

**NIGHTTIME SLEEP AID- diphenhydramine hcl liquid
Care One (American Sales Company)**

Drug Facts

Active ingredient (in each 30 mL)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- with any other product containing diphenhydramine, even one used on the skin
- for children under 12 years of age
- with other drugs that cause drowsiness such as antihistamines, nighttime cold/flu products, and other nighttime sleep-aids

Ask a doctor before use if you have

- heart disease
- glaucoma
- breathing problem such as asthma, emphysema, or chronic bronchitis
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers or any other sleep-aid.

When using this product

- drowsiness will occur
- avoid alcoholic drinks and other drugs that cause drowsiness
- be careful when driving a motor vehicle or operating machinery

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

Overdose warning: Taking more than directed can cause serious health problems. in case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- take only one dose per day (24 hours) - (see overdose warning)
- mL=milliliter
- measure only with dosing cup provided. Do not use any other dosing device
- keep dosing cup with product
- adults and children 12 years and over
 - one dose=30 mL at bedtime if needed, or as directed by a doctor
- children under 12 years do not use

Other information

- **each 30 mL contains:** sodium 23 mg
- store at 20-25°C (68-77°F)
- do not refrigerate
- protect from light

Inactive ingredients

citric acid, ethyl alcohol, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, polyoxyl 40 stearate, propylene glycol, purified water, saccharin sodium , sodium benzoate, trisodium citrate dihydrate

Questions or comments?

Call **1-877-753-3935 Monday-friday 9AM-5PM EST**

Principal Display Panel

Compare to the Active Ingredient in ZZZQUIL®*

NIGHTTIME SLEEP AID

Diphenhydramine HCl 50 mg

Alcohol 10%

Non-Habit-Forming

Not for treating cold or flu

Berry Flavor

FL OZ (mL)

Failure to follow these warnings could result in serious consequences

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL AROUND DOSAGE CUP OR UNDER CAP IS BROKEN OR MISSING.

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FOODHOLD USA LLC

LANDOVER, MD 20785

1-877-846-9949

Package Label

Drug Facts (continued)

Directions

- take only one dose per day (24 hours) - see Overdose warning
- mL = milliliter keep dosing cup with product
- measure only with dosing cup provided. Do not use any other dosing device
- adults and children 12 years and over
 - one dose = 30 mL at bedtime if needed, or as directed by a doctor
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Questions or comments?
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PLD-B262C LB004628

NDC 41520-034-12

CAREone

Compare to the Active Ingredient in ZZZQUIL®

NIGHTTIME SLEEP AID

Diphenhydramine HCl, 50 mg

Alcohol 10%
Non Habit-forming
Not for treating cold or flu

Berry Flavor

12 FL OZ (355mL)

OUR PHARMACISTS RECOMMEND

CAREONE Nighttime Sleep Aid

Drug Facts

Active ingredient (in each 30 mL)	Purpose
Diphenhydramine HCl 50 mg	Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

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- for children under 12 years of age
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- a breathing problem such as asthma, emphysema, or chronic bronchitis
- glaucoma heart disease
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are taking sedatives or tranquilizers or any other sleep-aid.

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NIGHTTIME SLEEP AID

diphenhydramine hcl liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41520-034
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name		Basis of Strength	Strength	
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)		DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL	
Inactive Ingredients				
Ingredient Name		Strength		
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)				
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)				
POLYOXYL 40 STEARATE (UNII: 13A4J4NH9I)				
WATER (UNII: 059QF0KO0R)				
SODIUM BENZOATE (UNII: OJ245FE5EU)				
SACCHARIN SODIUM ANHYDROUS (UNII: I4807BK602)				
TRISODIUM CITRATE DIHYDRATE (UNII: B22547B95K)				
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)				
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)				
ALCOHOL (UNII: 3K9958V90M)				
FD&C RED NO. 40 (UNII: WZB9127XOA)				
Product Characteristics				
Color		Score		
Shape		Size		
Flavor	BERRY	Imprint Code		
Contains				
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41520-034-06	177 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	06/30/2015	
2	NDC:41520-034-12	355 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	06/30/2015	
Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC Monograph Drug	M012	06/30/2015		

Labeler - Care One (American Sales Company) (809183973)

Revised: 3/2024

Care One (American Sales Company)