WELL AT WALGREENS - sodium bicarbonate, sodium chloride powder, for solution
Walgreen Company

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

Drug Facts

Purpose

Nasal Wash

Uses

Temporarily relieves symptoms associated with

sinusitis, cold, flu or allergies

-Sneezing

-Nasal stuffiness

-Runny nose

-Post nasal drip

Removes inhaled irritants (dust, pollen)

Removes nasal and sinus drainage

Helps reduce swelling of nasal membranes

Moisturizes dry nasal passages

Keep out of reach of children

Warnings

Stop use and ask a doctor if washing is uncomfortable

or symptoms are not relieved.

Do not use unfiltered tap water. see instructions inside box for proper water sources

Directions

Adults and children 4 years and over: Use 1-2 packets per 8 fl oz (240 mL) up to every 2 hours as needed.

Children under 4 years: Consult a physician

See enclosed instruction sheet for complete directions and proper use.

Instructions for use

USES:

Temporarily relieves symptoms associated with sinusitis, colds, flu or allergies, including nasal stuffiness, sneezing, runny nose and post-nasal

drip. Removes inhaled irritants (e.g. dust, pollen, smoke). Promotes nasal and sinus drainage. Helps reduce swelling of nasal membranes.

DOSAGE:

Adults and children age 4 years and older may use 1-2 packets of dry ingredients administered as described below as often as

every 2 hours. For children under age 4 consult a health care professional before use.

DIRECTIONS:

Read through entire section before using for the first time.

1. Remove the cap from the Walgreens Kettle Neti Pot.

2. Pour the pre-mixed saline dry into the Walgreens Kettle Neti Pot. First-time users

should start with one packet of the saline dry ingredients.As you become more accustomed to the system, work up to using 2 full packets.

Additional packets may be purchased from your nearest Walgreens pharmacy.

3. Fill the pot to the 8 oz line with distilled, sterile, or filtered water (using a filter with an absolute pore size of 1 micron or smaller)

or previously boiled (boil water 1 minute or 3 minutes if at elevations above 6,500 feet then allow to cool to body temperature) water.

This makes 1/2 cup (4 oz) of solution.

4. Tighten the cap on the pot securely, place one finger over the spout and one over the hole on the cap and gently shake the pot until

the dry ingredients have completely dissolved..

4. Proper head position allows the solution to run through the nose by gravity.

-Lean over the sink so you are looking directly into the basin. Holding the pot in your right hand, gently insert the spout

into your right nostril so that it forms a comfortable seal.

-Rotate your head so that the right nostril is directly above the left. The forehead should remain higher than the chin. Raise the handle of the pot so

that the solution enters the right nostril. In a few moments, the solution will begin to drain out of the left nostril into the sink. Do not inhale or "snort"

solution into the nose - breathe through your mouth.

6. When the pot is empty, exhale through both nostrils to clear them of excess mucous and solution. Gently blow your nose into a tissue.

7. Repeat the procedure on the other side.

7. Thoroughly rinse the pot after each use with water that has been distilled, sterilized,

filtered or previously boiled and ;eave the pot to air dry completely.

The Walgreens Kettle Neti-Pot is top-rack dishwasher safe.

Active ingredients

(in each packet)

Sodium Bicarbonate USP (700 mg)

Sodium Chloride USP (2300 mg)

Inactive ingredients

None

Other Information

-Inspect saline packets for integrity

-Do not use saline packets if open or torn

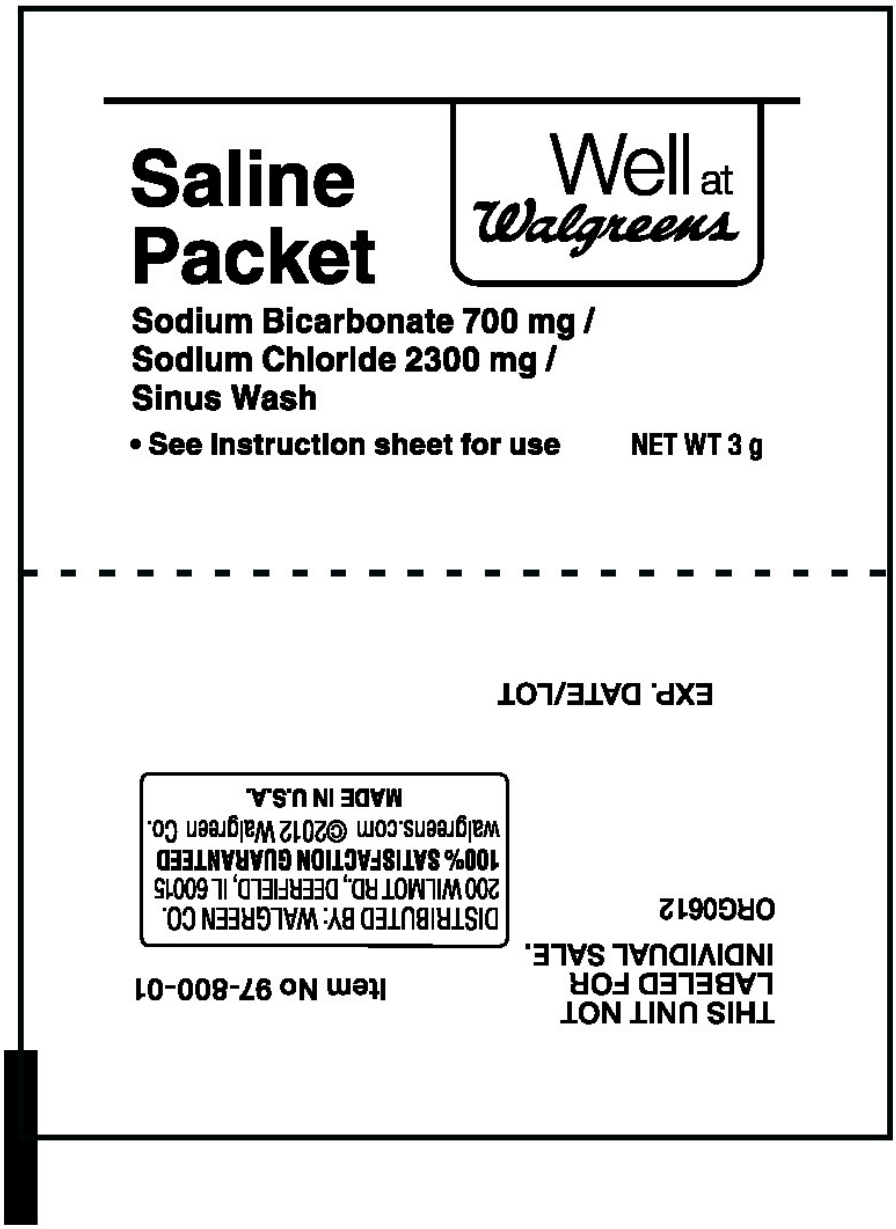
-Protect saline packets from excessive heat and moisture

-See saline packets or box for lot # and expiration date

Questions?

1-888-547-5492

-See instruction sheet for use



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sodium bicarbonate, sodium chloride powder, for solution

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:0363-0802
Route of Administration	NASAL		

Active Ingredient/Active Moiety		
		Basis of

Ingredient Name	Basis of Strength	Strength
SODIUM BICARBONATE (UNII: 8MDF5V39QO) (SODIUM CATION - UNII:LYR4M0NH37, BICARBONATE ION - UNII:HN1ZRA3Q20)	SODIUM BICARBONATE	700 mg in 3000 mg
SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4M0NH37)	SODIUM CHLORIDE	2300 mg in 3000 mg

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0363-0802-00	3000 mg in 1 PACKET; Type 0: Not a Combination Product	04/01/2013	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		04/01/2013	

Labeler - Walgreen Company (008965063)

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