

## **NIGHTTIME SLEEP AID- diphenhydramine hcl solution**

### **H E B**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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### **HEB Nighttime Sleep-Aid Drug Facts**

#### **Active ingredient (in each 30 mL)**

Diphenhydramine HCl 50 mg

#### **Purpose**

Nighttime sleep-aid

#### **Uses**

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

#### **Warnings**

##### **Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

##### **Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to an enlargement of the prostate gland

##### **Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers

##### **When using this product**

- avoid alcoholic beverages

##### **Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

## If pregnant or breast-feeding,

ask a health professional before use.

## Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

## Directions

- take only one dose per day (24 hours)
- only use the dose cup provided

adults & children 12 yrs & over	30 mL at bed time if needed or as directed by a doctor
children under 12 yrs	do not use

## Other information

- **each 30 mL contains:** sodium 20 mg
- store at 20-25°C (68-77°F)

## Inactive ingredients

alcohol, anhydrous citric acid, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

## Questions?

**1-800-719-9260**

## Package/Label Principal Display Panel

Compare to Vicks<sup>®</sup> ZzzQuil<sup>®</sup> active ingredient

H-E-B<sup>®</sup>

Nighttime Sleep-Aid

Diphenhydramine HCl 50 mg per 30 mL

Helps You Fall Asleep

ALCOHOL 10%

- Not for Treating Colds or Flu
- Non-Habit Forming
- Berry Flavor

12 FL OZ (355 mL)



## NIGHTTIME SLEEP AID

diphenhydramine hcl solution

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:37808-186
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>HIGH FRUCTOSE CORN SYRUP</b> (UNII: XY6UN3QB65)	
<b>POLOXAMER 407</b> (UNII: TUF21VW3M2)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>WATER</b> (UNII: 059QF0K00R)	
<b>SACCHARIN SODIUM</b> (UNII: SB8ZUX40TY)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>SODIUM CITRATE, UNSPECIFIED FORM</b> (UNII: 1Q73Q2JULR)	

### Product Characteristics

<b>Color</b>	PURPLE	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	BERRY	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-186-40	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	10/30/2013	
2	NDC:37808-186-30	177 mL in 1 BOTTLE; Type 0: Not a Combination Product	04/11/2016	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part338	10/30/2013	

**Labeler** - H E B (007924756)

Revised: 2/2023

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