

**TERRAVITALS BAKNEK- antimonium crudum, antimonium tartaricum, arnica montana, cuprum metallicum, lycopodium clavatum pellet**  
**Terravitals LLC**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Terravitals BakNek Active Ingredients**

Drug Facts

Active ingredients

Antimonium crudum 8C HPUS

Antimonium tartaricum 8C HPUS

Arnica montana 30C HPUS

Cuprum metallicum 8C HPUS

Lycopodium clavatum 6C HPUS

'HPUS' indicates that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

Small inner packaging label:

Made in the USA

# Terravitals<sup>®</sup> HOMEOPATHIC MEDICINE

NDC: 74474-107-01

## **BakNek<sup>™</sup>** Relieves neck pain\*

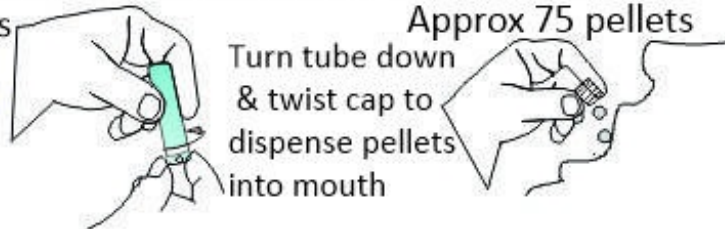
**Active ingredients** (HPUS) Antimon crud 8C, Antimon tart 8C, Arnica 30C, Cuprum met 8C, Lycopodium 6C. **Inactive ingredient** Organic sucrose. **\*Uses** For temporary relief of pain on sides of neck and nape due to minor muscle strain. **\*Claims** based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated. **Warning:** • **Stop use and ask a doctor if** symptoms persist for more than 5 days or worsen. • **If pregnant or breastfeeding**, ask a health professional • **Keep out of reach of children.**

**Do not use** if seal is missing or broken.

**Directions** Adults and adolescents 12 and over: Dissolve 1-2 pellets in mouth at the onset of symptoms; repeat every 1-6 hours as needed. **See outer packaging** for more information.

Questions/comments  
[www.terravitals.com](http://www.terravitals.com)

Exp: MM/YYYY  
Lot: BKYYADDXX



### **Terravitals BakNek Purpose**

Active ingredients** .....	Purpose
Antimonium crudum 8C HPUS.....	neck/back pain, neck/nape cramp
Antimonium tartaricum 8C HPUS .....	stiffness aggravated by motion
Arnica montana 30C HPUS.....	weakness and painful glands of neck
Cuprum metallicum 8C HPUS..	swelling neck glands,muscles back to neck
Lycopodium clavatum 6C HPUS.....	painful stiffness of left side of neck

'HPUS' indicates that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States

\*\*'C' is homeopathic dilution.

Uses\* For temporary relief of pain on sides of neck and nape due to minor muscle

strain.

\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

### **Terravitals BakNek Warnings**

Warnings Stop use and ask a doctor If symptoms persist more than 5 days or worsen. If pregnant or breastfeeding, ask a health professional before use. Keep out of reach of children.

Keep out of reach of children.

Directions: Adults and adolescents 12 and over: Dissolve 1-2 pellets in mouth at the onset of symptoms, repeat every 1- 6 hours as needed

### **Terravitals BakNek Dosage**

Oral soluble pellets

### **Terravitals BakNek Other**

Other information: Store in a dry place between 15-30°C (59-86°F) and out of direct sunlight.

Do not use if the seal of pellet dispenser inside is missing or broken.

### **Terravitals BakNek Inactive Ingredient**

Inactive ingredient Organic Sucrose certified by DE-OKO-070. (Organic logo)

### **Terravitals BakNek main panel**

TERRAVITALS BakNek

Homeopathic Medicine

Relieves neck pain\*

NDC 74474-107-01

Approx 75 Oral soluble pellets

Non-drowsy

Not habit-forming

No drug interactions

No known side effects

Made in the USA by Terravitals LLC, Gaithersburg MD 20879

[www.terravitals.com](http://www.terravitals.com)

Exp: MM/YYYY

Lot: BKYYADDXX

Outer packaging label:

NDC 74474-107-01

# Terravitals®

HOMEOPATHIC MEDICINE

## BakNek™

Relieves neck pain\*

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Approx 75 Oral soluble pellets

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### Drug Facts

**Active ingredients\*\*** .....*Purpose*  
Antimonium crudum 8C HPUS.....neck/back pain, neck/nape cramp  
Antimonium tartaricum 8C HPUS ..... stiffness aggravated by motion  
Arnica montana 30C HPUS.....weakness and painful glands of neck  
Cuprum metallicum 8C HPUS.. swelling neck glands,muscles back to neck  
Lycopodium clavatum 6C HPUS.....painful stiffness of left side of neck  
'HPUS' indicates that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

**Uses\*** For temporary relief of pain on sides of neck and nape due to minor muscle strain.

**Warnings** Stop use and ask a doctor If symptoms persist more than 5 days or worsen. If pregnant or breastfeeding, ask a health professional before use. Keep out of reach of children.

**Directions** Adults and adolescents 12 and over: Dissolve 1-2 pellets in mouth at the onset of symptoms, repeat every 1-6 hours as needed.

**Other information** Store in a dry place between 15-30°C (59-86°F) and out of direct sunlight. Do not use if seal of internal pellet dispenser is missing or broken.

**Inactive ingredient** Organic sucrose certified by DE-OKO-070.

\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

\*\*'C' is homeopathic dilution. Questions/comments? info@terravitals.com



Exp: MM/YYYY

Lot: BKYADDXX



antimonium crudum, antimonium tartaricum, arnica montana, cuprum metallicum, lycopodium clavatum pellet

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:74474-107
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ANTIMONY POTASSIUM TARTRATE</b> (UNII: DL6OZ476V3) (ANTIMONY CATION (3+) - UNII:069647RPT5)	ANTIMONY POTASSIUM TARTRATE	8 [hp_C]
<b>LYCOPODIUM CLAVATUM SPORE</b> (UNII: C88X29Y479) (LYCOPODIUM CLAVATUM SPORE - UNII:C88X29Y479)	LYCOPODIUM CLAVATUM SPORE	6 [hp_C]
<b>ANTIMONY TRISULFIDE</b> (UNII: F79059A38U) (ANTIMONY TRISULFIDE - UNII:F79059A38U)	ANTIMONY TRISULFIDE	8 [hp_C]
<b>ARNICA MONTANA WHOLE</b> (UNII: O80TY208ZW) (ARNICA MONTANA WHOLE - UNII:O80TY208ZW)	ARNICA MONTANA WHOLE	30 [hp_C]
<b>COPPER</b> (UNII: 789U1901C5) (COPPER - UNII:789U1901C5)	COPPER	8 [hp_C]

## Inactive Ingredients

Ingredient Name	Strength
<b>SUCROSE</b> (UNII: C151H8M554)	

## Product Characteristics

<b>Color</b>	white (White spheroids)	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	4mm
<b>Flavor</b>		<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:74474-107-01	1 in 1 TUBE	04/19/2021	
1		1 in 1 BOTTLE, DISPENSING; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		04/19/2021	

**Labeler** - Terravitals LLC (117322434)

## Establishment

Name	Address	ID/FEI	Business Operations
Terravitals LLC		117322434	manufacture(74474-107)

Revised: 7/2021

Terravitals LLC