

**FOSTER AND THRIVE STEP 1- nicotine transdermal system patch**  
**FOSTER AND THRIVE STEP 2- nicotine transdermal system patch**  
**FOSTER AND THRIVE STEP 3- nicotine transdermal system patch**  
**Strategic Sourcing Services LLC**

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**Nicotine Transdermal System**

***Drug Facts***

***Active ingredient (in each patch)***

Nicotine, 21 mg delivered over 24 hours

***Active ingredient (in each patch)***

Nicotine, 14 mg delivered over 24 hours

***Active ingredient (in each patch)***

Nicotine, 7 mg delivered over 24 hours

***Purpose***

Stop smoking aid

***Use***

reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking.

***Warnings***

**If you are pregnant or breast feeding, only use this medicine on the advice of your health care provider.** Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

**Ask a doctor before use if you have**

- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.

- stomach ulcer or diabetes
- history of seizures

**Ask a doctor or pharmacist before use if you are**

- using a non-nicotine stop smoking drug
- taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

**When using this product**

- if you have vivid dreams or other sleep disturbances, remove the patch at bedtime

**Stop use and ask a doctor if**

- skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

**Keep out of reach of children and pets.**

Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away (1-800-222-1222). Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

**Directions**

- **If you are under 18 years of age, ask a doctor before use**
- before using this product, read the enclosed self-help guide for complete directions and other information
- begin using the patch on your quit day
- If you smoke **more than 10 cigarettes per day**, use the following schedule below:

<b>Weeks 1 thru 4</b>	<b>Weeks 5 and 6</b>	<b>Weeks 7 and 8</b>
<b>Step 1 use one 21 mg patch/day</b>	<b>Step 2 use one 14 mg patch/day</b>	<b>Step 3 use one 7 mg patch/day</b>

- if you smoke **10 or less cigarettes per day**, start with **Step 2** for 6 weeks, then **Step 3** for 2 weeks
- apply one new patch every 24 hours on skin that is dry, clean, and hairless
- remove backing from patch and immediately press onto skin. Hold for 10 seconds.
- wash hands after applying or removing patch. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.
- the used patch should be removed and a new one applied to a different skin site at the same time each day
- if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning

- do not wear more than one patch at a time
- do not cut patch in half or into smaller pieces
- do not leave patch on for more than 24 hours because it may irritate your skin and loses strength after 24 hours
- it is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

**Other information**

- store at 20°C-25°C (68°F-77°F)

**Inactive ingredients**

acrylate adhesive, polyester, silicone adhesive

**Questions or comments?**

1-877-748-1970

**TO INCREASE YOUR SUCCESS IN QUITTING:**

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

- Not for sale to persons under 18 years of age.
- Proof of age required.
- Not for sale in vending machines or from any source where proof of age cannot be verified.

\*This product is not manufactured or distributed by Dr. Reddy's Laboratories Ltd., distributor of Habitrol<sup>®</sup>.

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Memphis, TN 38141  
Money Back Guarantee  
[www.fosterandthrive.com](http://www.fosterandthrive.com)

For your family's protection, patches are supplied in child-resistant pouches.

**DO NOT USE IF INDIVIDUAL POUCH IS OPEN OR TORN.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.**

**See self-help guide inside.**

See bottom panel for lot number and expiration date.

Rev. 12/23

**PRINCIPAL DISPLAY PANEL - STEP ONE 21 mg CARTON**

NDC 70677-1182-1

COMPARE TO HABITROL<sup>®</sup> ACTIVE INGREDIENT\*

Foster & Thrive<sup>™</sup>

**CLEAR**

**Nicotine**

**Transdermal System Patch**

**21 mg delivered over 24 hours**

**STOP SMOKING AID**

**Includes:**

**Behavior support program with self-help guide**

If you smoke **more** than 10 cigarettes per day:

Start with step 1

If you smoke 10 or **less** cigarettes per day:

Start with Step 2.

**STEP 1**

**21 mg - 14 PATCHES**



**PRINCIPAL DISPLAY PANEL - STEP TWO 14 mg CARTON**

NDC 70677-1181-1

COMPARE TO HABITROL® ACTIVE INGREDIENT\*

Foster & Thrive™

**CLEAR**

**Nicotine**

**Transdermal System Patch**

**14 mg delivered over 24 hours**

**STOP SMOKING AID**

**Includes:**

**Behavior support program with self-help guide**

If you smoke **more** than 10 cigarettes per day:

Start with step 1

If you smoke 10 or **less** cigarettes per day:

Start with step 2

## STEP 2

### 14 mg - 14 PATCHES

3420

Foster & Thrive™  
**CLEAR**  
Nicotine  
Transdermal  
System Patch  
14 mg delivered over 24 hours  
STOP SMOKING AID  
STEP 2

TO INCREASE YOUR SUCCESS IN QUITTING:  
1. You must be motivated to quit.  
2. Use one patch daily according to directions.  
3. It is important to complete treatment.  
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.  
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

NDC 70677-1181-1

COMPARE TO HABITROL®  
ACTIVE INGREDIENT\*

Foster & Thrive™  
**CLEAR**  
Nicotine  
Transdermal  
System Patch  
14 mg delivered over 24 hours  
STOP SMOKING AID  
STEP 2

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Money Back Guarantee  
www.fosterandthrive.com

**Drug Facts**

**Active ingredient (in each patch)**  
Nicotine, 14 mg delivered over 24 hours

**Purpose**  
Stop smoking aid

**Use** reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking.

**Warnings** If you are pregnant or breast feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

**Ask a doctor before use if you have**

- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- stomach ulcer or diabetes
- history of seizures

**Ask a doctor or pharmacist before use if you are**

- using a non-nicotine stop smoking drug
- taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

**When using this product** If you have vivid dreams or other sleep disturbances, remove the patch at bedtime

**Stop use and ask a doctor if**

- skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash
- irregular, headache or palpitations occur
- you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

**Keep out of reach of children and pets.** Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away (1-800-222-1222). Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

**Directions** If you are under 18 years of age, ask a doctor before use before using this product, read the enclosed self-help guide for complete directions and other information. Begin using the patch on your quit day. If you smoke more than 10 cigarettes per day, use the following schedule below:

Weeks 1 thru 4	Weeks 5 and 6	Weeks 7 and 8
Step 1 use one 21 mg patch/day	Step 2 use one 14 mg patch/day	Step 3 use one 7 mg patch/day

If you smoke 10 or less cigarettes per day, start with Step 2 for 6 weeks, then Step 3 for 2 weeks. Apply one new patch every 24 hours on skin that is dry, clean, and hairless. Remove backing from patch and immediately press onto skin. Hold for 10 seconds. Wash hands after applying or removing patch. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch. This used patch should be removed and a new one applied to a different skin site at the same time each day. If you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning. Do not wear more than one patch at a time. Do not cut patch in half or into smaller pieces. Do not leave patch on for more than 24 hours because it may irritate your skin and loses strength after 24 hours. It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

**Other information** Store at 20°C-25°C (68°F-77°F)

**Inactive ingredients** acrylic adhesive, polyester, silicone adhesive

**Questions or comments?** 1-877-748-1970

3002855 Rev. 12/23

For your family's protection, patches are supplied in child-resistant pouches.  
**DO NOT USE IF INDIVIDUAL POUCH IS OPEN OR TORN.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.**

**See self-help guide inside.**

See bottom panel for lot number and expiration date.

Includes:  
Behavior support program with self-help guide

If you smoke more than 10 cigarettes per day:  
Use after completing step 1

If you smoke 10 or less cigarettes per day:  
Start with step 2

**STEP 2**  
14 mg - 14 PATCHES

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## PRINCIPAL DISPLAY PANEL - STEP THREE 7 mg CARTON

NDC 70677-1180-1

COMPARE TO HABITROL® ACTIVE INGREDIENT\*

Foster & Thrive™

**CLEAR**

**Nicotine**

**Transdermal System Patch**

**14 mg delivered over 24 hours**

**STOP SMOKING AID**

Includes:

Behavior support program with self-help guide

For use after completing step 2

**STEP 3**



# 7 mg - 14 PATCHES

3420

Foster & Thrive™  
CLEAR  
Nicotine  
Transdermal  
System Patch

**7 mg delivered over 24 hours**  
**STOP SMOKING AID**  
**STEP 3**

NDC 70677-1180-1

COMPARE TO HABITROL®  
ACTIVE INGREDIENT\*

Foster & Thrive™  
CLEAR  
Nicotine  
Transdermal  
System Patch

**7 mg delivered over 24 hours**  
**STOP SMOKING AID**  
**STEP 3**

**7 mg delivered over 24 hours**  
**STOP SMOKING AID**  
**STEP 3**

Includes:  
Behavior support program with self-help guide  
For use after completing step 2

**STEP 3**  
**7 mg - 14 PATCHES**

Foster & Thrive™  
CLEAR  
Nicotine  
Transdermal  
System Patch

**7 mg delivered over 24 hours**  
**STOP SMOKING AID**  
**STEP 3**

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www.fosterandthrive.com

3002854      Rev. 12/23

**Drug Facts**

**Active ingredient (in each patch)** **Purpose**  
Nicotine, 7 mg delivered over 24 hours Stop smoking aid

**Use** reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking.

**Warnings** If you are pregnant or breast feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

**Ask a doctor before use if you have**

- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- stomach ulcer or diabetes
- history of seizures

**Ask a doctor or pharmacist before use if you are**

- using a non-nicotine stop smoking drug
- taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

**When using this product** ■ If you have vivid dreams or other sleep disturbances, remove the patch at bedtime

**Stop use and ask a doctor if**

- skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

**Keep out of reach of children and pets.** Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away (1-800-222-1222). Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

**Directions** ■ If you are under 18 years of age, ask a doctor before use ■ before using this product, read the enclosed self-help guide for complete directions and other information ■ begin using the patch on your quit day ■ if you smoke more than 10 cigarettes per day, use the following schedule below:

<b>Weeks 1 thru 4</b>	<b>Weeks 5 and 6</b>	<b>Weeks 7 and 8</b>
<b>Step 1</b>	<b>Step 2</b>	<b>Step 3</b>
use one 21 mg patch/day	use one 14 mg patch/day	use one 7 mg patch/day

■ If you smoke 10 or less cigarettes per day, start with **Step 2** for 6 weeks, then **Step 3** for 2 weeks ■ Apply one new patch every 24 hours on skin that is dry, clean, and hairless ■ Remove backing from patch and immediately press onto skin. Hold for 10 seconds ■ Wash hands after applying or removing patch. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch. ■ The used patch should be removed and a new one applied to a different skin site at the same time each day ■ If you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning ■ Do not wear more than one patch at a time ■ Do not cut patch in half or into smaller pieces ■ Do not leave patch on for more than 24 hours because it may irritate your skin and loses strength after 24 hours ■ It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

**Other information** ■ store at 20°C-25°C (68°F-77°F)

**Inactive ingredients** acrylate adhesive, polyester, silicone adhesive

**Questions or comments?** 1-877-748-1970

For your family's protection, patches are supplied in child-resistant pouches.

**DO NOT USE IF INDIVIDUAL POUCH IS OPEN OR TORN.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.**

**See self-help guide inside.**

See bottom panel for lot number and expiration date.

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## FOSTER AND THRIVE STEP 1

nicotine transdermal system patch

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:70677-1182
<b>Route of Administration</b>	TRANSDERMAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
NICOTINE (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)	NICOTINE	21 mg in 24 h

### Inactive Ingredients

Ingredient Name	Strength
DIMETHICONE (UNII: 92RU3N3Y1O)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70677-1182-1	14 in 1 CARTON	06/25/2024	
1		24 h in 1 POUCH; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA074612	06/25/2024	

## FOSTER AND THRIVE STEP 2

nicotine transdermal system patch

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:70677-1181
<b>Route of Administration</b>	TRANSDERMAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>NICOTINE</b> (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)	NICOTINE	14 mg in 24 h

### Inactive Ingredients

Ingredient Name	Strength
<b>DIMETHICONE</b> (UNII: 92RU3N3Y1O)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70677-1181-1	14 in 1 CARTON	06/25/2024	
1		24 h in 1 POUCH; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA074612	06/25/2024	



# FOSTER AND THRIVE STEP 3

nicotine transdermal system patch

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:70677-1180
<b>Route of Administration</b>	TRANSDERMAL		

## Active Ingredient/Active Moiety

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>NICOTINE</b> (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)	NICOTINE	7 mg in 24 h

## Inactive Ingredients

<b>Ingredient Name</b>	<b>Strength</b>
<b>DIMETHICONE</b> (UNII: 92RU3N3Y1O)	

## Packaging

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:70677-1180-1	14 in 1 CARTON	06/25/2024	
1		24 h in 1 PATCH; Type 0: Not a Combination Product		

## Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
ANDA	ANDA074612	06/25/2024	

**Labeler** - Strategic Sourcing Services LLC (116956644)

Revised: 6/2024

Strategic Sourcing Services LLC