ALKA SELTZER PLUS COLD DAY AND NIGHT EFFERVESCENT- aspirin, dextromethorphan hydrobromide, phenylephrine bitartrate tablet Sincronia Logistica, S.A. de C.V.

ALKA-SELTZER PLUS Cold Day & Night Effervescent

Drug Facts

Active ingredients (in each tablet)

Aspirin 325 mg (NSAID)*

Dextromethorphan hydrobromide 10 mg

Phenylephrine bitartrate 7.8 mg

*nonsteroidal anti-inflammatory drug

Purposes

Pain reliever/fever reducer
Cough suppressant
Nasal decongestant

Uses

- temporarily relieves these symptoms due to a cold:
- minor aches and pains headache runny nose
- sinus congestion and pressure cough sneezing sore throat
- nasal congestion temporarily reduces fever

Warnings

Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness. **Reye's syndrome:**

Aspirin may cause a severe allergic reaction which may include: Allergy alert:

hives ● facial swelling ● asthma (wheezing) ● shock

This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you **Stomach bleeding warning**:

- are age 60 or older
- have had stomach ulcers or bleeding problems

- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly. **Sore throat warning:**

Do not use to sedate children.

Do not use

- if you are allergic to aspirin or any other pain reliever/fever reducer
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients
- in children under 12 years of age

Ask a doctor before use if

- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have
- ◆ asthma ◆ thyroid disease ◆ diabetes
- cough with excessive phlegm (mucus)
- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to enlargement of the prostate gland
- persistent or chronic cough such as occurs with smoking, asthma, or emphysema
- a sodium-restricted diet

Ask a doctor or pharmacist before use if you are

- taking a prescription drug for
- gout diabetes arthritis
- taking sedatives or tranquilizers

When using this product

- do not exceed recommended dosage
- may cause marked drowsiness
- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or
- may cause problems in the unborn child or complications during delivery.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

 adults and children 12 years and over: take 2 tablets fully dissolved in 4 oz of water at bedtime (may be taken every 4 to 6 hours). Do not exceed 8 tablets in 24 hours or as directed by a doctor. ● children under 12 years: do not use

Other information

sodium 476 mg ● Phenylketonurics: Contains Phenylalanine 5.6 mg Per Tablet

- each tablet contains:
- store at room temperature. Avoid excessive heat.

Inactive ingredients

acesulfame potassium, anhydrous citric acid, aspartame, calcium silicate, dimethicone, docusate sodium, flavors (natural & artificial), mannitol, povidone, sodium benzoate, sodium bicarbonate

Questions?

1-800-986-0369

Package Labeling:



Drug Facts (continued)

- redness or swelling is present
- new symptoms occur
- ringing in the ears or loss of hearing occurs cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.
- nervousness, dizziness, or sleeplessness

If pregnant or breast-feeding, ask a health professional before use. It is especially important not to use aspirin during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery. Keep out of reach of children. In case of

overdose, get medical help or contact a Poison Control Center right away.

Directions

- adults and children 12 years and over: take 2 tablets fully dissolved in 4 oz of water every 4 hours. Do not exceed 8 tablets in 24 hours or as directed by a doctor.
- children under 12 years: do not use

Drug Facts (continued)

operating machinery

excitability may occur, especially in children

Stop use and ask a doctor if

- an allergic reaction occurs. Seek medical help right away.
- you experience any of the following signs of stomach bleeding
- feel faint
 vomit blood
- have bloody or black stools
- have stomach pain that does not get better
- pain, cough, or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days redness or swelling is present
- new symptoms occur
- ringing in the ears or loss of hearing occurs
- cough comes back or occurs with rash or headache that lasts. These could be signs of a serious condition.
- nervousness, dizziness, or sleeplessness occurs

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Drug Facts (continued)

- minor aches and pains
- headache
- cough
- nasal and sinus congestion
 sore throat
- temporarily reduces fever

Warnings

Reye's syndrome: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness. Allergy alert: Aspirin may cause a severe allergic reaction which may include:

- hives
- facial swelling
- asthma (wheezing)
 shock Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you
- are age 60 or older
- have had stomach ulcers or bleeding problems take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others)

Drug Facts (continued)

- minor aches and pains
- headache
- runny nose sinus congestion and pressure
- cough
- sneezing
- sore throat nasal congestion
- temporarily reduces fever

Warnings

Reye's syndrome: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness. Allergy alert: Aspirin may cause a severe allergic reaction which may include:

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- take other drugs containing prescription or

COVER PAGE 1

Drug Facts (continued)

- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Do not use

if you are allergic to aspirin or any other pain

Drug Facts (continued)

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 Do not use to sedate children.

Drug Facts (continued)

- disease, liver cirrhosis, or kidney disease
- you have
- you are taking a diuretic
- asthma
 thyroid disease
 diabetes cough with excessive phlegm (mucus)
- difficulty in urination due to enlargement of the prostate gland
- persistent or chronic cough such as occurs with smoking, asthma, or emphysema
- a sodium-restricted diet

Drug Facts (continued)

such as heartburn

- you have high blood pressure, heart disease, liver cirrhosis, or kidney disease
- you are taking a diuretic
- you have
 - asthma diabetes
 - thyroid disease
 glaucoma
- cough with excessive phlegm (mucus)
- a breathing problem such as emphysema or chronic bronchitis

- reliever/rever reducer

 if you are now taking a prescription
 monoamine oxidase inhibitor (MAOI) (certain
 drugs for depression, psychiatric, or
 emotional conditions, or Parkinson's disease),
 or for 2 weeks after stopping the MAOI drug.
 If you do not know if your prescription drug
 contains an MAOI, ask a doctor or pharmacist
 before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients
- in children under 12 years of age

Ask a doctor before use if

- stomach bleeding warning applies to you
- you have a history of stomach problems, such as heartburn
- · you have high blood pressure, heart

Do not use

- if you are allergic to aspirin or any other pain reliever/fever reducer
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Ask a doctor or pharmacist before use if you are

taking a prescription drug for
gout diabetes arthritis

When using this product do not exceed recommended dosage

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 pain, cough, or nasal congestion gets
- worse or lasts more than 7 days

 fever gets worse or lasts more than 3 days
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Other information

- each tablet contains: sodium 416 mg
- Phenylketonurics: Contains Phenylalanine
 9 mg Per Tablet
- store at room temperature. Avoid excessive heat.

Inactive ingredients acesulfame potassium, anhydrous citric acid, aspartame, calcium silicate, dimethicone, docusate sodium, flavors, mannitol, povidone, sodium benzoate, sodium bicarbonate

Questions or comments? 1-800-986-0369 (Mon – Fri 9AM – 5PM EST)

Drug Facts (continued)

may cause problems in the unborn child or complications during delivery. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

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BASE LABEL - PAGE 5

ALKA SELTZER PLUS COLD DAY AND NIGHT EFFERVESCENT

aspirin, dextromethorphan hydrobromide, phenylephrine bitartrate tablet

Product Information

Product Type HUMAN OTC DRUG Item Code (Source) NDC:71992-154

Route of Administration ORAL

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ASPIRIN (UNII: R16CO5Y76E) (ASPIRIN - UNII:R16CO5Y76E)	ASPIRIN	325 mg
DEXTROMETHORPHAN HYDROBROMIDE (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	10 mg
PHENYLEPHRINE BITARTRATE (UNII: 2703Q5ML57) (PHENYLEPHRINE - UNII: 1WS 297W6MV)	PHENYLEPHRINE BITARTRATE	7.8 mg

Ingredient Name Strength

ACESULFAME POTASSIUM (UNII: 230V73Q5G9)

ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
ASPARTAME (UNII: Z0H242BBR1)	
CALCIUM SILICATE (UNII: S4255P4G5M)	
DIMETHICONE (UNII: 92RU3N3Y1O)	
DOCUSATE SODIUM (UNII: F05Q2T2JA0)	
METHYL SALICYLATE (UNII: LAV5U5022Y)	
MANNITOL (UNII: 3OWL53L36A)	
POVIDONE (UNII: FZ989GH94E)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SODIUM BICARBONATE (UNII: 8MDF5V39QO)	

Product Characteristics			
Color	white	Score	no score
Shape	ROUND	Size	25mm
Flavor	CITRUS	Imprint Code	ASP;DAY
Contains			

Packaging				
# Iter	n Code	Package Description	Marketing Start Date	Marketing End Date
1 NDC:7	1992-154-	20 in 1 CARTON; Type 0: Not a Combination Product	07/02/2018	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	07/02/2018	

Labeler - Sincronia Logistica, S.A. de C.V. (812799623)

Revised: 10/2023 Sincronia Logistica, S.A. de C.V.