

**SALINE LAXATIVE- sodium phosphate enema**  
**Kroger Company**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Drug Facts**

**Active ingredient**

(in each 118 mL delivered dose)

Dibasic sodium phosphate 7 g

Monobasic sodium phosphate 19 g

**Purpose**

Saline laxative

**Uses**

- relieves occasional constipation

**Warnings**

**For rectal use only**

**Dosage warning: Using more than one enema in 24 hours can be harmful.**

**Ask a doctor before use if you have**

- a sodium-restricted diet
- abdominal pain, nausea or vomiting
- kidney disease, heart problems, or are dehydrated
- noticed a sudden change in bowel habits that lasts over 2 weeks

**Ask a doctor or pharmacist before use if you are**

taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

**When using this product**

- do not use more than directed. Serious side effects may occur from excess dosage.
- do not use for more than 3 days

**Stop use and ask a doctor if**

- you have rectal bleeding
- you have no bowel movement after use of a laxative

These may be signs of a serious condition.

**If pregnant or breastfeeding, ask a health professional before use.**

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

**Directions**

**Do not use more unless directed by a doctor. See Warnings.**

adults & children 12 years and over	one bottle once daily
children 2 to under 12 years	1/2 bottle once daily Discard unused portion
children under 2 years	do not use

**CAUTION:**

Remove green protective shield before inserting. Hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



**Positioning:**

**Left-side position:** lie on left side with knee bent and arms at rest.



**Knee-chest position:** kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



## Administering enema:

- with steady pressure, gently insert enema with tip pointing toward navel.
- squeeze bottle until recommended dose is expelled (it is not necessary to empty unit completely. Bottle contains more liquid than needed for effective use. A small amount of liquid will remain in bottle after squeezing).
- remove tip from rectum
- stop using if tip is hard to insert. Forcing the tip into the rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- maintain position until urge to evacuate is strong (usually 1 to 5 minutes)
- if no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

## Other Information

- **each 118 mL contains:** sodium 4.3 g
- store at room temperature 20-25 deg C (68-77 deg F)
- this product generally produces bowel movement in 1 to 5 minutes

## Inactive ingredients

benzalkonium chloride, disodium EDTA, purified water

## Questions or comments?

1-800-633-5463

## PRINCIPAL DISPLAY PANEL - 2 Bottle Carton

COMPARE TO the active ingredients of  
FLEET® ENEMA SALINE \*See side panel

NDC 30142-005-35

TWIN  
PACK

Kroger®

OUR PHARMACIST RECOMMENDED

READY-TO-USE

Enema  
SALINE LAXATIVE

Soft, Flexible Tip

For Relief of Occasional  
Constipation

- Lubricated Tip for  
Comfort Application
- Pre-Mixed
- Not Made with

Natural Rubber  
Latex

TAMPER EVIDENT  
SAFETY SEALED  
BOTTLES

FAST  
RELIEF

2 BOTTLES  
4.5 FL OZ (133 ml) EACH  
TOTAL 9 FL OZ (266 mL)

PL315008  
900  
IMPORTANT:  
READ ALL INSTRUCTIONS  
BEFORE USING THIS  
PRODUCT.



READY-TO-USE

# Enema

SALINE LAXATIVE

TAMPER  
RESISTANT  
DO NOT USE IF TOP OR  
BOTTOM FLAP OF CARTON  
IS TORN OR MISSING.

### Positions for using this enema

**Left-side position:** Lie on left side with knees bent and arms resting comfortably.



**Knee-chest position:** Kneel, then lower head and chest forward until left side of face is resting on surface with left arm folded comfortably.



### How to use this enema

Remove green protective shield before inserting:

Hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



### Administering enema:

- With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. Doing so helps relax muscles around anus.
- Do not force enema tip into rectum. Stop using if tip is hard to insert. Forcing the tip into the rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- Squeeze bottle until nearly all liquid is gone. It is not necessary to empty bottle completely, as it contains more liquid than needed.
- Remove tip from rectum and stay in position until urge to evacuate is strong (usually 1 to 5 minutes). If no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

DISTRIBUTED  
BY THE KROGER CO.  
CINCINNATI, OHIO 45202  
QUALITY GUARANTEE  
800-632-6900  
www.kroger.com



\*Fleet® is a registered trademark of the

COMPARE TO the active ingredients of  
FLEET® ENEMA SALINE \*See side panel

NDC 30142-005-35



TWIN  
PACK

READY-TO-USE

# Enema

SALINE LAXATIVE

Soft, Flexible Tip  
For Relief of Occasional  
Constipation

- Lubricated Tip for  
Comfort Application
- Pre-Mixed
- Not Made with  
Natural Rubber  
Latex

TAMPER EVIDENT  
SAFETY SEALED  
BOTTLES

  
FAST  
RELIEF



2 BOTTLES  
4.5 FL OZ (133 mL) EACH

Fleet is a registered trademark of the  
C.B. Fleet Co., Inc., Lynchburg, VA 24502.  
C.B. Fleet Co., Inc. is not affiliated with  
The Kroger Co. or this product.

TOTAL 9 FL OZ (266 mL)

DO NOT USE IF TOP FLAP  
IS BROKEN OR MISSING.



READY-TO-USE  
**Enema**  
SALINE LAXATIVE

**Soft, Flexible Tip**

For Relief of Occasional  
Constipation

- Lubricated Tip for  
Comfort Application
- Pre-Mixed
- Not Made with Natural  
Rubber Latex

Protective shield  
prevents contamination

Safety Seal for  
added protection

Comfortable,  
lubricated tip for  
ease of insertion



READY-TO-USE  
**Enema**  
SALINE LAXATIVE

**TAMPER EVIDENT: BOTTLE SEALED FOR SAFETY.  
DO NOT USE IF PRINTED SEAL AROUND NECK OF BOTTLE IS BROKEN OR MISSING.**

**Drug Facts**

Active Ingredients (in each 118 ml delivered dose)	Purpose
Dibasic Sodium Phosphate 7 g	Saline laxative
Monobasic Sodium Phosphate 19 g	Saline laxative

**Use** ■ relieves occasional constipation  
■ this product generally produces bowel movement in 1 to 5 minutes

**Warnings**

**Dosage warning:** Using more than one enema in 24 hours can be harmful.

**For rectal use only.**

**Do not use:** ■ on children under 2 years of age

**Ask a doctor before use if you:**

- have already used a laxative for more than 3 days
- are 55 years of age or older
- have kidney disease, have heart problems, or are dehydrated
- are on a sodium-restricted diet
- have abdominal pain, nausea, or vomiting
- have a sudden change in bowel habits lasting more than 2 weeks

**Ask a doctor or pharmacist before use if you are taking any other drug.** Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

**When using this product:**

One-way safety valve controls flow and prevents reflux

Soft squeeze bottle

RE15CTR  
REF KGR-PH-2-24

■ do not use more than directed. Serious side effects may occur from excess dosage.  
 ■ do not use for more than 3 days, without asking a doctor

**Stop use and ask a doctor if**

■ you have rectal bleeding ■ you have no bowel movement within 30 minutes of enema use  
 ■ you have symptoms of dehydration (thirstiness, dizziness, vomiting, urinating less often than normal)

These symptoms may indicate a serious condition.

**If pregnant or breast-feeding, ask a health professional before use.**

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away: 800-222-1222.

**Directions (or as directed by a doctor)**  
 Single daily dosage (per 24 hours)  
 Do not use if taking another sodium phosphate product.  
 Do not use more unless directed by a doctor. See Warnings.

Adults and Children 12 years of age and older	1 bottle once daily
Children 2 to under 12 years of age	Use Pediatric Enema
Children under 2 years of age	DO NOT USE

**Other Information**

■ each 118 ml contains sodium 4.3 g ■ store at 15 to 30°C (59 to 86°F)  
 ■ additional liquids by mouth are recommended while using this product  
 ■ **Tamper Evident:** DO NOT USE IF TOP OR BOTTOM FLAP OF CARTON IS TORN OR MISSING.

**Inactive Ingredients**  
 benzalkonium chloride, disodium EDTA, purified water

**Questions or comments?** 1-800-632-6900

## SALINE LAXATIVE

sodium phosphate enema

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:30 142-005
<b>Route of Administration</b>	RECTAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM (UNII: GR686LBA74) (PHOSPHATE ION - UNII: NK08 V8 K8 HR)	SODIUM PHOSPHATE, DIBASIC, UNSPECIFIED FORM	7 g in 118 mL
SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM (UNII: 3980JIH2SW) (PHOSPHATE ION - UNII: NK08 V8 K8 HR)	SODIUM PHOSPHATE, MONOBASIC, UNSPECIFIED FORM	19 g in 118 mL

### Inactive Ingredients

Ingredient Name	Strength
BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)	

EDETATE DISODIUM (UNII: 7FLD91C86K)

WATER (UNII: 059QF0KO0R)

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-005-35	2 in 1 BOX	08/31/2012	
1		133 mL in 1 BOTTLE; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	08/31/2012	

**Labeler** - Kroger Company (006999528)

### Establishment

Name	Address	ID/FEI	Business Operations
Natureplex LLC		062808196	MANUFACTURE(30142-005)

Revised: 1/2020

Kroger Company