

**RELIEVE REMEDY NO. 21- apis mellifica, chamomilla, cimicifuga racemosa, cyclamen europaeum, helonias dioica, ignatia amara, lac caninum, lycopodium clavatum, natrum muriaticum, nux vomica, platinum metallicum, sepia liquid
Speer Laboratories, LLC**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Relieve Remedy No. 21

Active Ingredients HPUS: Apis mellifica, Chamomilla, Cimicifuga racemosa, Cyclamen europaeum, Helonias dioica, Ignatia amara, Lac caninum, Lycopodium clavatum, Natrum muriaticum, Nux vomica, Platinum metallicum, Sepia.

Equal volumes of each ingredient in: 10X, 30X, LM1 potencies

HPUS indicates that this ingredient is officially part of the Homeopathic Pharmacopeia of the United States.

Inactive Ingredients: Citric acid, Potassium sorbate, Purified water.

Uses: Temporarily relieves symptoms of PMS:

- mood swings
- irritability
- water retention
- bloating
- cramping
- sensitive breasts
- sensitivity
- weariness
- weight gain
- swelling
- headaches

Directions:

Hold close to mouth and spray directly into mouth. Use 3 times daily. Use additionally as needed. For adults only. Adult dose: 3 pump sprays.

Keep out of reach of children.

Warnings: Stop use and ask a doctor if symptoms persist, worsen or if new symptoms occur. **If pregnant or breastfeeding**, consult a doctor before use.

Tamper resistant for your protection. Use only if safety seal is still intact.

Uses: Temporarily relieves symptoms of PMS: mood swings, irritability, water retention, bloating, cramping, sensitive breasts, sensitivity, weariness, weight gain, swelling, headaches

SAFE & NATURAL

USES:
Temporarily relieves symptoms of PMS:


- Mood Swings
- Irritability
- Water Retention
- Bloating
- Cramping
- Sensitive Breasts
- Sensitivity
- Weariness
- Weight Gain
- Swelling
- Headaches

DIRECTIONS:
Hold close to mouth and spray directly into mouth. Use 3 times daily. Use additionally as needed. For adults only. Adult Dose: 3 pump sprays.


WARNINGS:
KEEP OUT OF REACH OF CHILDREN
Stop use and ask a doctor if symptoms persist, worsen or if new symptoms occur. If pregnant or breastfeeding, consult a doctor before use.

OTHER INFORMATION:
Tamper resistant for your protection. Use only if safety seal is still intact.

NDC# 55926-0021-2



21c
NATURAL REMEDIES
FOR THE 21ST CENTURY



RELIEVE™
REMEDY NO. 21

ALCOHOL-FREE • 2 FL OZ (59 ML)

Taste-Free, Pure Water Base

ACTIVE INGREDIENTS HPUS:
Apis mel, Chamomila, Cimicifuga, Cyclamen, Helonias, Ignatia, Lac can, Lycopodium, Nat mur, Nux vom, Platinum, met, Sepia

**Equal volumes of each ingredient in:
10X, 30X, LM1 potencies**

*HPUS indicates that this ingredient is officially part of the Homeopathic Pharmacopeia of the United States.

INACTIVE INGREDIENTS:
Citric acid, Potassium sorbate, Purified water

Distributed by: **21c Remedies, LLC**
Pompano Beach, FL 33060
MADE IN THE USA

1.855.881.3900 • www.21cRemedies.com

RELIEVE REMEDY NO. 21

apis mellifica, chamomilla, cimicifuga racemosa, cyclamen europaeum, helonias dioica, ignatia amara, lac caninum, lycopodium clavatum, natrum muriaticum, nux vomica, platinum metallicum, sepia liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55926-0021
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
APIS MELLIFERA (UNII: 7S82P3R43Z) (APIS MELLIFERA - UNII:7S82P3R43Z)	APIS MELLIFERA	10 [hp_X] in 59 mL
MATRICARIA RECUTITA (UNII: G0R4UBI2ZZ) (MATRICARIA RECUTITA - UNII:G0R4UBI2ZZ)	MATRICARIA RECUTITA	10 [hp_X] in 59 mL
BLACK COHOSH (UNII: K73E24S6X9) (BLACK COHOSH - UNII:K73E24S6X9)	BLACK COHOSH	10 [hp_X] in 59 mL
CYCLAMEN PURPURASCENS TUBER (UNII: G728143D8Q) (CYCLAMEN PURPURASCENS TUBER - UNII:G728143D8Q)	CYCLAMEN PURPURASCENS TUBER	10 [hp_X] in 59 mL
CHAMAELIRIUM LUTEUM ROOT (UNII: DQV54Y5H3U) (CHAMAELIRIUM LUTEUM ROOT - UNII:DQV54Y5H3U)	CHAMAELIRIUM LUTEUM ROOT	10 [hp_X] in 59 mL
STRYCHNOS IGNATII SEED (UNII: 1NM3M2487K) (STRYCHNOS IGNATII SEED - UNII:1NM3M2487K)	STRYCHNOS IGNATII SEED	10 [hp_X] in 59 mL
CANIS LUPUS FAMILIARIS MILK (UNII: G39P120JQT) (CANIS LUPUS FAMILIARIS MILK - UNII:G39P120JQT)	CANIS LUPUS FAMILIARIS MILK	10 [hp_X] in 59 mL
LYCOPodium CLAVATUM SPORE (UNII: C88X29Y479) (LYCOPodium CLAVATUM SPORE - UNII:C88X29Y479)	LYCOPodium CLAVATUM SPORE	10 [hp_X] in 59 mL
SODIUM CHLORIDE (UNII: 451W47IQ8X) (CHLORIDE ION - UNII:Q32ZN48698)	SODIUM CHLORIDE	10 [hp_X] in 59 mL
STRYCHNOS NUX-VOMICA SEED (UNII: 269XH13919) (STRYCHNOS NUX-VOMICA SEED - UNII:269XH13919)	STRYCHNOS NUX-VOMICA SEED	10 [hp_X] in 59 mL
PLATINUM (UNII: 49DFR088MY) (PLATINUM - UNII:49DFR088MY)	PLATINUM	10 [hp_X] in 59 mL
SEPIA OFFICINALIS JUICE (UNII: QDL83WN8C2) (SEPIA OFFICINALIS JUICE - UNII:QDL83WN8C2)	SEPIA OFFICINALIS JUICE	10 [hp_X] in 59 mL

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55926-0021-2	59 mL in 1 BOTTLE, SPRAY		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		07/17/2013	

Labeler - Speer Laboratories, LLC (064900125)

Registrant - Speer Laboratories, LLC (064900125)

Establishment

Name	Address	ID/FEI	Business Operations
King Bio Inc.		617901350	api manufacture(55926-0021)

Revised: 7/2013

Speer Laboratories, LLC