

LEG CRAMPS PM- oyster shell calcium carbonate, crude, causticum, matricaria recutita, cinchona officinalis bark, copper, lycopodium clavatum spore, magnesium phosphate, dibasic trihydrate, toxicodendron pubescens leaf, silicon dioxide, and sulfur tablet
Walgreen Company

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Walgreens Leg Cramps PM 50 Tablets

According to homeopathic indications, these ingredients provide temporary relief of symptoms such as: stiffness, limb, joint, leg pain, cramps in calves, feet and legs with accompanying occasional sleeplessness or disrupted sleep, after serious causes have been ruled out by a physician.

Drug Facts

Active ingredients

Active ingredients	Purpose
Calcarea Carbonica 12X HPUS	cramps in legs, calves, feet and toes
Causticum 12X HPUS	occasional sleeplessness
Chamomilla 6X HPUS	occasional sleeplessness
Cinchona Officinalis 3X HPUS	pain in limbs and joints; cramping in legs
Cuprum Metallicum 12X HPUS	cramps of limbs, charley horse cramps
Lycopodium 12X HPUS	disturbed, restless sleep
Magnesia Phosphorica 6X HPUS	muscle cramps
Rhus Toxicodendron 6X HPUS	pain and stiffness
Silicea 12X HPUS	not being able to sleep again after waking
Sulphur 6X HPUS	occasional sleeplessness, frequent waking during night

"HPUS" indicates that the active ingredients are in the official Homeopathic Pharmacopœia of the United States.

Uses

■ According to homeopathic indications, these ingredients provide temporary relief of symptoms such as: stiffness, limb, joint, leg pain, cramps in calves, feet and legs with accompanying occasional sleeplessness or disrupted sleep, after serious causes have been ruled out by a physician. * These statements are based upon traditional homeopathic practice. They have not been reviewed by the Food and Drug Administration.

Warnings

A PHYSICIAN SHOULD ALWAYS BE CONSULTED TO RULE OUT SERIOUS CAUSES.

- This product is intended to complement, not replace, standard medical treatment. • Initial worsening of symptoms may occur.
- **If pregnant or breast-feeding**, ask a health professional before use.

Stop use and ask a doctor if:

- You experience new or worsening symptoms. • Symptoms last longer than 3 days.
- **Keep out of reach of children.** • In case of overdose, get medical help or contact a Poison Control Center right away.

Drug Facts(continued)

Directions

- Suitable for adults and children ages 12 and over. Children under the age of 12: Consult a physician before use. Dissolve entire tablet under tongue OR chew tablet and swallow. • Do not swallow tablet whole. • Dissolve 1-2 tablets under tongue, every 4 hours or as needed. If the initial dosage is not providing relief, take 1-2 tablets every 15 minutes, for up to 6 doses. • Take at least 10 minutes before or at least 10 minutes after eating or drinking. • Homeopathic remedies may not be effective for everyone. Individual results may vary.

Other information

- Store at room temperature 15o to 30o C (59o to 86o F). • Active ingredients are micro-diluted in accordance with the Homeopathic Pharmacopoeia of the United States and are therefore non-toxic with no known side effects or contraindications.

Inactive ingredients

Copovidone, Cropsvidone, Lactose, Magnesium stearate, Mannitol, Microcrystalline cellulose, Silicon dioxide, Sorbitol.

***THIS PRODUCT IS A HOMEOPATHIC REMEDY. AS SUCH, IT HAS NOT UNDERGONE REVIEW OR APPROVAL BY THE FDA AND THEREFORE HAS NOT BEEN DEMONSTRATED TO BE SAFE OR EFFECTIVE TO DIAGNOSE, TREAT, PREVENT, MITIGATE OR CURE ANY CONDITION OR DISEASE.**

Questions or comments?

Questions or comments? 1-800-925-4733

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Principal Display Panel - 50 Tablet Bottle Carton



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Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0363-7174
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MATRICARIA RECUTITA (UNII: G0R4UBI2ZZ) (MATRICARIA RECUTITA - UNII:G0R4UBI2ZZ)	MATRICARIA RECUTITA	6 [hp_X]
LYCOPODIUM CLAVATUM SPORE (UNII: C88X29Y479) (LYCOPODIUM CLAVATUM SPORE - UNII:C88X29Y479)	LYCOPODIUM CLAVATUM SPORE	12 [hp_X]

CINCHONA OFFICINALIS BARK (UNII: S003A158SB) (CINCHONA OFFICINALIS BARK - UNII:S003A158SB)	CINCHONA OFFICINALIS BARK	3 [hp_X]
SILICON DIOXIDE (UNII: ETJ7Z6XBU4) (SILICON DIOXIDE - UNII:ETJ7Z6XBU4)	SILICON DIOXIDE	12 [hp_X]
SULFUR (UNII: 70FD1KFU70) (SULFUR - UNII:70FD1KFU70)	SULFUR	6 [hp_X]
COPPER (UNII: 789U1901C5) (COPPER - UNII:789U1901C5)	COPPER	12 [hp_X]
CAUSTICUM (UNII: DD5FO1WKFU) (CAUSTICUM - UNII:DD5FO1WKFU)	CAUSTICUM	12 [hp_X]
TOXICODENDRON PUBESCENS LEAF (UNII: 6IO182RP7A) (TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)	TOXICODENDRON PUBESCENS LEAF	6 [hp_X]
MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE	6 [hp_X]
OYSTER SHELL CALCIUM CARBONATE, CRUDE (UNII: 2E32821G6I) (OYSTER SHELL CALCIUM CARBONATE, CRUDE - UNII:2E32821G6I)	OYSTER SHELL CALCIUM CARBONATE, CRUDE	12 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
COPOVIDONE K25-31 (UNII: D9C330MD8B)	
MAGNESIUM STEARATE (UNII: 70097M6130)	
MANNITOL (UNII: 3OWL53L36A)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
CROSPROVIDONE (UNII: 2S7830E561)	
SORBITOL (UNII: 506T60A25R)	

Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	9mm
Flavor		Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0363-7174-14	1 in 1 CARTON	05/21/2023	
1		50 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		05/21/2023	

Labeler - Walgreen Company (008965063)

