

CVS- sodium bicarbonate, sodium chloride powder
CVS Pharmacy

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

CVS

Inactive Ingredients

None

Active Ingredients

(in each packet)

Sodium Bicarbonate USP 700 mg

Sodium Chloride USP 2300 mg

Purpose

Nasal Wash

Uses

Temporarily relieves symptoms associated with sinusitis, cold, flu or allergies:

-Sneezing

-Nasal Stuffiness

-Runny nose

-Post nasal drip

Removes inhaled irritants (dust, pollen)

Helps to loosen thick mucous

Moistens nasal passages

Keep out of reach from children

Warnings

Stop use and ask a doctor if washing is uncomfortable or symptoms are not relieved or worsen

after nasal rinsing, especially if fever, nosebleed or headaches are present

Directions

Adults and children 4 years and over: use 1-2 packets per 8 oz. every 2 hours as needed

Children under 4 years: consult a physician

Consult Instructions for Use for proper use

Other Information

- Inspect saline solution packets for integrity
- Do not use if open or torn
- Protect saline solution packet from excessive heat and moisture

Instructions for Use:

Directions: Read through entire section before using for the first time.

1. Empty the contents of one Instant Relief Sinus Wash packet into the Sinus Wash Neti Pot. First-time users should start with 1/2 packet of the dry ingredients. As you become more accustomed to the system, work up to using 1 full packet. Additional packets may be purchased from your nearest pharmacy.
2. Fill the pot halfway or to the middle of the indentation with proper water. This makes 1/2 cup (4 oz.) solution.
3. Stir thoroughly until dry ingredients have completely dissolved.
4. Proper head position allows solution to run through the nose by gravity.
 - Lean over the sink with your head bent down so you are looking directly into the basin. Holding the pot in your right hand, gently insert the spout into your right nostril so that it forms a comfortable seal.
 - Rotate your head so that the right nostril is directly above the left. The forehead should remain higher than the chin. Raise the handle of the pot so that the solution enters the right nostril. In a few moments, the solution will begin to drain out of the left nostril into the sink. Do not inhale or "snort" solution into the nose-breathe through your mouth.
5. When the pot is empty, exhale through both nostrils to clear them of excess mucus and solution. Gently blow your nose into a tissue.
6. Repeat the procedure on the other side.
7. Thoroughly rinse the pot after each use with water that has been distilled, sterilized, filtered or previously boiled and leave the pot to air dry completely. The Instant Relief Sinus Wash Neti Pot is top-rack dishwasher safe.

CVS
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WARNING:
DO NOT USE
UNFILTERED
TAP WATER

Instant Relief SINUS WASH

REFILL SALINE PACKETS

ALL-NATURAL NASAL WASH

CVS
pharmacy™

NDC 59779-408-00

WARNING:
DO NOT USE
UNFILTERED
TAP WATER

Instant Relief SINUS WASH

REFILL SALINE PACKETS

ALL-NATURAL NASAL WASH

- For use in all nasal wash systems
- Includes 100 all-natural saline packets

Instant Relief SINUS WASH

REFILL SALINE PACKETS

ALL-NATURAL NASAL WASH

- For use in all nasal wash systems
- Ultra-fine grain ingredients

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WARNING: DO NOT USE UNFILTERED TAP WATER in CVS/Pharmacy™ Sinus Wash. Use either distilled, or sterile, or filtered (using a filter with an absolute pore size of 1 micron or smaller) or previously boiled water (boil water 1 to 3 minutes if at elevations above 6,500 feet then allow to cool to body temperature).

Nasal washing is an all natural method for temporarily relieving symptoms; sneezing, runny nose, nasal stuffiness, and post nasal drip; caused by sinusitis, cold, flu, or allergies. It removes inhaled irritants (dust, pollen) and helps to loosen thick mucus and moistens nasal passages.

Consult a physician prior to use with any questions.

Drug Facts

Active ingredients (in each packet)	Purpose
Sodium Bicarbonate USP 700 mg] Sodium Chloride USP 2300 mg.]	Nasal Wash

Uses

Temporarily relieves symptoms associated with cold, flu or allergies:

- Sneezing
- Runny nose
- Nasal stuffiness
- Post nasal drip
- Removes inhaled irritants (dust, pollen)
- Helps to loosen thick mucus
- Moistens nasal passages

Warnings

Stop use and consult a health care provider if washing is uncomfortable or symptoms are not relieved or worsen after nasal rinsing, especially if fever, nosebleed, or headaches are present.

Keep out of reach of children

Directions

Adults and children 4 years and over: Use 1-2 packets per 8 oz. container every 2 hours as needed.

Children under 4 years: Consult a physician

Consult **Instructions for Use** inside box for proper use

Other information

- Inspect saline solution packets for integrity
- Do not use if open or torn
- Protect saline solution packet from excessive heat and moisture

Inactive ingredients

None

Questions?
1-888-541-5492

- For use in all nasal wash systems
- Includes 100 all-natural saline packets

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V-30473

CVS Quality
Money Back Guarantee



Contains:
100 All-natural Saline Packets
& Instruction Sheet



EXP. DATE/LOT



91-40800-101-00

 **CVS Health™**

**Please See
Instruction
Sheet For Use**

Sinus Wash

SALINE PACKET

All-Natural Nasal Wash

Active Ingredients:

Sodium Bicarbonate 700 mg

Sodium Chloride 2300 mg NET WT 0.1 OZ (3g)

EXP. DATE/LOT

Item No. 91-800-01

THIS ITEM NOT LABELED FOR INDIVIDUAL SALE

DO NOT USE SALINE PACKET IF OPEN OR TORN

 **CVS Quality**
Money Back Guarantee

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sodium bicarbonate, sodium chloride powder

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:59779-408
Route of Administration	NASAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM BICARBONATE (UNII: 8MDF5V39QO) (BICARBONATE ION - UNII:HN1Z RA3Q20)	SODIUM BICARBONATE	22.8 mg in 100 mg
SODIUM CHLORIDE (UNII: 451W47IQ8X) (CHLORIDE ION - UNII:Q32ZN48698)	SODIUM CHLORIDE	77.8 mg in 100 mg

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59779-408-01	3000 mg in 1 PACKET; Type 0: Not a Combination Product	06/01/2013	
2	NDC:59779-408-02	1 in 1 BOX	06/01/2013	
2		3000 mg in 1 PACKET; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		06/01/2013	

Labeler - CVS Pharmacy (062312574)

Revised: 5/2024

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