Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Dr. Teals Magnesium sulfate U.S.P.

<table>
<thead>
<tr>
<th>Active ingredient</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Magnesium Sulfate USP (Epsom Salts)</td>
<td></td>
</tr>
</tbody>
</table>

External use: Soaking solution
Internal Use: Saline Laxative

Uses

External: Relieves pain from minor sprains and bruises
Internal: Relieves occasional constipation (irregularity)

generally produces bowel movement in 1/2 to 6 hours.

Keep out of reach of children. In case of accidental ingestion or overdose, seek medical attention or contact a Poison Control Center immediately.

When using this product, do not use more than directed.

Stop use and consult a doctor if:

As a soaking solution
- you experience redness, irritation, swelling, or infection

As a laxative
- you have no bowel movements within six hours or experience rectal bleeding-these could be signs of a serious condition
- you need a laxative for more than a week

Warnings:

Laxative
- Do not give to children under six years of age except under the advice and supervision of a physician.
- For occasional use only. Serious side effects from prolonged use or overdose may occur.

Do not take this product except under the advice and supervision of a physician if you:
- Have kidney disease
- Are taking prescription medication
- Have a magnesium restricted diet

Ask a doctor before if you have

As a soaking solution
- redness or swelling present
- evidence of an infection
- diabetes - hot and warm soaks should not be used by individuals with diabetes except on advice of a physician

As a laxative
- Stomach pain
- Nausea
- Kidney disease
- A sudden change in bowel habits that lasts over 2 weeks

If pregnant or breast feeding, consult a physician before use

Other information
Dissolve before use

Directions
- Do not exceed more than 2 doses per day, if neccessary repeat dosage in 4 hours

For External use
As a soaking solution: pour 2 cups of Epsom Salts under warm, running bath water. Soak for 20 minutes for to relieve sore,tired muscles.
As a warm compress: Dissolve 1 cup of Epsom Salts in 1 quart of warm water. Using a towel, apply solution to the affected area for 15-30 minutes to reduce pain and swelling. Repeat as needed.

For internal use
As a laxative 2-4 level teaspoons dissolved in a full glass (8oz) of water.
adults and children 12 years and older
children 6 to 12 years of age 1-2 level teaspoons dissolved in a full glass (8oz) of water.
not recommended for children under 6 years of age
This product contains no inactive ingredients
Dr. Teal's® combines Magnesium and Sulfate - the natural minerals that make up pure Epsom Salt - for whole body relief and wellness. Use Dr. Teal's® to revitalize tired, achy muscles, reduce stress, minimize swelling and refresh skin's appearance. Epsom Salt can also be ingested as a Saline Laxative for quick relief.

Also try Dr. Teal's® fragranced Epsom Salt Soaking Solution, infused with essential oils like Lavender & Eucalyptus Spearmint for a spa-like experience, and Dr. Teal's® award-winning Epsom Salt Foot Soak with Peppermint essential oil.

**Drug Facts**

**Active ingredient**
Magnesium Sulfate USP (Epsom Salt)

**Purpose**

- **Soaking Solution**
- **Saline Laxative**

**Uses**

- **External**
  - relieves pain from minor sprains and bruises
- **Internal**
  - relieves occasional constipation (irregularity)
  - generally produces bowel movement in 1/2 to 6 hours

**Warnings**

- **Laxative**
  - Do not give to children under six years of age except under the advice and supervision of a physician.
  - For occasional use only. Serious side effects from prolonged use or overdose may occur.

- **Do not take this product except under the advice and supervision of a physician if you:**
  - have kidney disease
  - are taking prescription medication
  - have a magnesium restricted diet

- **Ask a doctor before use if you have:**
  - redness or swelling present
  - evidence of an infection
evidence of an infection
  - diabetes, hot and warm soaks should not be used by individuals with diabetes except on advice of a physician

- **As a Laxative**
  - Stomach Pain
  - Nausea
  - Kidney Disease
  - A sudden change in bowel habits that lasts over 2 weeks

- **When using this product, do not use more than directed.**
  - Stop use and consult a doctor if:

  **As a Soaking Solution**
  - you experience redness, irritation, swelling, or infection

  **As a Laxative**
  - you have no bowel movement within six hours or experience rectal bleeding - these could be signs of a serious condition.
  - you need a laxative for more than one week
  - if pregnant or breastfeeding, consult a physician before use.

**Directions**

- Do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours
- For external use
  - **As a soaking solution:** Pour 2 cups of Epsom Salt under warm, running bath water. Soak for 20 minutes to relieve sore, tired muscles.
  - **As a warm compress:** Dissolve 1 cup of Epsom Salt in 1 quart of warm water. Using a towel, apply solution to the affected area for 15-30 minutes to reduce pain and swelling. Repeat as needed.
- For internal use
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    - adults and children.................2-4 level teaspoons dissolved
    - 12 years and older in a full glass (8oz) of water.
    - children 6 to 12.................1-2 level teaspoons dissolved
    - years of age in a full glass (8oz) of water.
    - Not recommended for children under 6 years of age

**Other information**

- Dissolve well before use

This finished product is not tested on animals.

Made in the U.S.A.

Distributed By:
Advanced Beauty Systems, Inc.
Dallas, TX 75240

Dr. Teal's is a registered trademark of Advanced Beauty Systems, Inc.

For more information about the benefits of Epsom Salt visit www.drteals.com
Dr. Teal's

Therapeutic solutions

Epsom Salt Soaking Solution

Magnesium Sulfate USP

Sooths aches, pains, sprains and stings

Helps relieve muscle tension

Made in U.S.A. with pure Epsom Salt

Net Wt. 2.72 Kg   6 lbs
Dr. Teal's®
Therapeutic Solutions

Epsom Salt
Soaking Solution

Magnesium Sulfate U.S.P.

+ Soothes aches, pains, sprains & stings
+ Helps relieve muscle tension
+ Made in the U.S.A. with pure Epsom Salt

NET WT. 2.72 Kg 6 LBS
EPSOM SALT SOAKING SOLUTION
magnesium sulfate granule

Product Information

Product Type: HUMAN OTC DRUG
Item Code (Source): NDC:51345-099
Route of Administration: TOPICAL

Active Ingredient/Active Moiety

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<th>Ingredient Name</th>
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<td>MAGNESIUM SULFATE</td>
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Packaging

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Marketing Information

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<th>Application Number or Monograph Citation</th>
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<td>OTC monograph not final</td>
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Labeler - Advanced Beauty Systems, Inc. (129986613)

Registrant - Giles Chemical, a division of Premier Magnesia, LLC (003162435)

Establishment

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>ID/FEI</th>
<th>Business Operations</th>
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<tbody>
<tr>
<td>Giles Chemical, a division of Premier Magnesia, LLC</td>
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<td>manufacture</td>
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Revised: 6/2012