

**ROMPE PECHO DM- dextromethorphan hbr, guaifenesin liquid**  
**Efficient Laboratories Inc**

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**Rompe Pecho**

**Active Ingredients:**(in each teaspoonful 5 ml.)

**Purpose**

Dextromethorphan Hydrobromide 10 mg ..... Cough Suppressant  
Guaifenesin 100 mg ..... Expectorant

**Purpose**

Cough Suppressant

Expectorant

**Uses:**

- temporarily relieves cough as may occur with the common cold
- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus.

**Warnings**

**Do not exceed recommended dosage.**

**Ask a doctor before use if you have**

- a cough that is accompanied by excessive phlegm (mucus)
- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema.

**Do not use**

- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains on MAOI, ask a doctor or pharmacist before taking this product.
- **Stop use and ask a doctor**
- If cough persists more than 1 week, tends to recur or is accompanied by a fever, rash or persistent headache. A persistent cough may be a sign of a serious condition.

**If pregnant or breast-feeding,**ask a health professional before use.

**Keep out of reach of children.**

In case of accidental overdose, get medical help or contact a Poison Control Center right away.

**Directions**

Shake well before use

Do not exceed more than 6 doses in any 24 hour period or as directed by a doctor

## Age

Adults and Children 12 years of age and over  
 Children 6 to under 12 years of age  
 Children under 6 years of age

## Dose

10 mL (2 tsps.) every 4 hours  
 5 mL (1 tsp.) every 4 hours  
 Do not use

**Inactive Ingredients:** Blue Cohosh root extract, Echinacea root extract, Eucalyptus oil, Gingka Biloba leaf extract, glycerin, Golden Seal Root extract, Honey, Licorice Root extract, Menthol, Methylparaben, Mullein leaf extract, Myrrh gum extract, Pleurisy Root, Potassium sorbate, polysorbate 80, propolis extract, propylene glycol, Propylparaben, Slippery Elm Bark extract, Sodium Chloride, Spearmint flavor, Sucralose, water, Wild Cherry Bark extract and Zinc Sulfate.

## Questions or Comments?

305-805-3456 Monday - Friday 9AM to 5PM EST

www.efficientlabs.com



**Rompe Pecho<sup>®</sup>**  
**DM Cough**  
 Bronchial Congestion  
 Phlegm (mucus)  
 Cough  
 with Honey  
**ALCOHOL FREE**  
**Echinacea, Eucalyptus, Menthol & more**  
 Dextromethorphan HBr (Cough Suppressant)  
 Guaifenesin (Expectorant)  
 Adults & Children 12 years & over  
 NET WEIGHT: 6 FL Oz (178 mL)

**Drug Facts**

**Active ingredients** (in each dose, 10 mL)      **Purpose**  
 Dextromethorphan HBr 20 mg.....Cough suppressant  
 Guaifenesin 200 mg.....Expectorant

**Uses** - temporarily relieves cough as may occur with the common cold - helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus.

**Warnings**  
**Do not use** - if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

Ask a doctor before use if you have - a cough that is accompanied by excessive phlegm (mucus) - a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema.

Stop use and ask a doctor if - cough persists for more than 1 week, tends to recur, or is accompanied by a fever, rash, or persistent headache. A persistent cough may be a sign of a serious condition.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**  
 - do not exceed more than 6 doses in any 24-hour period  
 - shake well before use  
 - measure only with dosing cup provided  
 - keep dosing cup with product  
 - mL = milliliter    TSP = teaspoonful  
 - this adult product is not intended for use in children under 12 years of age

Age	Dose
adults and children 12 years of age and over	10 mL (2 teaspoonful) every 4 hours
children under 12 years of age	do not use

**Other information** - store between 15°- 30° C (59°- 86° F). Do not refrigerate - product color & flavor may vary due to natural honey.

**TAMPER-EVIDENT FEATURE:** Do not use this product if printed safety seal is torn, broken, or missing.

**Inactive ingredients** blue cohosh root extract, echinacea root extract, eucalyptus oil, flavor, ginkgo biloba leaf extract, glycerin, goldenseal root extract, honey, licorice root extract, menthol, methylparaben, mullein leaf extract, myrrh gum extract, pleurisy root, potassium sorbate, polysorbate 80, propolis extract, propylene glycol, propylparaben, slippery elm bark extract, sodium chloride, sucralose, water, wild cherry bark extract and zinc sulfate.

**Questions or Comments?** 305-805-3456  
 Monday - Friday (9 AM - 5 PM EST) or www.efficientlabs.com

Other cold formulas: Rompe Pecho<sup>®</sup> EX, Rompe Pecho<sup>®</sup> SF, Rompe Pecho<sup>®</sup> CF, Rompe Pecho<sup>®</sup> FLU, Cough Out! and Miel y Miel, Rompe Pecho<sup>®</sup> Max, and Rompe Pecho<sup>®</sup> NT.

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 Rev. 1

**Keep box for complete instructions**

Distributed by/Distribuido por:  
 Efficient Laboratories, Inc.  
 Miami, FL 33166, Made in U.S.A./ Hecho en EE.UU.



**Rompe Pecho<sup>®</sup>**  
**DM Tos**  
 Congestión Bronquial  
 Flema (mucosas)  
 Tos  
 with Miel  
**SIN ALCOHOL**  
**Equinácea, Eucalipto, Mentol y más**  
 Dextrometorfano HBr (Supresor de la tos)  
 Guaifenesina (Expectorante)  
 Adultos y Niños 12 años y más  
 PESO NETO: 6 Oz FL (178 mL)

**Datos Farmacológicos**

**Ingredientes activos** (en cada dosis, 10 mL)      **Propósito**  
 Dextrometorfano HBr 20 mg.....Supresor de la tos  
 Guaifenesina 200 mg.....Expectorante

**Usos** - alivia temporalmente la tos producido del resfriado común - ayuda a aflojar la flema (mucosidad) y de esa forma facilita la eliminación de la mucosidad de los conductos bronquiales

**Advertencias**  
**No utilice** - si está tomando por prescripción un inhibidor de la monoamino oxidasa (IMAO) (ciertos medicamentos para la depresión, trastornos psiquiátricos o emocionales, o la enfermedad de Parkinson), o durante las 2 semanas después de dejar de tomar el IMAO. Si usted no sabe si su medicamento recetado contiene un IMAO, consulte a su médico o farmacéutico antes de tomar este producto.

**Pregúntele a su médico antes de usar si usted tiene** - una tos que se acompaña de flema excesiva (mucosidad) - una tos persistente o crónica, como ocurre con el tabaquismo, el asma, bronquitis crónica o enfisema

**Para de usar y consulte al médico si** - los persiste por más de 1 semana, tiende a repetirse, o se acompaña de fiebre, erupción cutánea o dolor de cabeza persistente. Una tos persistente puede ser un signo de una enfermedad grave.

**Si usted está embarazada o lactando** pregúntele a un profesional de la salud antes de usar.

**Mantener fuera del alcance de los niños.** En caso de sobredosis, busque ayuda médica o contacte un Centro de Control de Intoxicación inmediatamente.

**Indicaciones**  
 - no exceder más de 6 dosis en un periodo de 24 horas  
 - agitar bien antes de usar  
 - medir solamente con la copa de dosis incluida  
 - mantenga la copa de dosis con este producto  
 - mL = mililitro    TSP = cucharadita  
 - este producto para adultos no está destinado a usarse en niños menores de 12 años de edad

Edad	Dosis
adultos y niños 12 años de edad y más	10 mL (2 cucharaditas) cada 4 horas
niños menores de 12 años	no usar

**Otra información** - almacenar entre 15°- 30° C (59°- 86° F). No refrigerar - color y sabor del producto puede variar debido a la miel.

**EVIDENCIA DE SEGURIDAD:** No utilice este producto si el sello de seguridad está rasgado, roto o falta.

**Ingredientes inactivos** extracto de raíz de cohosh azul, extracto de raíz de equinácea, aceite de eucalipto, sabor, extracto de hoja de ginkgo biloba, glicerina, raíz de sello dorado, miel, raíz de regaliz, mentol, metilparabeno, extracto de hojas de gordolobo, extracto de goma de mirra, raíz de pleuresia, sorbato de potasio, polisorbato 80, extracto de propolis, propilenglicol, propilparabeno, extracto de corteza de olmo resbaladizo, cloruro de sodio, sucralosa, agua, extracto de corteza de cereza salvaje y sulfato de zinc.

**¿Preguntas o Comentarios?** 305-805-3456  
 Lunes - Viernes (9 AM - 5 PM EST) o www.efficientlabs.com

Other formulas: Rompe Pecho<sup>®</sup> EX, Rompe Pecho<sup>®</sup> SF, Rompe Pecho<sup>®</sup> CF, Rompe Pecho<sup>®</sup> FLU, Cough Out! and Miel y Miel, Rompe Pecho<sup>®</sup> Max, y Rompe Pecho<sup>®</sup> NT.

**Guarde la caja para instrucciones completas**

**ROMPE PECHO DM**

dextromethorphan hbr, guaifenesin liquid

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:58593-275
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RT19KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	10 mg in 5 mL
<b>GUAIFENESIN</b> (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	100 mg in 5 mL

## Inactive Ingredients

Ingredient Name	Strength
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	
<b>PROPOLIS WAX</b> (UNII: 6Y8XYV2NOF)	
<b>CAULOPHYLLUM THALICTROIDES ROOT</b> (UNII: JTJ6HH6YEH)	
<b>ECHINACEA, UNSPECIFIED</b> (UNII: 4N9P6CC1DX)	
<b>EUCALYPTUS GLOBULUS LEAF</b> (UNII: S546YLV6E6)	
<b>GINKGO</b> (UNII: 19FUJ2C58T)	
<b>GOLDENSEAL</b> (UNII: ZW3Z11D0JV)	
<b>HONEY</b> (UNII: Y9H1V576FH)	
<b>GLYCYRRHIZA GLABRA</b> (UNII: 2788Z9758H)	
<b>MENTHOL</b> (UNII: L7T10EIP3A)	
<b>METHYLPARABEN</b> (UNII: A2I8C7HI9T)	
<b>VERBASCUM DENSIFLORUM LEAF</b> (UNII: 9936O846LI)	
<b>MYRRH</b> (UNII: JC71GJ1F3L)	
<b>ASCLEPIAS TUBEROSA ROOT</b> (UNII: 1ZL82U5D18)	
<b>POTASSIUM SORBATE</b> (UNII: 1VPU26JZZ4)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>PROPYLPARABEN</b> (UNII: Z8IX2SC1OH)	
<b>WATER</b> (UNII: 059QF0KOOR)	
<b>ULMUS RUBRA BARK</b> (UNII: 91QY4PXU8Q)	
<b>SODIUM CHLORIDE</b> (UNII: 451W47IQ8X)	
<b>SPEARMINT</b> (UNII: J7I2T6IV1N)	
<b>PRUNUS SEROTINA BARK</b> (UNII: 5D48E975HA)	
<b>ZINC SULFATE</b> (UNII: 89DS0H96TB)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58593-275-06	178 mL in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2001	
2	NDC:58593-275-	10 mL in 1 POUCH; Type 0: Not a Combination	10/01/2001	05/16/2023

2	10	Product	10/01/2001	05/16/2023
3	NDC:58593-275-04	118 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/01/2015	05/16/2023
4	NDC:58593-275-08	237 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/01/2015	05/16/2023

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	10/01/2001	

**Labeler** - Efficient Laboratories Inc (969044932)

**Registrant** - Efficient Laboratories Inc (969044932)

Revised: 12/2023

Efficient Laboratories Inc