THERAWORX RELIEF MUSCLE CRAMP AND SPASM RELIEF- magnesium sulfate heptahydrate aerosol, foam
Avadim Health, Inc.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

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Theraworx Relief Muscle Cramp and Spasm Relief Foam

Drug Facts

Active Ingredient
Contains Magnesium Sulfate (Magnesia sulphurica) 6X 0.05% HPUS The letters H.P.U.S. indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Purpose
Muscle Soreness Relief

Uses
- prevents muscle cramps
- releases muscle tightness
- reduces muscle soreness

Warnings
For external use only. If eye contact occurs, rinse thoroughly with water.

When using this product
- avoid eye contact
- do not store at temperature above 120°F
- use only as directed
- not for ingestion

Stop use and ask a doctor if
unintended effects occur.

If pregnant or breastfeeding,
ask a health professional before use.

Keep out of reach of children.
If swallowed, get medical help or contact a Poison Control Center right away.

Directions
- shake well
- apply 2 pumps onto entire muscle group(s) or area
- briskly rub in until absorbed
- use as needed
- allow to air dry

Inactive Ingredients
Aqua (Water), Cocamidopropyl Betaine, Aloe Barbadensis Leaf Juice, Colloidal Silver, Tocopheryl
### Package Labeling:

**Prevents** cramps and spasms  
**Releases** muscle tightness  
**Relieves** muscle soreness  

**STEP 1** Shake well  
**STEP 2** Apply 2 pumps onto desired area and briskly rub in until absorbed  
**STEP 3** Repeat STEP 2, allow to air dry

**Thigh:** Apply from your hip to your knee  
**Foot:** Apply from your ankle to your toes  
**Lower Back:** Apply from your tail bone to the center of your back  
**Hamstring:** Apply from your lower buttocks to the back of your knee  
**Calf:** Apply from the back of your knee to your ankle.

Store above 32° Fahrenheit.

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### Drug Facts

**Active Ingredient**  
Contains Magnesium Sulfate Magnesium cation - UNII: T6V3LHY838  
The letters H.U.S. indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

**Uses**  
- Prevents muscle cramps  
- Releases muscle tightness  
- Relieves muscle soreness

**Warnings**  
For external use only. If eye contact occurs, rinse thoroughly with water.

**When using this product**  
- Avoid eye contact.  
- Do not store at temperature above 120°F.  
- Use only as directed.  
- Not for ingestion.

**Stop use and ask a doctor if**  
- Unintended effects occur.

**Directions**  
- Shake well.  
- Apply 2 pumps onto entire muscle group(s) or area.  
- Briskly rub in until absorbed.  
- Use as needed.  
- Allow to air dry.

**Inactive Ingredients**

- Aqua (Water), Cocamidopropyl Betaine, Aloe Barbadensis Leaf Juice, Collodial Silver, Tocopheryl Acetate, Glycerin, Allantoin, Beta Glucan, Citrus Paradisi (Grapefruit) Fruit Extract, Lauret Glucoside, Tetrasodium EDTA, PEG/PPG-4/12 Dimethicone, Methylparaben, Propylparaben, Parfum (Fragrance)

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### THERAWORX RELIEF MUSCLE CRAMP AND SPASM RELIEF

magnesium sulfate heptahydrate aerosol, foam

### Product Information

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<th>Product Type</th>
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<tr>
<td>Item Code (Source)</td>
<td>NDC: 61594-003</td>
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<td>Route of Administration</td>
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### Active Ingredient/Active Moiety

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<th>Ingredient Name</th>
<th>Basis of Strength</th>
<th>Strength</th>
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<tr>
<td>MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T)</td>
<td>MAGNESIUM SULFATE HEPTAHYDRATE</td>
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### Inactive Ingredients

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<td>ALOE VERA LEAF (UNII: 2Y81Z83H0X)</td>
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<td>SILVER (UNII: 3M4G523W1G)</td>
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<td>Ingredient</td>
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Packaging

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<td>210 mL in 1 BOTTLE; Type 0: Not a Combination Product</td>
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Marketing Information

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<td>07/22/2017</td>
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Labeler - Avadim Health, Inc. (041443877)

Registrant - Avadim Health, Inc. (041443877)

Revised: 11/2019