# NICOTINE POLACRILEX- nicotine polacrilex gum, chewing Family Dollar (FAMILY WELLNESS)

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Nicotine Polacrilex Gum Coated Ice Mint 4 mg ANDA204833 - Equate

#### Drug Facts

#### Active ingredient (in each chewing piece)

Nicotine Polacrilex 4 mg (nicotine)

#### Purpose

Stop smoking aid

#### Use

reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

#### Warnings

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

#### Ask a doctor before use if you have

- a sodium-restricted diet
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or diabetes
- history of seizures

#### Ask a doctor or pharmacist before use if you are

- using a non-nicotine stop smoking drug
- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

#### Stop use and ask a doctor if

- mouth, teeth, or jaw problems occur
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhea, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

## Keep out of reach of children and pets.

Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

### Directions

- if you are under 18 years of age, ask a doctor before use
- before using this product, read the enclosed User's Guide for complete directions and other important information
- begin using the gum on your quit day
- if you smoke your first cigarette more than 30 minutes after waking up, use 2 mg nicotine gum
- **if you smoke your first cigarette within 30 minutes of waking up,** use 4 mg nicotine gum according to the following 12 week schedule:

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12		
1 piece	1 piece	1 piece		
every	every	every		
1 to 2	2 to 4	4 to 8		
hours	hours	hours		

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again, until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

# Other information

• each piece contains: calcium 120 mg, sodium 8 mg

- store at 20 25°C (68 77°F)
- protect from light

### Inactive ingredients

acacia, acesulfame potassium, carnauba wax, D&C yellow #10 aluminum lake, flavors, gum base, hydroxypropyl cellulose, magnesium oxide, sodium bicarbonate, sodium carbonate, talc, titanium dioxide and xylitol.

#### Questions or comments?

Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

#### **Principal Display Panel**

COMPARE TO THE ACTIVE INGREDIENT IN NICORETTE® GUM\*

COATED

NICOTINE GUM

NICOTINE POLACRILEX GUM USP, 4 MG (NICOTINE)

STOP SMOKING AID

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE WITHIN 30 MINUTES OF WAKING UP

If you smoke your first cigarette <u>MORE THAN</u> 30 MINUTES after waking up, use Nicotine Polacrilex gum, 2 mg

SUGAR-FREE

ICE MINT FLAVOR

#### TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivate to quit

2. **Use Enough** - Chew **at least 9 pieces** of Nicotine Polacrilex Gum per day during the first six weeks

- 3. Use long enough Use Nicotine Polacrilex Gum for the full 12 weeks
- 4. Use with a Support Program as directed in the enclosed User's Guide

To remove the gum, tear off single unit

Peel off backing starting at corner with loose edge

Push gum through foil

- not for sale to those under 18 years of age
- proof of age required
- not for sale in vending machines or from any source where proof of age cannot be verified

\*This product is not manufactured or distributed by GlaxoSmithKline Consumer

Healthcare, L.P., distributor of Nicorette® Gum

# BLISTER PACKAGED FOR YOUR PROTECTION. DO NOT USE IF INDIVIDUAL SEALS ARE OPEN OR TORN.

DISTRIBUTED BY MIDWOOD BRANDS, LLC 500 VOLVO PKWY, CHESAPEAKE, VA 23320

Package Label

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Use Long Enough - Use Nicotine Polacrilex Gum for the full 12 weeks.
Use With a Support Program as directed in the enclosed User's Guide.

**COMPARE TO THE** 

**ACTIVE INGREDIENT IN** 

**NICORETTE® GUM\*** 

#### Drug Facts (continued) Other information

■ each piece contains: calcium 120 mg, sodium 8 mg ■ store at 20-25°C (68 -77°F) ■ protect from light

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DISTRIBUTED BY: MIDWOOD BRANDS, LLC 500 VOLVO PKWY CHESAPEAKE, VA 23320 USA PRODUCT OF IRELAND



NOT 100% SATISFIED? Return within 30 days to the store of purchase for a refund (with receipt) or exchange.



NICOTINE POLACRILEX GUM USP, 4 MG (NICOTINE)

#### **STOP SMOKING AID**

FAMILY

Wellness"

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SUGAR-FREE



ICE MINT FLAVOR Actual Size

NDC 55319-966-20

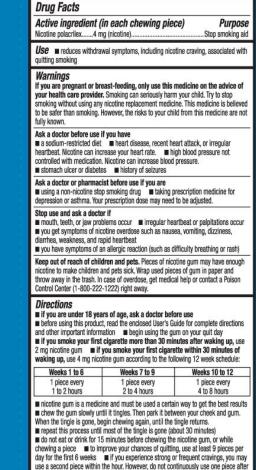


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any source annot be ve

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another since this may cause you hiccups, heartburn, nausea or other side effects.

it is important to complete treatment. If you feel you need to use the gum for a

longer period to keep from smoking, talk to your health care provider.

do not use more than 24 pieces a day

20 Pieces, 4 mg Each



FAMILY WELLNESS Nicotine Gum

# **NICOTINE POLACRILEX**

nicotine polacrilex gum, chewing

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55319-966
Route of Administration	ORAL		

	lient/Active Moi	-				
	Ingredient	t Name		Basis of Stre	ength	Strength
NICOTINE (UNII: 6	M3C89ZY6R) (NICOTII	NE - UNII:6M3C89ZY6F	२)	NICOTINE		4 mg
Inactive Ingro	edients					
		Ingredient Name				Strength
ACACIA (UNII: 5C5	403N26O)					
ACESULFAME PO	TASSIUM (UNII: 230)	V73Q5G9)				
CARNAUBA WAX	(UNII: R12CBM0EIZ)					
D&C YELLOW NO	. 10 (UNII: 35SW5US	Q3G)				
HYDROXYPROPYI	CELLULOSE, UNSP	PECIFIED (UNII: 9XZ8	H6N6OH)			
MAGNESIUM OXI	<b>DE</b> (UNII: 3A3U0GI71G	G)				
SODIUM BICARBO	ONATE (UNII: 8MDF5V	/39QO)				
SODIUM CARBON	ATE (UNII: 45P3261C	:7T)				
TALC (UNII: 7SEV7	J4R1U)					
TITANIUM DIOXIC	E (UNII: 15FIX9V2JP)					
XYLITOL (UNII: VC	Q006KQ1E)					
Product Char	acteristics					
Color	yellow SOUARE		Score Size		no so 14mr	
Color Shape	yellow SQUARE		Size	le		
Color Shape Flavor	yellow			le		
Color Shape Flavor	yellow SQUARE		Size	le		
Color Shape Flavor Contains	yellow SQUARE		Size	le		
Color Shape Flavor Contains <b>Packaging</b>	yellow SQUARE MINT (ice min		Size Imprint Coc	le arketing Start Date	14mr	
Color Shape Flavor Contains Packaging # Item Code	yellow SQUARE MINT (ice min	nt)	Size Imprint Coc	arketing Start	14mr	n keting End
Color Shape Flavor Contains Packaging # Item Code 1 NDC:55319-966 20	yellow SQUARE MINT (ice min Packa) 20 in 1 CARTON	nt)	Size Imprint Coc M 07/C	arketing Start Date	14mr	n keting End
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Labeler - Family Dollar (FAMILY WELLNESS) (024472631)

Revised: 9/2023