

SIMPLY HARMONY- ignatia amara, passiflora incarnata, valeriana officinalis, kali phosphoricum tablet
Nartex Laboratorios Homeopaticos, S.A. De C.V.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Simply Harmony

Active ingredients

Ignatia amara 3X HPUS*

Passiflora incarnata 3X HPUS*

Valeriana officinalis 3X HPUS*

Kali phosphoricum 6X HPUS*

Purpose

Ignatia amara 3X HPUS*.....Headache, mental fatigue and insomnia from emotional disorders

Passiflora incarnata 3X HPUS*.....Sleeplessness from worries and restlessness

Valeriana officinalis 3X HPUS*.....Restless sleep

Kali phosphoricum 6X HPUS*.....Mental fatigue, difficulty concentrating, headaches, occasional sleeplessness

*The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States. "X" is a homeopathic dilution. See www.nartexlabsusa.com for more information.

Uses

For the temporary relief of mental fatigue, difficulty concentrating, headaches, and occasional sleeplessness due to everyday stress. For hard-day periods. Claims based on traditional homeopathic practice, not accepted medical evidence. These uses have not been evaluated by FDA, and product has not been clinically tested.

Warnings

Do not use

- if you have an allergy or hypersensitivity to the components of the formula or have had a prior reaction to this product.

Stop use and ask a doctor if

- condition worsens.
- symptoms persist for more than 7 days or clear up and occur again within a few days.
- rash develops.

If pregnant or breast feeding, consult a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- adults and children 12 years and older: take 1 tablet every 8 hours. Dissolves slowly in mouth.
- children under 12 years, consult a physician.

Other information

- store in a cool and dry place.
- do not use if container seal is broken.

Inactive ingredients

Gelatin, Lactosa USP, Magnesium stearate, Potato starch, Purified water, Sodium benzoate, Talc USP

Questions or comments?

informacion@nartexlabs.com or call 1-877-248-1970 between 9am and 5pm CST. Active ingredients are prepared in accordance with the Homeopathic Pharmacopoeia of the United States, and are therefore non-toxic and have no known side effects.

NDC 34666-403-01

SIMPLY Harmony

Mental Fatigue Relief

- Stay Calm
- Stay Sharp
- Stay Focused
- Mood Support

Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated and not clinically tested.

Homeopathic

120 Tablets



Drug Facts

Active Ingredients (in each tablet) **Purpose**
Ignatia amara 3X HPUS*.....Headache, mental fatigue and insomnia from emotional disorders
Passiflora incarnata 3X HPUS*.... Sleeplessness from worries and restlessness
Valeriana officinalis 3X HPUS*..... Restless sleep
Kali phosphoricum 6X HPUS* Mental fatigue, difficulty concentrating, headaches, occasional sleeplessness
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Product of Mexico
 Distributed by:
 Nartex Labs USA, Inc.
 9543 Bissonnet St. Ste. 302
 Houston TX 77036 USA
www.nartexlabsusa.com



Lot: _____
 Exp.: _____

Keep box. It contains important information.

NDC 34666-403-01



Mental Fatigue Relief

- Stay Calm • Stay Sharp • Stay Focused
- Mood Support

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Homeopathic
 120 Tablets

Directions
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 *SEE DIRECTIONS AT THE BACK
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Non-Drowsy



Non-Habit forming



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Harmony



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Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:34666-403
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PASSIFLORA INCARNATA FLOWERING TOP (UNII: CLF5YFS110) (PASSIFLORA INCARNATA FLOWERING TOP - UNII:CLF5YFS110)	PASSIFLORA INCARNATA FLOWERING TOP	3 [hp_X]
VALERIAN (UNII: JWF5YAW3QW) (VALERIAN - UNII:JWF5YAW3QW)	VALERIAN	3 [hp_X]
DIBASIC POTASSIUM PHOSPHATE (UNII: CI71S98N1Z) (PHOSPHATE ION - UNII:NK08V8K8HR)	DIBASIC POTASSIUM PHOSPHATE	6 [hp_X]
STRYCHNOS IGNATII SEED (UNII: 1NM3M2487K) (STRYCHNOS IGNATII SEED - UNII:1NM3M2487K)	STRYCHNOS IGNATII SEED	3 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
LACTOSE, UNSPECIFIED FORM (UNII: J2B2A4N98G)	
STARCH, POTATO (UNII: 8I089SAH3T)	
TALC (UNII: 7SEV7J4R1U)	
WATER (UNII: 059QF0KO0R)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
GELATIN (UNII: 2G86QN327L)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	

Product Characteristics

Color	white	Score	score with uneven pieces
Shape	ROUND	Size	9mm
Flavor		Imprint Code	LogoNartex

Contains**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:34666-403-01	1 in 1 CARTON	12/03/2021	
1		120 in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		12/03/2021	

Labeler - Nartex Laboratorios Homeopaticos, S.A. De C.V. (589914576)**Establishment**

Name	Address	ID/FEI	Business Operations
Nartex Laboratorios Homeopaticos, S.A. De C.V.		589914576	manufacture(34666-403)

Revised: 12/2021

Nartex Laboratorios Homeopaticos, S.A. De C.V.