

REFILL SALINE PACKETS - sodium bicarbonate, sodium chloride powder, for solution
CVS Pharmacy

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, [click here](#).

Drug Facts

Purpose

Nasal Wash

Uses

Temporarily relieves symptoms associated with sinusitis, cold, flu or allergies

-Sneezing

-Nasal Stuffiness

-Runny Nose

-Post nasal drip

Removes inhaled irritants (dust, pollen)

Helps to loosen thick mucous

Moistens nasal passages

Keep out of reach from children

Warnings

Stop use and ask a doctor if washing is uncomfortable or symptoms are not relieved or worsen after nasal rinsing, especially if fever, nosebleeds or headache are present

Directions

Adults and children 4 years and over: use 1-2 packets every 8 oz every 2 hours as needed

Children under 4 years: consult a physician

Consult Instructions for Use for proper use

Other Information

-Inspect saline solution packets for integrity

-Do not use if open or torn

-Protect saline solution packets form excessive heat and moisture

Instructions for Use:

Directions: Read through entire section before using for the first time

1. Empty the contents of one Instant Relief Sinus Wash packet into the Sinus Wash Neti Pot. First-time users should start with a 1/2 packet of the dry ingredients. As you become more accustomed to the

system, work up to using 1 full packet. Additional packets may be purchased from your nearest pharmacy.

2. Fill the pot halfway or to the middle of the indentation with proper water. This makes 1/2 cup (4 oz) solution.

3. Stir thoroughly until dry ingredients have completely dissolved.

4. Proper head position allows solution to run through the nose by gravity.

-Lean over the sink with your head bent down so you are looking directly into the basin. Holding the pot in your right hand, gently insert the spout into your right nostril so that it forms a comfortable seal.

-Rotate your head so that the right nostril is directly over the left. The forehead should remain higher than the chin. Raise the handle of the pot so that the solution enters the right nostril. IN a few moments, the solution will begin to drain out of the left nostril into the sink. Do not inhale or "snort" solution into the nose - breathe through your mouth.

5. When the pot is empty, exhale through both nostrils to clear them of excess mucous and solution. Gently blow your nose into a tissue.

6. Repeat the procedure on the other side.

7. Thoroughly rinse the pot after each use with water that has been distilled, sterilized, filtered or previously boiled and leave the pot to air dry completely. The Instant Relief Sinus Wash Neti Pot is top-rack dishwasher safe.

Active Ingredients

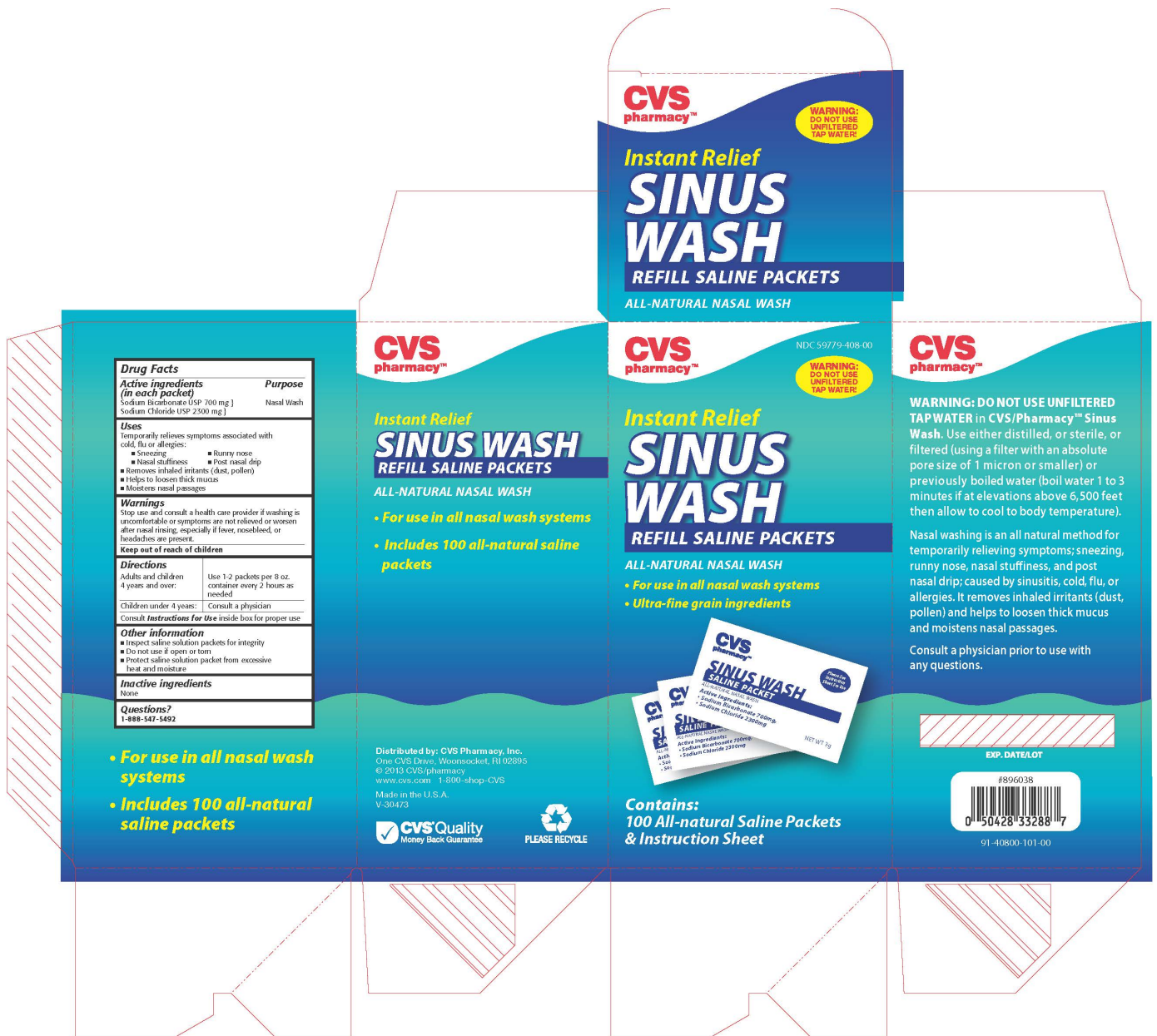
(in each packet)

Sodium Bicarbonate USP 700 mg

Sodium Chloride USP 2300 mg

Inactive Ingredients

None



REFILL SALINE PACKETS

sodium bicarbonate, sodium chloride powder, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:59779-408
Route of Administration	NASAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM BICARBONATE (UNII: 8MDF5V39QO) (BICARBONATE ION - UNII:HN1ZRA3Q20)	SODIUM BICARBONATE	2300 mg
SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)	SODIUM CHLORIDE	700 mg

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59779-408-00	100 in 1 CARTON		
1		1 in 1 PACKET		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		04/01/2013	

Labeler - CVS Pharmacy (062312574)

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