

EPSOM SALT- magnesium sulfate granule, for solution

Kroger Co.

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Epsom Salt

TEP Statement

Tamper Evident Packaging

Caution: this package has been sealed for your protection.

Do not use if package is open, torn or mutilated

Active ingredient

Magnesium sulfate USP (heptahydrate) 100%

Purpose

Saline Laxative

Soaking aid

Use

Uses for Laxative

- for relief of occasional constipation (irregularity)
- for this product generally produces bowel movement in 1/2 to 6 hours

Uses for Soaking Aid

- for minor sprains and bruises

Warnings

Caution: if prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children

Ask a doctor

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist

before use if you are taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor

if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding

ask a help professional before use.

Keep out of reach of children

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

DIRECTIONS: Dissolve 2 cupfuls of this product per gallon of water. Apply with bandages or toweling for 30 minutes up to three times a day or use as a soak or in bath. Use warm water for best results

Other information

- magnesium content 495 mg per teaspoon (5 grams)

Questions

Questions or comments? 1-800-632-6900

Adverse Reactions

DISTRIBUTED BY THE KROGER CO.

CINCINNATI, OHIO 45202

QUALITY GUARANTEE

www.kroger.com

Side panel claims

epsom salt

MAGNESIUM SULFATE U.S.P.

$MgSO_4 \cdot 7H_2O$

For external use as a soaking aid

for minor sprains and bruises

Kroger

FROM OUR FAMILY

TO YOURS

epsom salt

MAGNESIUM SULFATE U.S.P.

$\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$

Your Wellness Mentor

Adding Epsom salt to your bath will help relieve the aches and pains of minor sprains and bruises.

Let Epsom salt do the work while you relax in the bathtub.

Kroger Brand Cares for Us Every Day

Restored and protected, that's how we help you feel confident in caring for the most important people in your life. Kroger Brand products: here to help you with what really matters.

Adverse Reactions Section

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Package label

Cut along dotted line and press zipper to reseal.

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$\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$

SALINE LAXATIVE

For Relief of Occasional

Constipation

SOAKING AID


For Minor Sprains and Bruises

NET WT 4 LB

(64 OZ) 1.81 kg

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ZIPPER PLACEMENT




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MAGNESIUM SULFATE U.S.P.
 $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$

SALINE LAXATIVE
For Relief of Occasional
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(64 OZ) 1.81 kg

EPSOM SALT

magnesium sulfate granule, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:30142-602
Route of Administration	ORAL, TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-602-43	453 g in 1 POUCH; Type 0: Not a Combination Product	10/21/1993	
2	NDC:30142-602-07	1814 g in 1 POUCH; Type 0: Not a Combination Product	10/21/1993	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	10/21/1993	

Labeler - Kroger Co. (006999528)

Registrant - Vi-Jon (790752542)

Establishment

Name	Address	ID/FEI	Business Operations
Vi-Jon		790752542	manufacture(30142-602)

Revised: 5/2016

Kroger Co.