

CENTRUM SPECIALIST PRENATAL- dietary supplement
Wyeth Pharmaceutical Division of Wyeth Holdings LLC, a subsidiary of Pfizer Inc.

Centrum®
SPECIALIST™
PRENATAL

SUGGESTED USE

Adults

Take one tablet and one DHA softgel daily with food. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts	
Serving Size 1 Tablet and 1 DHA Softgel	
Each Serving Contains	% Daily Value for Pregnant and Lactating Women
Calories 5	
Calories from fat 5	
Total Fat 0.5 g	*
Vitamin A 2,500 IU (60% as Beta-Carotene)	31%
Vitamin C 90 mg	150%
Vitamin D 400 IU	100%
Vitamin E 35 IU	116%
Vitamin K 30 mcg	*
Thiamin 1.4 mg	82%
Riboflavin 1.4 mg	70%
Niacin 18 mg	90%
Vitamin B ₆ 1.9 mg	76%
Folic Acid 800 mcg	100%
Vitamin B ₁₂ 2.6 mcg	32%
Biotin 30 mcg	10%
Pantothenic Acid 6 mg	60%
Calcium 250 mg	19%
Iron 27 mg	150%
Phosphorus 20 mg	2%
Iodine 220 mcg	147%
Magnesium 50 mg	11%
Zinc 11 mg	73%
Selenium 30 mcg	*
Copper 0.9 mg	45%
Manganese 2 mg	*
Chromium 30 mcg	*
Molybdenum 50 mcg	*
Chloride 72 mg	*
Potassium 80 mg	*

DHA (Docosahexaenoic acid) 200 mg	*
EPA (Eicosapentaenoic acid) 15 mg	*

* Daily Value not established.

Store at room temperature.

Avoid excessive heat above 40°C (104°F.)

Product inside sealed in plastic blister with foil backing.

Do Not Use if plastic blister or foil barrier is broken.

Marketed by: Pfizer, Madison, NJ 07940 USA

Made in Canada © 2011 Pfizer Inc.

For most recent product information, visit www.centrum.com

Questions? Comments?

Call 1-877-CENTRUM

Ingredients (Softgel)

Fish Oil Concentrate, Gelatin, Glycerin, Purified Water. **Contains < 2% of:** Medium-Chain Triglycerides, Sunflower Oil, Tocopherols (to retard oxidation).

Ingredients (Tablet)

Calcium Carbonate, Potassium Chloride, Dibasic Calcium Phosphate, Ascorbic Acid (Vit. C), Ferrous Fumarate, Magnesium Oxide, Microcrystalline Cellulose, Pregelatinized Corn Starch, dl-Alpha-Tocopheryl Acetate (Vit. E). **Contains < 2% of:** Acacia, Beta-Carotene, BHT (to retard oxidation), Biotin, Calcium Pantothenate, Calcium Stearate, Carmine (Color), Cholecalciferol (Vit. D₃), Chromic Chloride, Citric Acid, Corn Starch, Corn Syrup Solids, Crospovidone, Cupric Sulfate, Cyanocobalamin (Vit. B₁₂), Folic Acid, Gelatin, Hypromellose, Lecithin (Soy), Magnesium Stearate, Maltodextrin, Manganese Sulfate, Medium-Chain Triglycerides, Modified Corn Starch, Niacinamide, Phytonadione (Vit. K), Polyethylene Glycol, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Ascorbate (to retard oxidation), Sodium Benzoate (preservative), Sodium Citrate, Sodium Molybdate, Sodium Selenate, Sorbic Acid (preservative), Sucrose, Talc, Thiamine Mononitrate, (Vit. B₁), Titanium Dioxide, Tocopherols (to retard oxidation), Vitamin A Acetate, Zinc Oxide.

May also contain < 2% of: Sodium Aluminosilicate. **Contains:** Soy.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

The safe upper limit for daily intake of folic acid is 1000 mcg (1 mg).

Do not take Centrum Specialist Prenatal with other multivitamin formulas unless recommended by your doctor.

IMPORTANT INFORMATION

Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

PAA020400

PRINCIPAL DISPLAY PANEL - Kit Carton

New!

**COMPLETE
from A to
Zinc^{®†}**

**Centrum[®]
SPECIALIST[™]**

***Multivitamin/Multimineral Supplement
DHA Supplement***

***COMPLETE
MULTIVITAMIN***

PRENATAL

**Supports Baby's Healthy
Growth & Development
with DHA & Folic Acid***

*This statement has not been
evaluated by the Food and
Drug Administration.
This product is not intended
to diagnose, treat, cure or
prevent any disease.

**28 TABLETS +
28 DHA SOFTGELS**

Centrum
SPECIALIST™
 Multivitamin/Multimineral Supplement
 DHA Supplement
COMPLETE MULTIVITAMIN
 **PRENATAL**

Centrum
SPECIALIST™
 Multivitamin/Multimineral Supplement
COMPLETE MULTIVITAMIN

Centrum Specialist is a line of enhanced complete multivitamins from the superior science of Centrum that targets specific health priorities including:



Take the complete multivitamin that's right for you!

• for more information visit •
WWW.CENTRUM.COM



3 0005-4365-569

New!

COMPLETE
 from **A** to **Zinc** ^{®†}

Centrum
SPECIALIST™
 Multivitamin/Multimineral Supplement
 DHA Supplement



COMPLETE MULTIVITAMIN

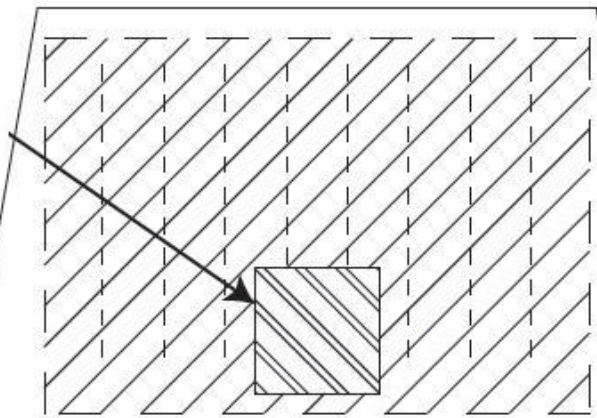
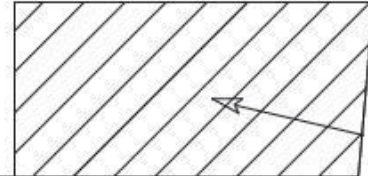
PRENATAL

Supports Baby's Healthy Growth & Development with DHA & Folic Acid*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**28 TABLETS +
 28 DHA SOFTGELS**

1/4" x 1/4" CUT CREASE



Provides essential nutrients for women before, during, and after pregnancy while breastfeeding.

Before Pregnancy

DHA, iron, and iodine, important nutrients to optimize before conception. Healthful diets with adequate folic acid may help reduce baby's risk of brain or spinal cord defects.

During Pregnancy

With DHA to support healthy fetal brain and eye development.*

After Pregnancy

SUGGESTED USE: Adults – Take one tablet and one DHA softgel daily with food. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Tablet and 1 DHA Softgel

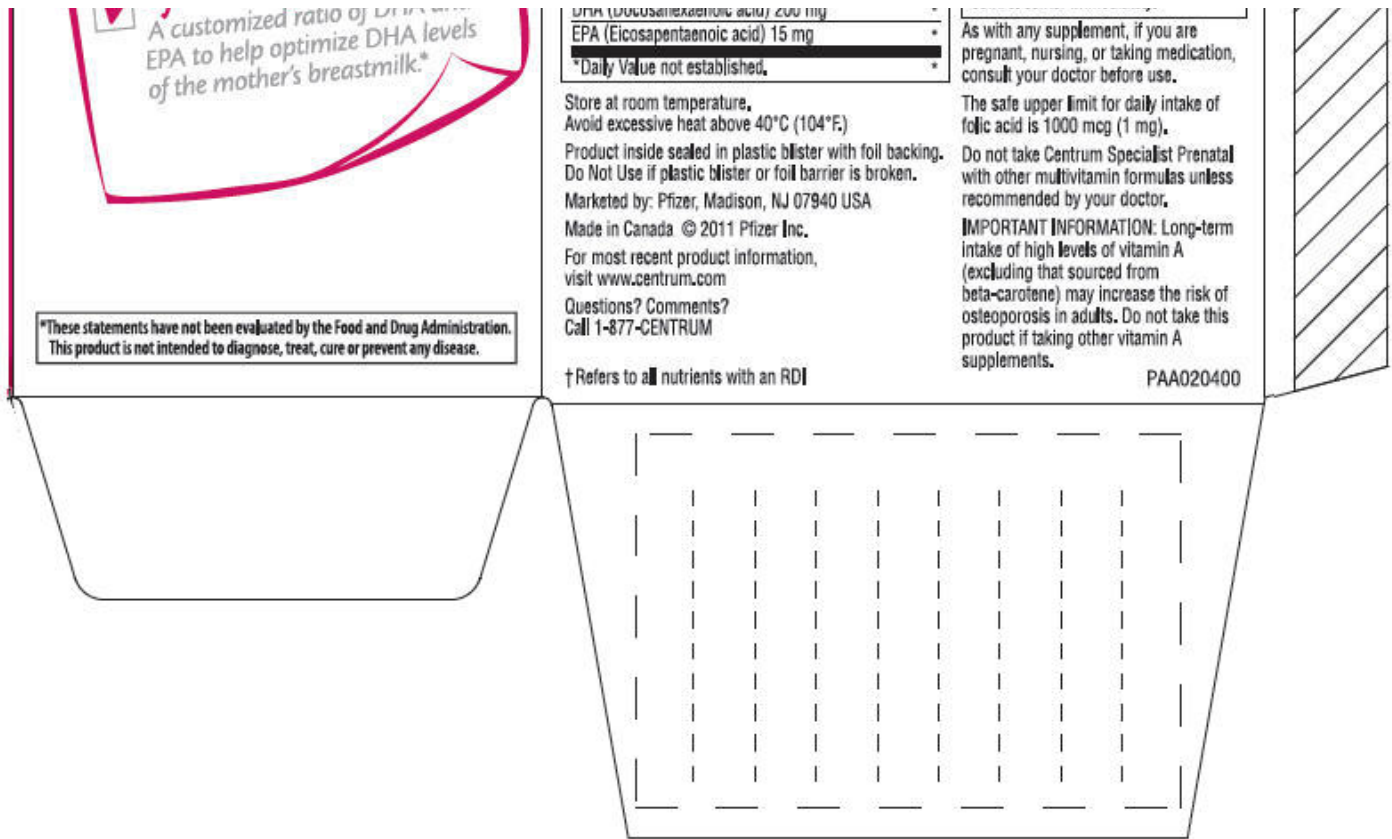
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Phosphorus 20 mg	2%
Iodine 220 mcg	147%
Magnesium 50 mg	11%
Zinc 11 mg	73%
Selenium 30 mcg	*
Copper 0.9 mg	45%
Manganese 2 mg	*
Chromium 30 mcg	*
Molybdenum 50 mcg	*
Chloride 72 mg	*
Potassium 80 mg	*
DHA (Docosahexaenoic acid) 300 mg	*

Ingredients (Softgel): Fish Oil Concentrate, Gelatin, Glycerin, Purified Water. **Contains < 2% of:** Medium-Chain Triglycerides, Sunflower Oil, Tocopherols (to retard oxidation).

Ingredients (Tablet): Calcium Carbonate, Potassium Chloride, Dibasic Calcium Phosphate, Ascorbic Acid (Vit. C), Ferrous Fumarate, Magnesium Oxide, Microcrystalline Cellulose, Pregelatinized Corn Starch, dl-Alpha-Tocopheryl Acetate (Vit. E). **Contains < 2% of:** Acacia, Beta-Carotene, BHT (to retard oxidation), Biotin, Calcium Pantothenate, Calcium Stearate, Carmine (Color), Cholecalciferol (Vit. D₃), Chromic Chloride, Citric Acid, Corn Starch, Corn Syrup Solids, Crospovidone, Cupric Sulfate, Cyanocobalamin (Vit. B₁₂), Folic Acid, Gelatin, Hypromellose, Lecithin (Soy), Magnesium Stearate, Maltodextrin, Manganese Sulfate, Medium-Chain Triglycerides, Modified Corn Starch, Niacinamide, Phytanadione (Vit. K), Polyethylene Glycol, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Ascorbate (to retard oxidation), Sodium Benzoate (preservative), Sodium Citrate, Sodium Molybdate, Sodium Selenate, Sorbic Acid (preservative), Sucrose, Tak, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Tocopherols (to retard oxidation), Vitamin A Acetate, Zinc Oxide. **May also contain < 2% of:** Sodium Aluminosilicate. **Contains:** Soy.

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CENTRUM SPECIALIST PRENATAL

dietary supplement kit

Product Information

Product Type	DIETARY SUPPLEMENT	Item Code (Source)	NHRIC:0005-4365
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Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NHRIC:0005-4365-56	1 in 1 CARTON		

Quantity of Parts

Part #	Package Quantity	Total Product Quantity
Part 1	4 BLISTER PACK	28
Part 2	4 BLISTER PACK	28

Part 1 of 2

CENTRUM SPECIALIST PRENATAL MULTIVITAMIN

multivitamin/multimineral supplement tablet

Product Information**Route of Administration**

ORAL

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
VITAMIN A ACETATE (UNII: 3LE3D9D6OY) (VITAMIN A - UNII:81G40H8B0T)	VITAMIN A	1000 [iU]
.BETA.-CAROTENE (UNII: 01YAE03M7J) (.BETA.-CAROTENE - UNII:01YAE03M7J)	.BETA.-CAROTENE	1500 [iU]
ASCORBIC ACID (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	90 mg
CHOLECALCIFEROL (UNII: 1C6V77QF41) (CHOLECALCIFEROL - UNII:1C6V77QF41)	CHOLECALCIFEROL	400 [iU]
.ALPHA.-TOCOPHEROL ACETATE (UNII: 9E8X80D2L0) (.ALPHA.-TOCOPHEROL - UNII:H4N855PNZ1)	.ALPHA.-TOCOPHEROL ACETATE	35 [iU]
PHYTONADIONE (UNII: A034SE7857) (PHYTONADIONE - UNII:A034SE7857)	PHYTONADIONE	30 ug
THIAMINE MONONITRATE (UNII: 8K0I04919X) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	1.4 mg
RIBOFLAVIN (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	1.4 mg
NIACINAMIDE (UNII: 25X51I8RD4) (NIACINAMIDE - UNII:25X51I8RD4)	NIACINAMIDE	18 mg
PYRIDOXINE HYDROCHLORIDE (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1B16Z)	PYRIDOXINE	1.9 mg
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	800 ug
CYANOCOBALAMIN (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	CYANOCOBALAMIN	2.6 mg
BIOTIN (UNII: 6SO6U10H04) (BIOTIN - UNII:6SO6U10H04)	BIOTIN	30 ug
CALCIUM PANTOTHENATE (UNII: 568ET80C3D) (PANTOTHENIC ACID - UNII:19F5HK2737)	PANTOTHENIC ACID	6 mg
ANHYDROUS DIBASIC CALCIUM PHOSPHATE (UNII: L11K75P92J) (CALCIUM CATION - UNII:2M83C4R6ZB)	ANHYDROUS DIBASIC CALCIUM PHOSPHATE	250 mg
FERROUS FUMARATE (UNII: R5L488RY0Q) (FERROUS CATION - UNII:GW89581OWR)	FERROUS CATION	27 mg
POTASSIUM IODIDE (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q)	IODIDE ION	220 ug
MAGNESIUM (UNII: I38ZP9992A) (MAGNESIUM - UNII:I38ZP9992A)	MAGNESIUM	50 mg
ZINC OXIDE (UNII: SOI2LOH54Z) (ZINC CATION - UNII:13S1S8SF37)	ZINC CATION	11 mg
SODIUM SELENATE (UNII: 5DQP25600A) (SELENATE ION - UNII:6X37R1DB70)	SELENIUM	30 ug
CUPRIC SULFATE (UNII: LRX7AJ16DT) (CUPRIC CATION - UNII:8CBV67279L)	CUPRIC CATION	0.9 mg
CHROMIC CHLORIDE (UNII: KB1PCR9DMW) (CHROMIC CATION - UNII:X1N4508KF1)	CHROMIC CATION	30 ug
MANGANESE SULFATE ANHYDROUS (UNII: IGA15S9H40) (MANGANESE - UNII:42Z2K6ZL8P)	MANGANESE	2 mg
SODIUM MOLYBDATE (UNII: 948QAQ081I) (MOLYBDATE ION - UNII:O0L10E6352)	MOLYBDATE ION	50 ug
CHLORIDE ION (UNII: Q32ZN48698) (CHLORIDE ION - UNII:Q32ZN48698)	CHLORIDE ION	72 mg
POTASSIUM CHLORIDE (UNII: 660YQ981I0) (POTASSIUM CATION - UNII:295O53K152)	POTASSIUM CATION	80 mg

Inactive Ingredients

Ingredient Name	Strength
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
PIGMENT RED 5 (UNII: 91OZU993LX)	
GELATIN (UNII: 2G86QN327L)	
CROSPVIDONE (15 MPAS AT 5%) (UNII: 68401960MK)	

LECITHIN, SOYBEAN (UNII: 1DI56QDM62)	
POLYETHYLENE GLYCOLS (UNII: 3WJQ0SDW1A)	
POLYVINYL ALCOHOL (UNII: 532B59J990)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TALC (UNII: 7SEV7J4R1U)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
TOCOPHEROL (UNII: R0ZB2556P8)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1		7 in 1 BLISTER PACK		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
DIETARY SUPPLEMENT		04/04/2011	

Part 2 of 2

CENTRUM SPECIALIST PRENATAL DHA SOFTGEL

dha supplement capsule, liquid filled

Product Information

Route of Administration	ORAL
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Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DOCONEXENT (UNII: ZAD9OKH9JC) (DOCONEXENT - UNII:ZAD9OKH9JC)	DOCONEXENT	200 mg
ICOSAPENT (UNII: AAN7QOV9EA) (ICOSAPENT - UNII:AAN7QOV9EA)	ICOSAPENT	15 mg

Inactive Ingredients

Ingredient Name	Strength
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
MEDIUM-CHAIN TRIGLYCERIDES (UNII: C9H2L21V7U)	
WATER (UNII: 059QF0KO0R)	
SUNFLOWER OIL (UNII: 3W1JG795YI)	
TOCOPHEROL (UNII: R0ZB2556P8)	

Packaging

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DIETARY SUPPLEMENT		04/04/2011	

Labeler - Wyeth Pharmaceutical Division of Wyeth Holdings LLC, a subsidiary of Pfizer Inc. (054065909)

Establishment

Name	Address	ID/FEI	Business Operations
Pfizer Canada Inc.		246770197	ANALYSIS(0005-4365) , LABEL(0005-4365) , MANUFACTURE(0005-4365) , PACK(0005-4365)

Revised: 1/2016

Wyeth Pharmaceutical Division of Wyeth Holdings LLC, a subsidiary of Pfizer Inc.