

**DISCOUNT DRUG MART ENEMA- sodium phosphate enema enema
DISCOUNT DRUG MART, INC.**

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Active ingredients (in each 118 mL delivered dose)

Dibasic sodium phosphate 7 g

Monobasic sodium phosphate 19 g

Purpose

Saline laxative

Uses

- relieves occasional constipation

Warnings

For rectal use only

Dosage warning: Using more than one enema in 24 hours can be harmful.

Ask a doctor before use if you have

- a sodium-restricted diet
- abdominal pain, nausea or vomiting
- kidney disease, heart problems, or are dehydrated
- noticed a sudden change in bowel habits that lasts over 2 weeks

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

When using this product

- do not use more than directed. Serious side effects may occur from excess dosage.
- do not use for more than 3 days

Stop use and ask a doctor if

- you have rectal bleeding
- you have no bowel movement after use of a laxative

These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

Directions

Do not use more unless directed by a doctor. See Warnings.

adults & children 12 years and over	one bottle once daily
children 2 to under 12 years	½ bottle once daily Discard unused portion
children under 2 years	do not use

Caution:

REMOVE GREEN PROTECTIVE SHIELD BEFORE INSERTING; HOLD BOTTLE UPRIGHT, GRASPING BOTTLE CAP WITH FINGERS. GRASP PROTECTIVE SHIELD WITH OTHER HAND AND PULL GENTLY TO REMOVE.



Positioning:

Left-side position: Lie on left side with knee bent and arms at rest.



Knee-chest position:

Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



Administering enema:

- With steady pressure, gently insert enema with tip pointing toward navel
- squeeze bottle until recommended dose is expelled (it is not necessary to empty until completely. Bottle contains more liquid than needed for effective use. A small amount of liquid will remain in bottle after squeezing).
- Remove tip from rectum.
- stop using if tip is hard to insert. Forcing the tip into rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- maintain position until urge to evacuate is strong (usually 1 to 5 minutes)
- if no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

Other information

- each 118 mL contains: sodium 4.3 g
- store at room temperature 20°-25°C (68°-77°F)
- this product generally produces bowel movement in 1 to 5 minutes

Inactive ingredients

benzalkonium chloride, disodium EDTA, purified water

Questions or comments?

1-800-633-5463

Principal Display Panel

NDC 53943-005-11

Compare to the active ingredients in Fleet® Saline Enema*

Discount Drug Mart

Food Fair

READY-TO-USE

Enema

Saline Laxative

For Relief Of Occasional Constipation

Pre-mixed

soft, flexible comfort tip

Latex Free

4.5 FL OZ (133ml)

CAUTION: Remove green protective shield before inserting; hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



Positioning:

Left-side position: lie on left side with knee bent and arms at rest.



Knee-chest position: kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



Administering enema:

- with steady pressure, gently insert enema with tip pointing toward navel
- squeeze bottle until recommended dose is expelled (it is not necessary to empty unit completely. Bottle contains more liquid than needed for effective use. A small amount of liquid will remain in bottle after squeezing.)
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*This product is not manufactured or distributed by C.B. Fleet Co., Inc., the distributor of Fleet® Saline Enema.



distributed by:
Discount Drug Mart
211 Commerce Dr.
Medina, OH 44256
Made in the U.S.A.
RL13CTR

REF DDMPH124



0 93351 01563 2

NDC 53943-005-11



Compare to the
active ingredients in
Fleet® Saline Enema*

ENEMA

SALINE LAXATIVE

READY-TO-USE

**For relief of occasional
constipation**

Pre-mixed

**Soft, flexible
lubricated tip**

Latex-free



4.5 FL OZ (133 mL)

NDC 53943-005-11



**READY-TO-USE
LATEX-FREE ENEMA
SALINE LAXATIVE**

**For relief of occasional
constipation**

Pre-mixed

Soft, flexible lubricated tip

Latex-free

Protective shield
prevents
contamination

Safety seal for
added protection

Comfortable,
lubricated tip for
ease of insertion

One-way safety valve
controls flow and
prevents reflux

Soft squeeze
bottle



**TAMPER EVIDENT:
BOTTLE SEALED FOR SAFETY.
DO NOT USE IF PRINTED SEAL
AROUND NECK OF BOTTLE
IS BROKEN OR MISSING.**

Drug Facts

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(in each 118 mL
delivered dose)**

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See Warnings.

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SATISFACTION GUARANTEED

IF DISSATISFIED, RETURN UNUSED PORTION AND PACKAGE TO STORE WHERE PURCHASED. IF UNABLE TO RETURN TO STORE, SEND REASON FOR DISSATISFACTION, NAME, ADDRESS AND EMPTY PACKAGE TO: DISCOUNT DRUG MART, 211 COMMERCE DRIVE, MEDINA, OHIO 44256

DISCOUNT DRUG MART ENEMA

sodium phosphate enema enema

Product Information

Product Type

HUMAN OTC DRUG

Item Code (Source)

NDC:53943-005

Route of Administration RECTAL

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM PHOSPHATE, DIBASIC (UNII: GR686LBA74) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)	SODIUM PHOSPHATE, DIBASIC	7 g in 118 mL
SODIUM PHOSPHATE, MONOBASIC (UNII: 3980JIH2SW) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)	SODIUM PHOSPHATE, MONOBASIC	19 g in 118 mL

Inactive Ingredients

Ingredient Name	Strength
BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)	
EDETATE DISODIUM (UNII: 7FLD91C86K)	
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53943-005-11	1 in 1 CARTON		
1		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:53943-005-35	2 in 1 CARTON		
2		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	12/27/2013	

Labeler - DISCOUNT DRUG MART, INC. (047741335)

Revised: 6/2015

DISCOUNT DRUG MART, INC.