365 EVERYDAY VALUE BE WELL COUGH EASE- antimony potassium tartrate, bryonia alba root, protortonia cacti, drosera rotundifolia, ipecac, pulsatilla vulgaris, rumex crispus root, pongia officinalis skeleton, roasted, lobaria pulmonaria syrup WFM Private Label. LP

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

365 Everyday Value Cough Ease

Antimonium tartaricum 6C (12.4 mg) ** (contains less an 10 -11 mg antimony)

Bryonia alba 3C (12.4 mg)**

Coccus cacti 3C (12.4 mg)**

Drosera rotundifolia 3C (12.4 mg)**

Ipecacuanha 3C (12.4 mg)** (contains less than 10 -6 mg emetine alkaloids)

Pulsatilla 6C (12.4 mg)**

Rumex crispus 6C (12.4 mg)** (contains less than 10 -13 mg anthraquinone glycosides)

Spongia tosta 3C (12.4 mg)**

Sticta pulmonaria 3C (12.4 mg)**

(in each mL)

The letters "HPUS" indicate that the components in this product are officially monographed in the Homeopathic Pharmacopoeia of the United States.

Antimonium tartaricum ... 6C Helps loosen thick mucus*

Bryonia alba 3C ... Relieves dry and painful cough*

Coccus cacti 3C ... Relieves cough associated with a tickling in the throat*

Drosera rotundifolia 3C ... Relieves barking cough worse at night*

Ipecacuanha 3C ... Relieves cough associated with nausea*

Pulsatilla 6C ... Relieves wet cough during the day becoming worse at night*

Rumex crispus 6C ... Relieves dry cough triggered by cold air*

Spongia tosta 3C ... Relieves dry, croupy and barking cough*

Sticta pulmonaria 3C ... Relieves nighttime hacking cough*

USES*

- temporary relieves cough due to minor throat and bronchial irritation as may occur with a cold
- helps relieve chest congestion due to common colds by loosening phlegm (mucus) and thinning bronchial secretions to make coughs more productive

Do not use if you are allergic to any of this product's ingredients.

Ask a doctor before use if you have

Cough that last or is chronic such as occurs with smoking, asthma, chronic bronchitis, or emphysema

Cough that occurs with too much phlegm (mucus)

Stop use and ask a doctor if cough lasts for more than 7 days, comes back, or is accompanied by fever, rash, or a persistent headache as these could be a signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of accidental overdose, get medical help or contact a Poison Control Center right away.

Directions

Adults and Children 12 Years and Over 10 mL + every 2 hours, up to 8 times per day

Children 2 to 11 Years 5 mL + every 2 hours, up to 5 times pers day

Children under 2 Years Not Recommended

† Use only with dosing cup provided.

Do not use dosing cup with other products.

do not store above 77° F (25° C)

contains 4 g of sugar per 5 mL teaspoon

dispose of 1 year after opening

do not use if glued carton end flaps are open of if the seal at base of cap is broken or missing

Multi-Symptom Relief

Relieves Dry Cough & Chest Congestion*

No Drowsiness

Made with Honey

Homeopathic Medicine

6.7 FL OZ (200 mL)

Less than 0.01% Alcohol

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.

**6C and 3C are homeopathic dilutions. See www.theAAHP.org for more information.

alcohol, citric acid, honey, purified water, sodium benzoate, sucrose

Questions, Comments

1-844-WFM-TALK (1-844-936-8255)

Distributed by: Whole Foods Market 550 Bowie Street, Austin, TX 78703 © 2020 Whole Foods Market IP, LP www.wholefoodsmarket.com
Made in France

Principle Display Panel

Drug Facts

Active ingredients Antimonium tartaricum 6C HPUS, Bryonia 3C HPUS, Coccus cacti 3C HPUS, Drosera 3C HPUS, Ipecacuanha 3C HPUS, Pulsatilla 6C HPUS, Rumex crispus 6C HPUS, Spongia tosta 3C HPUS, Sticta pulmonaria 3C HPUS

Uses temporarily relieves cough due to minor throat and bronchial irritation as may occur with a cold helps relieve chest congestion due to common colds by loosening phlegm (mucus) and thinning bronchial secretions to make coughs more productive.

Warnings

Do not use if you are allergic to any of this product's ingredients. Ask a doctor before use if you have cough that lasts or is chronic such as occurs with smoking, asthma, chronic bronchitis, or emphysema cough that occurs with too much phlegm (mucus). Stop use and ask a doctor if cough lasts for more than 7 days, comes back or is accompanied by

fever, rash or a persistent headache as these could be signs of a serious condition.

If pregnant or breastfeeding, ask a health professional before use.

Cough **Ease**

DIRECTIONS

Adults & Children 12 Years & Over	10 mL every 2 hours, up to 8 times per day
Children 2 to 11 Years	5 mL every 2 hours, up to 5 times per day
Children Under 2 Years	Not Recommended

HOMEOPATHIC MEDICINE

6.7 FL OZ (200 mL)

Less than 0.01% Alcohol

Keep out of reach of children. In case of accidental overdose, get medical help or contact a Poison Control Center right away, Other information

do not store above 77°F (25°C)

NDC 42681-9032-2

- contains 4 g of sugar per 5 mL teaspoon
- dispose of 1 year after opening
- do not use if glued carton end flaps are open or if the seal at base of cap is broken or missing.

Inactive ingredients alcohol, citric acid, honey, purified water, sodium benzoate, sucrose

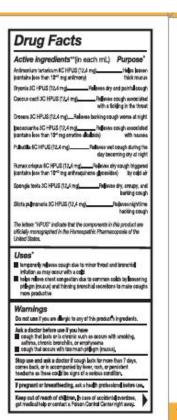
Questions or comments? 1-844-WFM-TALK (1-844-936-8255)

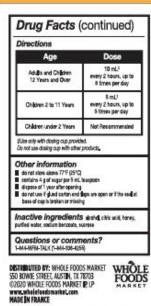
DISTRIBUTED BY: WHOLE FOODS MARKET 550 BOWJE STREET, AUSTIN, TX 78703 ©2020 WHOLE FOODS MARKET IP, LP www.wholefoodsmarket.com

LOT

EXP

MADE IN FRANCE







"CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE, NOT FOA EVALUATED,

**SC and 3C are homeopathic dilutions.
See www.theAAHRorp for more information.

Cough

NDC 42681-9032-2



Multi-Symptom Relief Relieves Dry Cough & Chest Congestion* No Drowsiness Made with Honey

HOMEOPATHIC MEDICANE

6.7 FL OZ (200 mL) Less than 0.01% Alcohol

Cough Ease is an established formula combining 9 traditional homeopathic medicines that are used to relieve several types of coughs and to soothe the throat.

This multi-symptom formula helps settle nagging dry cough and relieves chest congestion as may occur with a cold. Cough Ease provides reliable relief without drowsiness.

PLEASE RECYCLE

Package images

Drug Facts

Active ingredients	Purpose
Antimonium tartaricum 6C HPUS	Helps loosen thick mucus
Bryonia alba 3C HPUS	Relieves dry and painful cough
Coccus cacti3C HPUS	Relieves cough associated with a tickling in the throat
Drosera rotundifolia 3C HPUS	Relieves barking cough worse at night
Ipecacuanha3C HPUS	Relieves cough associated with nausea
Pulsatilla 6C HPUS	Relieves wet cough during the day becoming dry at night
Rumex crispus6C HPUS	Relieves dry cough triggered by cold air
Spongia tosta 3C HPUS	Relieves dry, croupy and barking cough
Sticta pulmonaria 3C HPUS	Relieves nighttime hacking cough

The letters HPUS indicate that these ingredients are officially included in the Homeopathic Pharmacopoeia of the United States.

Uses

- temporarily relieves cough due to minor throat and bronchial irritation as may occur with a cold
- helps loosen phlegm (mucus) and thin bronchial secretions to make coughs more productive

Warnings

Ask a doctor before use if you have

cough that occurs with too much phlegm (mucus)

Drug Facts (continued)

 cough that lasts or is chronic such as occurs with smoking, asthma or chronic bronchitis or emphysema

Stop use and ask a doctor if cough lasts for more than 7 days, comes back, or is accompanied by fever, rash, or a persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Directions

Age	Dose 2 teaspoons every 2 hours	
adults and children 12 years and over		
children 2 to 12 years I teaspoon every 2 hours		
children under 2 years	not recommended	

Other information

- store at 68-77°F (20-25°C)
- contains 4.2 g of sugar per 5 mL teaspoon
- contains 0.001% alcohol
- Do not use if seal at base of cap is broken or missing.

Inactive ingredients: citric acid, honey, purified water, sodium benzoate, sucrose

Questions, Comments? privatelabel.customerservice@wholefoods.com

DISTRIBUTED BY: WHOLE FOODS MARKET 550 BOWIE STREET • AUSTIN, TX 78703 © 2010 WHOLE FOODS MARKET IP, LP Made in France



BE WEL

Cough Ease

NATURAL RELIEF OF COUGH & CHEST CONGESTION

- Multi Cough Formula relieves
 Dry Cough and Chest Congestion
- No Drowsiness
- Honey Base





HOMEOPATHIC MEDICINE

4.2 FL OZ (125 mL) 0.001% Alcohol

Drug Facts Active ingredients* Purpose¹ Antimonium tartaricum. Helps loosen 6C HPUS thick mucus Bryonia. .Relieves dry 3C HPUS and painful cough Coccus cacti. .Relieves cough associated 3C HPUS with a tickling in the throat Drosera... ..Relieves barking cough worse at night 3C HPUS lpecacuanha.. .Relieves cough associated 3C HPUS with nausea ..Relieves wet cough during 6C HPUS the day becoming dry at night ..Relieves dry cough Rumex crispus.. 6C HPUS triggered by cold air Spongia tosta..Relieves dry, croupy and barking cough Sticta pulmonaria. .Relieves nighttime 3C HPUS hacking cough The letters HPUS indicate that these ingredients are officially included in the Homeopathic Pharmacopoeia

Uses†

of the United States.

- temporarily relieves cough due to minor throat and bronchial irritation as may occur with a cold
- helps loosen phlegm (mucus) and thin bronchial secretions to make coughs more productive

Warnings

Ask a doctor before use if you have:

- cough that occurs with too much phlegm (mucus)
- cough that lasts or is chronic such as occurs with smoking, asthma or chronic bronchitis or emphysema.

Drug Facts (continued)

Stop use and ask a doctor if cough lasts for more than 7 days, comes back, or is accompanied by fever, rash, or a persistent headache as these could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children.

Directions

	Age Dose	
	adults and children 12 years and over	2 teaspoons every 2 hours
		1 teaspoon every 2 hours
	children under 2 years	not recommended

Other information

- do not store above 77°F (25°C)
- contains 4.2g of sugar per 5mL teaspoon
- contains 0.01% alcohol
- do not use if glued carton end flaps are open or if seal at base of cap is broken or missing.

Inactive ingredients citric acid, honey, purified water, sodium benzoate, sucrose

Questions, Comments?

customer.questions@wholefoods.com

DISTRIBUTED BY:

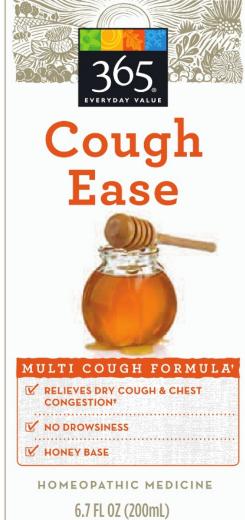
WHOLE FOODS MARKET 550 BOWIE STREET, AUSTIN, TX 78703 ©2015 WHOLE FOODS MARKET IP, LP

www.wholefoodsmarket.com MADE IN FRANCE

†These uses have not been evaluated by the Food and

Drug Administration. *6C and 3C are homeopathic dilutions. See www.AAHP.info for more information.





0.01% Alcohol

365 EVERYDAY VALUE BE WELL COUGH EASE

antimony potassium tartrate, bryonia alba root, protortonia cacti, drosera rotundifolia, ipecac, pulsatilla vulgaris, rumex crispus root, pongia officinalis skeleton, roasted, lobaria pulmonaria syrup

Product Information HUMAN OTC DRUG **Item Code (Source)** NDC:42681-9032 **Product Type** ORAL **Route of Administration**

Active Ingredient/Active Moiety				
Ingredient Name	Basis of Strength	Strength		
BRYONIA ALBA ROOT (UNII: T7J046YI2B) (BRYONIA ALBA ROOT - UNII:T7J046YI2B)	BRYONIA ALBA ROOT	3 [hp_C] in 1 mL		
PROTORTONIA CACTI (UNII: LZB7TFX1LT) (PROTORTONIA CACTI - UNII:LZB7TFX1LT)	PROTORTONIA CACTI	3 [hp_C] in 1 mL		
DROSERA ROTUNDIFOLIA (UNII: QR44N9XPJQ) (DROSERA ROTUNDIFOLIA - UNII: QR44N9XPJQ)	DROSERA ROTUNDIFOLIA	3 [hp_C] in 1 mL		
IPECAC (UNII: 6213C8233L) (IPECAC - UNII:6213C8233L)	IPECAC	3 [hp_C] in 1 mL		

PULSATILLA VULGARIS (UNII: 176KB35JEV) (PULSATILLA VULGARIS - UNII:176KB35JEV)	PULSATILLA VULGARIS	6 [hp_C] in 1 mL
RUMEX CRISPUS ROOT (UNII: 9N1RM2S62C) (RUMEX CRISPUS ROOT - UNII:9N1RM2S62C)	RUMEX CRISPUS ROOT	6 [hp_C] in 1 mL
SPONGIA OFFICINALIS SKELETON, ROASTED (UNII: 1PIP394IID) (SPONGIA OFFICINALIS SKELETON, ROASTED - UNII:1PIP394IID)	SPONGIA OFFICINALIS SKELETON, ROASTED	3 [hp_C] in 1 mL
LOBARIA PULMONARIA (UNII: D1YM0P5Z2T) (LOBARIA PULMONARIA - UNII:D1YM0P5Z2T)	LOBARIA PULMONARIA	3 [hp_C] in 1 mL
ANTIMONY POTASSIUM TARTRATE (UNII: DL6OZ476V3) (ANTIMONY CATION (3+) - UNII:069647RPT5)	ANTIMONY POTASSIUM TARTRATE	6 [hp_C] in 1 mL

Inactive Ingredients			
Ingredient Name	Strength		
ALCOHOL (UNII: 3K9958V90M)			
HONEY (UNII: Y9H1V576FH)			
SUCROSE (UNII: C151H8M554)			
WATER (UNII: 059QF0KO0R)			
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)			
SODIUM BENZOATE (UNII: OJ245FE5EU)			

Product Characteristics			
Color		Score	
Shape		Size	
Flavor	HONEY (Honey)	Imprint Code	
Contains			

P	Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date	
1	NDC:42681- 9032-1	125 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/03/2011	08/30/2018	
2	NDC:42681- 9032-2	200 mL in 1 BOTTLE; Type 0: Not a Combination Product	01/03/2011		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		01/03/2011	

Labeler - WFM Private Label, LP (196175616)

Revised: 3/2023 WFM Private Label, LP