

SLEEP CALM- hyoscyamus niger, nutmeg, passiflora incarnata flowering top, datura stramonium pellet
Boiron

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

SleepCalm Pellets

Active ingredients (in each pellet)**

Hyoscyamus niger 3C HPUS (0.11 mg) (contains less than 10⁻⁹ mg atropine alkaloids)

Nux moschata 4C HPUS (0.11 mg)

Passiflora incarnata 3X HPUS (0.11 mg)

Stramonium 6X HPUS (0.11 mg) (contains less than 10⁻⁹ mg atropine alkaloids)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Hyoscyamus niger 3C HPUS (0.11 mg) ... Relieves restless sleep associated with nervousness

Nux moschata 4C HPUS (0.11 mg) ... Relieves restless sleep

Passiflora incarnata 3X HPUS (0.11 mg) ... Relieves sleeplessness associated with worries and exhaustion

Stramonium 6X HPUS (0.11 mg) ... Relieves sleeplessness with intermittent awakening

Uses*

- temporarily relieves:
- occasional sleeplessness
- restless sleep
- intermittent awakening

- helps reduce difficulty falling asleep due to:
- nervousness
- worries

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks or worsens. Insomnia may be a symptom of a serious underlying illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: Dissolve 5 pellets under the tongue at bedtime.
- Children under 12 years of age: Ask a doctor.

lactose, sucrose

BoironUSA.com

Info@Boiron.Com

1-800-264-7661

Made in France

Distributed by

Boiron, Inc.

Newtown Square, PA 19073

Melatonin-Free

Sleep Relief*

do not use if glued carton end flaps are open or if pellet dispenser seal is broken

contains 0.25 g of sugar per dose

Calms Restless Mind*

No Known Drug Interactions

2 PORTABLE TUBES

APPROX. 80 PELLETS EACH

TOTAL 160 PELLETS

Tube - Contains approx. 80 pellets, 3.8g, (0.13 oz)

Tube - Do not use if pellet dispenser seal is broken.

Turn tube upside down

Twist until 5 pellets are dispensed

Remove cap and pour pellets under the tongue

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

**C,K,CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Drug Facts

Active ingredients* (in each pellet) Purpose

Hyocyamus nigr 3C HPUS (0.11 mg) (contains less than 10 ⁻⁶ mg atropine alkaloids)	Relieves restless sleep associated with nervousness
Nux moschata 4C HPUS (0.11 mg)	Relieves restless sleep
Passiflora incarnata 3X HPUS (0.11 mg)	Relieves sleeplessness associated with worries and exhaustion
Stramonium 6X HPUS (0.11 mg) (contains less than 10 ⁻⁶ mg atropine alkaloids)	Relieves sleeplessness with intermittent awakening

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Uses*

- temporarily relieves:
 - occasional sleeplessness
 - restless sleep
 - intermittent awakening
- helps reduce difficulty falling asleep due to:
 - nervousness
 - worries

Warnings

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Drug Facts (continued)

Directions

- Adults and children 12 years of age and older: Dissolve 5 pellets under the tongue at bedtime.
- Children under 12 years of age: Ask a doctor.

Other information

- do not use if glued carton end flaps are open or if pellet dispenser seal is broken
- contains 0.25 g of sugar per dose

Inactive ingredients

lactose, sucrose

Questions or comments?

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Info@Boiron.com
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NDC 0220-9311-42



MELATONIN-FREE

SLEEP RELIEF*

Help Your Body
the Natural Way

SleepCalm®
ON THE GO

HOMEOPATHIC MEDICINE

- Calms Restless Mind*
- No Known Drug Interactions

2 PORTABLE TUBES
APPROX. 80 PELLETS EACH
TOTAL 160 PELLETS



BOIRON®

World Leader in
Homeopathic Medicines

SLEEP RELIEF NDC 0220-8311-41
 Distributed by Boiron Inc. Made in France
SleepCalm ON THE GO 1-800-264-7661 BoironUSA.com
HOMEOPATHIC MEDICINE

Easy Dispensing Tube

Turn tube upside down
 Twist until 5 pellets are dispensed
 Remove cap and place pellets under the tongue

Do not use if pellet dispenser seal is broken.
Peel for Drug Facts and Directions.

Boiron® Turn tube upside down & twist cap.
 SleepCalm® On the Go Contains approx. 30 pellets, 3.8 g (0.13 oz)

Drug Facts

Active Ingredients	Purpose
Hyocyamus niger 3C HPUS.....	Relieves restlessness associated with nervousness
Nux moschata 4C HPUS.....	Relieves restlessness
Passiflora incarnata 3X HPUS.....	Relieves sleeplessness associated with worry and exhaustion
Stramonium 6X HPUS.....	Relieves sleeplessness with intermittent awakening

Uses

- temporarily relieves:
 - occasional sleeplessness
 - intermittent awakening
 - helps reduce difficulty falling asleep due to:
 - nervousness
 - worries
- restless sleep

Warnings

Stop use and ask a doctor if sleeplessness persists continuously for more than 2 weeks or worsens. Insomnia may be a symptom of a serious underlying illness.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- Adults and children 12 years of age and older: Dissolve 5 pellets under the tongue at bedtime.
- Children under 12 years of age: Ask a doctor.

Other information contains 0.25 g of sugar per dose

Inactive ingredients lactose, sucrose



The Boiron Promise

Your health deserves the greatest respect. That's why we're committed to your satisfaction. Please visit BoironUSA.com/promise for details.

Made in France
Distributed by
Boiron Inc.
Newtown Square, PA
19073

♻️ please recycle



Drug Facts

Active ingredientsTM (in each pellet) **Purpose**
 Hyoscyamus niger 3C HPUS (0.11 mg).....Relieves restless sleep associated with nervousness (contains less than 10⁻⁴ mg alkaloids)
 Nux moschata 4C HPUS (0.11 mg).....Relieves restless sleep
 Passiflora incarnata 3X HPUS (0.11 mg).....Relieves sleeplessness associated with worries and exhaustion
 Stramonium 6X HPUS (0.11 mg).....Relieves sleeplessness (contains less than 10⁻⁴ mg alkaloids) with intermittent awakening
 The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Uses
 ■ temporarily relieves
 ■ occasional sleeplessness ■ restless sleep
 ■ intermittent awakening
 ■ helps reduce difficulty falling asleep due to:
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Warnings
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TMC, K, CK, and X are homeopathic dilutions: see BoironUSA.com/info for details.

Drug Facts (continued)

Directions
 ■ Adults and children 12 years of age and older: Dissolve 5 pellets under the tongue at bedtime.
 ■ Children under 12 years of age: Ask a doctor.

Other information
 ■ do not use if glued carton and flaps are open or if pellet dispenser seal is broken
 ■ contains 0.25 g of sugar per dose

Inactive ingredients
 lactose, sucrose

Questions or comments?
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 1-800-264-7661

NDC 0220-9311-42



Help Your Body the Natural Way
SleepCalm[®] ON THE GO
 HOMEOPATHIC MEDICINE
 ■ Plant-Powered Relief
 ■ Meltaway Pellets

2 PORTABLE TUBES
 APPROX. 80 PELLETS EACH
 TOTAL 160 PELLETS



BOIRON[®]
 World Leader in Homeopathic Medicines

SLEEP RELIEF

NDC 0220-9311-41
 Distributed by
 Boiron Inc.
 Made in France
 1-800-264-7661
BoironUSA.com



HOMEOPATHIC MEDICINE

Easy Dispensing Tube



ETA 1H9D

Do not use if pellet dispenser seal is broken.
Peel for Drug Facts and Directions.

SleepCalm[®] On the Go Contains approx. 80 pellets, 3.8 g (0.13 oz)

BOIRON[®] Turn tube upside down & twist cap.

Drug Facts

Active ingredients **Purpose**
 Hyoscyamus niger 3C HPUS.....Relieves restless sleep associated with nervousness
 Nux moschata 4C HPUS.....Relieves restless sleep
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Other information contains 0.25 g of sugar per dose

Inactive ingredients lactose, sucrose

SLEEP CALM

hyoscyamus niger, nutmeg, passiflora incarnata flowering top, datura stramonium pellet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0220-9311
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
HYOSCYAMUS NIGER (UNII: 4WRK2153H3) (HYOSCYAMUS NIGER - UNII:4WRK2153H3)	HYOSCYAMUS NIGER	3 [hp_C]
DATURA STRAMONIUM (UNII: G6W4F0V8Z3) (DATURA STRAMONIUM - UNII:G6W4F0V8Z3)	DATURA STRAMONIUM	6 [hp_X]
PASSIFLORA INCARNATA TOP (UNII: CLF5YFS110) (PASSIFLORA INCARNATA TOP - UNII:CLF5YFS110)	PASSIFLORA INCARNATA TOP	3 [hp_X]
NUTMEG (UNII: AEE24M3MQ9) (NUTMEG - UNII:AEE24M3MQ9)	NUTMEG	4 [hp_C]

Inactive Ingredients

Ingredient Name	Strength
LACTOSE, UNSPECIFIED FORM (UNII: J2B2A4N98G)	
SUCROSE (UNII: C151H8M554)	

Product Characteristics

Color	white	Score	
Shape	ROUND	Size	4mm
Flavor		Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0220-9311-42	2 in 1 BOX	04/27/2022	
1	NDC:0220-9311-41	80 in 1 TUBE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		04/27/2022	

Labeler - Boiron (282560473)

Registrant - Boiron, Inc. (014892269)

Establishment

Name	Address	ID/FEI	Business Operations
Boiron		282560473	manufacture(0220-9311)

Revised: 4/2024

Boiron