

**EPSOM SALT- magnesium sulfate granule, for solution**  
**Kroger Co.**

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**Kroger 602.002/602AA**  
**Epsom Salt**

**TEP Statement**

**Tamper Evident Packaging**

**Caution: this package has been sealed for your protection.**

**Do not use if package is open, torn or mutilated**

**Active ingredient**

Magnesium sulfate USP (heptahydrate) 100%

**Purpose**

Saline Laxative

Soaking aid

**Use**

**Uses for Laxative**

- for relief of occasional constipation (irregularity)
- for this product generally produces bowel movement in 1/2 to 6 hours

**Uses for Soaking Aid**

- for minor sprains and bruises

**Warnings**

**Caution:** if prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children

**Ask a doctor**

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

## **Ask a doctor or pharmacist**

**before use if you are** taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

## **Stop use and ask a doctor**

**if** you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

## **If pregnant or breast-feeding**

ask a help professional before use.

## **Keep out of reach of children**

In case of overdose, get medical help or contact a Poison Control Center right away.

## **Directions**

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

**DIRECTIONS:** Dissolve 2 cupfuls of this product per gallon of water. Apply with bandages or toweling for 30 minutes up to three times a day or use as a soak or in bath. Use warm water for best results

## **Inactive Ingredients**

None

## **Other information**

- magnesium content 495 mg per teaspoon (5 grams)

## **Questions**

**Questions or comments? 1-800-632-6900**

epsom salt

MAGNESIUM SULFATE U.S.P.

$MgSO_4 \cdot 7H_2O$

**Your Wellness Mentor**

Adding Epsom salt to your bath will help relieve the aches and pains of minor sprains and bruises. Let Epsom salt do the work while you relax in the bathtub.

**Kroger Brand Cares for Us Every Day**

Restored and protected, that's how we help you feel confident in caring for the most important people in your life. Kroger Brand products: here to help you with what really matters.

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CINCINNATI, OHIO 45202

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602.002/602AA

**principal panel display**

Cut along dotted line and press zipper to reseal.

Kroger

FROM OUR FAMILY TO YOURS

epsom salt

MAGNESIUM SULFATE U.S.P.

$MgSO_4 \cdot 7H_2O$

SALINE LAXATIVE

For Relief of Occasional Constipation

SOAKING AID

For Minor Sprains and Bruises

NET WT 16 OZ

(1 LB) 453 g



Cut along dotted line and press zipper to reseal.

ZIPPER PLACEMENT



FROM OUR FAMILY  
TO YOURS

# epsom salt

MAGNESIUM SULFATE U.S.P.  
 $MgSO_4 \cdot 7H_2O$

## SALINE LAXATIVE

For Relief of Occasional  
Constipation

## SOAKING AID

For Minor Sprains and Bruises

NET WT 16 OZ  
(1 LB) 453 g



**EPSOM SALT**

magnesium sulfate granule, for solution

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:30142-602
<b>Route of Administration</b>	ORAL, TOPICAL		

### Active Ingredient/Active Moiety

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
<b>MAGNESIUM SULFATE HEPTAHYDRATE</b> (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

### Packaging

<b>#</b>	<b>Item Code</b>	<b>Package Description</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
1	NDC:30142-602-43	453 g in 1 POUCH; Type 0: Not a Combination Product	10/21/1993	
2	NDC:30142-602-07	1814 g in 1 POUCH; Type 0: Not a Combination Product	10/21/1993	
3	NDC:30142-602-80	3628 g in 1 POUCH; Type 0: Not a Combination Product	10/21/1993	

### Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC Monograph Drug	M007	10/21/1993	

**Labeler** - Kroger Co. (006999528)

**Registrant** - Consumer Product Partners, LLC (119091520)

### Establishment

<b>Name</b>	<b>Address</b>	<b>ID/FEI</b>	<b>Business Operations</b>
Consumer Product Partners, LLC		119091514	manufacture(30142-602)

Revised: 7/2024

Kroger Co.