued use for 1 to 3 days is normally required to provide full benefit
- adults and children 12 years of age and over: 2 caplets once a day up to 4 times a day
- children under 12 years of age: ask a doctor

### **Other information**

- each caplet contains: calcium 125 mg
- store at 20°-25°C (68°-77°F)
- protect contents from moisture

### **Inactive ingredients**

calcium carbonate, caramel color, crospovidone, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, silicon dioxide, sodium lauryl sulfate.

### **Questions?**

call toll-free 1-800-935-6737

**MHL**®

NDC 54257-479-07

Compare to the active ingredient in FiberCon®\*

# FIBER LAXATIVE

## CALCIUM POLYCARBOPHIL

- RELIEVES CONSTIPATION
- 250 mg of CALCIUM PER DOSE
- GENTLE ENOUGH TO USE EVERYDAY

90 CAPLETS

0 43292 79007 5

DO NOT USE IF PRINTED SEAL UNDER CAP IS MISSING OR DAMAGED

## Drug Facts

<b>Active ingredient (in each caplet)</b>	<b>Purpose</b>
---	----------------

Calcium polycarbophil 625 mg ..... Bulk-forming laxative (Equivalent to 500 mg polycarbophil)	
--	--

## Uses

- relieves occasional constipation to help restore and maintain regularity
- this product generally produces bowel movement in 12 to 72 hours

## Warnings

**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

### Ask a doctor before use if you have

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks

**Ask a doctor or pharmacist before use if you are** taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

### When using this product

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 caplets in a 24 hour period unless directed by a doctor

**Stop use and ask a doctor if** rectal bleeding occurs or if you fail to have a bowel movement after use of this or any other laxative. These could be signs of a serious condition.

LIFT HERE



PEEL FOR DIRECTIONS

G7904-090-01-0

## Drug Facts (continued)

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

### Directions

- take this product (child or adult dose) with a full glass of water (8 oz.) or other fluid. Taking this product without enough liquid may cause choking. See choking warning.
- dosage will vary according to diet, exercise, previous laxative use or severity of constipation
- continued use for 1 to 3 days is normally required to provide full benefit
- **adults and children 12 years of age and over:** 2 caplets once a day up to 4 times a day
- **children under 12 years of age:** ask a doctor

### Other information

- **each caplet contains:** calcium 125 mg
- store at 20°-25°C (68°-77°F)
- protect contents from moisture

### Inactive ingredients

calcium carbonate, caramel color, crospovidone, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, silicon dioxide, sodium lauryl sulfate.

**Questions?** call toll-free **1-800-935-6737**

\*This product is not manufactured or distributed by the owner of the registered trademark FiberCor®

Distributed by: **Magno-Humphries Labs** Tigard, OR 97223 U.S.A.

Visit our website: [www.magno-humphries.com](http://www.magno-humphries.com)

## FIBER LAXATIVE

calcium polycarbophil tablet

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:54257-479
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>CALCIUM POLYCARBOPHIL</b> (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII:W25LM17A4W)	CALCIUM POLYCARBOPHIL	625 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>CALCIUM CARBONATE</b> (UNII: H0G9379FGK)	
<b>CROSPVIDONE</b> (UNII: 2S7830E561)	
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)	
<b>CARAMEL</b> (UNII: T9D99G2B1R)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6130)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	

<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)	
<b>SODIUM LAURYL SULFATE</b> (UNII: 368GB5141J)	

### Product Characteristics

<b>Color</b>	white (Off-White)	<b>Score</b>	no score
<b>Shape</b>	OVAL (Caplet)	<b>Size</b>	18mm
<b>Flavor</b>		<b>Imprint Code</b>	RP120
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:54257-479-07	90 in 1 BOTTLE; Type 0: Not a Combination Product	07/25/2022	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	07/25/2022	

**Labeler** - Magno-Humphries, Inc. (063251433)

Revised: 1/2024

Magno-Humphries, Inc.