

MENSTRUAL RELIEF- acetaminophen, caffeine, pyrilamine maleate tablet, film coated

Better Living Brands, LLC

Signature Select 44-390

Active ingredients (in each caplet)

Acetaminophen 500 mg
Caffeine 60 mg
Pyrilamine maleate 15 mg

Purpose

Pain reliever
Diuretic
Antihistamine

Uses

for the temporary relief of these symptoms associated with menstrual periods:

- bloating
- headache
- water-weight gain
- cramps
- backache
- fatigue
- muscle aches

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy alert: Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

Do not use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you have ever had an allergic reaction to this product or any of its ingredients

Ask a doctor before use if you have

- difficulty in urination due to enlargement of the prostate gland
- liver disease
- glaucoma
- a breathing problem such as emphysema or chronic bronchitis

Ask a doctor or pharmacist before use if you are

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

When using this product

- drowsiness may occur
- excitability may occur, especially in children
- alcohol, sedatives, and tranquilizers may increase drowsiness
- use caution when driving a motor vehicle or operating machinery
- avoid alcoholic beverages
- limit the use of caffeine-containing medications, foods, or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness, and, occasionally, rapid heart rate. The recommended dose of this product contains about as much caffeine as a cup of coffee.

Stop use and ask a doctor if

- new symptoms occur
- redness or swelling is present
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days

These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- **do not take more directed**
- adults and children 12 years and over:
 - take 2 caplets with water
 - repeat every 6 hours, as needed

- do not exceed 6 caplets per day
- children under 12 years: ask a doctor

Other information

- see end flap for expiration date and lot number
- store at 25°C (77°F); excursions permitted between 15°-30°C (59°-86°F)

Inactive ingredients

corn starch, croscarmellose sodium, crospovidone, hypromellose, magnesium stearate, microcrystalline cellulose, polydextrose, polyethylene glycol, povidone, silicon dioxide, stearic acid, titanium dioxide, triacetin

Questions or comments?

1-800-426-9391

Principal Display Panel

COMPARE TO
Midol® Complete Active Ingredients*

NDC 21130-930-10

Signature SELECT™

Menstrual Relief

MULTI-SYMPTOM

PAIN RELIEVER / DIURETIC /

ANTIHISTAMINE

ACETAMINOPHEN 500 mg /

CAFFEINE 60 mg / PYRILAMINE MALEATE 15 mg

Relieves:

- Cramps • Bloating • Fatigue
- Backache • Headache

Actual Size

40 CAPLETS

*This product is not manufactured or distributed by Bayer HealthCare LLC, distributors of Midol® Complete. 50844 REV0623E39010

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DISTRIBUTED BY:

BETTER LIVING BRANDS LLC

P.O. BOX 99, PLEASANTON, CA 94566-0009

‡1-888-723-3929

| | | | |
|--------------------------------|----------------|---------------------------|---------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:21130-930 |
| Route of Administration | ORAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|---|--------------------|----------|
| ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D) | ACETAMINOPHEN | 500 mg |
| CAFFEINE (UNII: 3G6A5W338E) (CAFFEINE - UNII:3G6A5W338E) | CAFFEINE | 60 mg |
| PYRILAMINE MALEATE (UNII: R35D29L3ZA) (PYRILAMINE - UNII:HPE317O9TL) | PYRILAMINE MALEATE | 15 mg |

Inactive Ingredients

| Ingredient Name | Strength |
|--|----------|
| STARCH, CORN (UNII: O8232NY3SJ) | |
| CROSCARMELOSE SODIUM (UNII: M28OL1HH48) | |
| CROSPVIDONE, UNSPECIFIED (UNII: 2S7830E561) | |
| HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO) | |
| MAGNESIUM STEARATE (UNII: 70097M6I30) | |
| MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U) | |
| POLYDEXTROSE (UNII: VH2XOU12IE) | |
| POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A) | |
| POVIDONE, UNSPECIFIED (UNII: FZ989GH94E) | |
| SILICON DIOXIDE (UNII: ETJ7Z6XBU4) | |
| STEARIC ACID (UNII: 4ELV7Z65AP) | |
| TITANIUM DIOXIDE (UNII: 15FIX9V2JP) | |
| TRIACETIN (UNII: XHX3C3X673) | |

Product Characteristics

| | | | |
|-----------------|-------|---------------------|----------|
| Color | white | Score | no score |
| Shape | OVAL | Size | 17mm |
| Flavor | | Imprint Code | 44;390 |
| Contains | | | |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|--|----------------------|--------------------|
| 1 | NDC:21130-930-10 | 1 in 1 CARTON | 04/29/2024 | |
| 1 | | 40 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product | | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|--------------------|--|----------------------|--------------------|
| OTC Monograph Drug | M013 | 04/29/2024 | |

Labeler - Better Living Brands, LLC (009137209)

Establishment

| Name | Address | ID/FEI | Business Operations |
|-------------------------|---------|-----------|---------------------|
| LNK International, Inc. | | 038154464 | pack(21130-930) |

Establishment

| Name | Address | ID/FEI | Business Operations |
|-------------------------|---------|-----------|--|
| LNK International, Inc. | | 832867837 | manufacture(21130-930) , pack(21130-930) |

Establishment

| Name | Address | ID/FEI | Business Operations |
|-------------------------|---------|-----------|------------------------|
| LNK International, Inc. | | 832867894 | manufacture(21130-930) |

Establishment

| Name | Address | ID/FEI | Business Operations |
|-------------------------|---------|-----------|---------------------|
| LNK International, Inc. | | 967626305 | pack(21130-930) |

Establishment

| Name | Address | ID/FEI | Business Operations |
|-------------------------|---------|-----------|------------------------|
| LNK International, Inc. | | 117025878 | manufacture(21130-930) |

Revised: 4/2024

Better Living Brands, LLC