

MUCUS RELIEF DM- dextromethorphan hbr and guaifenesin tablet, film coated
ARMY AND AIR FORCE EXCHANGE SERVICE

Exchange Select 44-533

Active ingredients (in each immediate-release tablet)

Dextromethorphan HBr 20 mg
Guaifenesin 400 mg

Purpose

Cough suppressant
Expectorant

Uses

- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive
- temporarily relieves:
 - the intensity of coughing
 - the impulse to cough to help you get to sleep
 - cough due to minor throat and bronchial irritation associated with the common cold

Warnings

Do not use

if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have

- cough accompanied by too much phlegm (mucus)
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema

When using this product

do not exceed recommended dosage.

Stop use and ask a doctor if

cough persists more than 7 days, tends to recur, or is accompanied by a fever, rash, or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- take with a full glass of water
- adults and children 12 years and over: 1 tablet every 4 hours. Do not take more than 6 tablets in 24 hours.
- children under 12 years: do not use

Other information

- **TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN**
- see end flap for expiration date and lot number
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)

Inactive ingredients

D&C yellow #10 aluminum lake, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, povidone, silicon dioxide, sodium starch glycolate, stearic acid

Questions or comments?

1-800-426-9391

Principal Display Panel

exchange/**select**[™]

MAXIMUM STRENGTH

Mucus Relief DM

Dextromethorphan HBr 20 mg, Guaifenesin 400 mg

Cough Suppressant
Expectorant

Immediate Release

Controls Cough
Thins & Loosens Mucus

4 Hours of Relief

Film Coated

30 Tablets

Actual Size

✓ **quality value**

"SATISFACTION GUARANTEED OR YOUR MONEY BACK"

Manufactured For Your Military Exchanges

Distributed by: LNK International, Inc.

Hauppauge, NY 11788

1-800-426-9391

50844 REV0118E53301

**TAMPER EVIDENT: DO NOT USE IF PACKAGE IS OPENED OR IF BLISTER UNIT IS
TORN, BROKEN OR SHOWS ANY SIGNS OF TAMPERING**

PARENTS:

Learn about teen medicine abuse

www.StopMedicineAbuse.org

exchange select™

MAXIMUM STRENGTH

Mucus Relief DM

Dextromethorphan HBr 20 mg, Guaifenesin 400 mg

exchange select™

MAXIMUM STRENGTH

Mucus Relief DM

Dextromethorphan HBr 20 mg, Guaifenesin 400 mg

Cough Suppressant
Expectorant



Immediate Release

Controls Cough
Thins & Loosens Mucus



Actual Size

quality
value

Film Coated
30 Tablets

exchange select™

MAXIMUM STRENGTH

Mucus Relief DM

Dextromethorphan HBr 20 mg
Guaifenesin 400 mg

Cough Suppressant
Expectorant

Immediate
Release

Controls Cough
Thins & Loosens Mucus

Film Coated
30 Tablets

No Print Area



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REV0118E53301

PARENTS:

Learn about teen medicine abuse

www.StopMedicineAbuse.org

TAMPER EVIDENT: DO NOT USE IF
PACKAGE IS OPENED OR IF BLISTER
UNIT IS TORN, BROKEN OR SHOWS
ANY SIGNS OF TAMPERING

50844 REV0118E53301

"SATISFACTION GUARANTEED OR YOUR MONEY BACK"
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1-800-426-9391

Uses ■ helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive ■ temporarily relieves: ■ the intensity of coughing ■ the impulse to cough to help you get to sleep ■ cough due to minor throat and bronchial irritation associated with the common cold

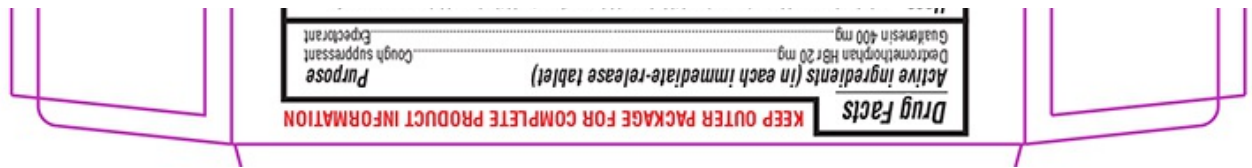
Warnings ■ Do not use if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product. ■ Ask a doctor before use if you have ■ cough accompanied by too much phlegm (mucus) ■ persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema. ■ When using this product do not exceed recommended dosage. ■ Stop use and ask a doctor if cough persists more than 7 days, tends to recur, or is accompanied by a fever, rash, or persistent headache. These could be signs of a serious condition. ■ If pregnant or breast-feeding, ask a health professional before use. ■ Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ Take with a full glass of water ■ adults and children 12 years and over: 1 tablet every 4 hours. Do not take more than 6 tablets in 24 hours. ■ children under 12 years: do not use

Other information ■ TAMPER EVIDENT: DO NOT USE IF OUTER PACKAGE IS OPENED OR BLISTER IS TORN OR BROKEN ■ see end flap for expiration date and lot number ■ store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)

Inactive ingredients 0.8c yellow #10 aluminum lake, hypromellose, magnesium stearate, malto-dextrin, microcrystalline cellulose, polyethylene glycol, polydioxane, silicon dioxide, sodium starch glycolate, stearic acid

Questions or comments? 1-800-426-9391



Exchange Select 44-533

MUCUS RELIEF DM

dextromethorphan hbr and guaifenesin tablet, film coated

Product Information

| | | | |
|--------------------------------|----------------|---------------------------|---------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:55301-533 |
| Route of Administration | ORAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|---|----------------------------------|----------|
| DEXTROMETHORPHAN HYDROBROMIDE (UNII: 9D2RT19KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS) | DEXTROMETHORPHAN HYDROBROMIDE | 20 mg |
| GUAIFENESIN (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ) | GUAIFENESIN | 400 mg |

Inactive Ingredients

| Ingredient Name | Strength |
|---|----------|
| D&C YELLOW NO. 10 ALUMINUM LAKE (UNII: CQ3XH3DET6) | |
| HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO) | |
| MAGNESIUM STEARATE (UNII: 70097M6130) | |
| MALTODEXTRIN (UNII: 7CVR7L4A2D) | |
| MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U) | |
| POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A) | |
| POVIDONE, UNSPECIFIED (UNII: FZ989GH94E) | |
| SILICON DIOXIDE (UNII: ETJ7Z6XBU4) | |
| SODIUM STARCH GLYCOLATE TYPE A POTATO (UNII: 5856J3G2A2) | |
| STEARIC ACID (UNII: 4ELV7Z65AP) | |

Product Characteristics

| | | | |
|-----------------|--------|---------------------|----------|
| Color | yellow | Score | 2 pieces |
| Shape | OVAL | Size | 16mm |
| Flavor | | Imprint Code | 44;533 |
| Contains | | | |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|---------------------|----------------------|--------------------|
| 1 | NDC:55301-533-01 | 3 in 1 CARTON | 12/31/2005 | |

| | | | |
|------------------------------|---|-----------------------------|---------------------------|
| 1 | 10 in 1 BLISTER PACK; Type 0: Not a Combination Product | | |
| Marketing Information | | | |
| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
| OTC Monograph Drug | M012 | 12/31/2005 | |

Labeler - ARMY AND AIR FORCE EXCHANGE SERVICE (001695568)

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|-------------------------|----------------|---------------|----------------------------|
| Establishment | | | |
| Name | Address | ID/FEI | Business Operations |
| LNK International, Inc. | | 038154464 | pack(55301-533) |

| | | | |
|-------------------------|----------------|---------------|--|
| Establishment | | | |
| Name | Address | ID/FEI | Business Operations |
| LNK International, Inc. | | 832867837 | manufacture(55301-533) , pack(55301-533) |

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|-------------------------|----------------|---------------|----------------------------|
| Establishment | | | |
| Name | Address | ID/FEI | Business Operations |
| LNK International, Inc. | | 832867894 | manufacture(55301-533) |

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|-------------------------|----------------|---------------|----------------------------|
| Establishment | | | |
| Name | Address | ID/FEI | Business Operations |
| LNK International, Inc. | | 967626305 | pack(55301-533) |

| | | | |
|-------------------------|----------------|---------------|----------------------------|
| Establishment | | | |
| Name | Address | ID/FEI | Business Operations |
| LNK International, Inc. | | 117025878 | manufacture(55301-533) |

Revised: 10/2023

ARMY AND AIR FORCE EXCHANGE SERVICE