

**DEFEND COLD AND MUCUS- bryonia alba root, euphrasia stricta, calcium sulfide, sodium chloride, phosphorus, anemone patens, rumex crispus root, and silicon dioxide liquid  
Hyland's Inc.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Defend Cold and Mucus**

**Drug Facts**

<b>Active Ingredients</b>	<b>Purpose</b>
Bryonia 6X HPUS	stubborn mucus in throat, cough with yellowish mucus
Euphrasia Officinalis 6X HPUS	cough with mucus in chest
Hepar Sulph Calc 12X HPUS	cough up mucus, mucus rattle with cough, stubborn mucus in chest
Natrum Muriaticum 30X HPUS	accumulation of mucus in throat, cough up mucus
Phosphorus 30X HPUS	cough with expectoration of yellow mucus, chest congestion
Pulsatilla 6X HPUS	accumulation of mucus, discharge of thick, yellowish mucus, loose cough
Rumex Crispus 6X HPUS	runny nose, sneezing
Silicea 12X HPUS	nasal congestion

*"HPUS" indicates the active ingredients are in the official Homeopathic Pharmacopœia of the United States.*

**Uses**

Temporarily relieves symptoms of colds, including accumulation of mucus in chest, throat and nose; cough with expectoration of thick, discolored mucus; runny nose, sneezing and nasal congestion.

**Warnings**

**As with any drug, ask a doctor before use if pregnant or nursing. Consult a physician if:**

- Symptoms persist for more than 7 days or worsen
- Cough tends to recur or is accompanied by a high fever, rash or persistent headache

**Keep this and all medications out of the reach of children.** In case of accidental

overdose, contact a medical professional or a poison control center.

**Do not use this product** for persistent or chronic cough such as occurs with asthma, smoking or emphysema or if cough is accompanied by excessive phlegm (mucus).

**A persistent cough may be a sign of a serious condition.**

**Do not use if imprinted tamper band is broken or missing.**

**In case of emergency**, contact a medical professional or poison control center immediately. Hyland's may also be contacted for emergency information about our products 24 hours a day, 7 days per week at (800) 624-9659.

### Directions

- Measure only with the dosing cup provided
- Do not use dosing cup with other products
- On dosing cup, mL = millimeter, tsp = teaspoon

adults and children 12 years and over	15 mL or 3 teaspoons up to 6 times per day (every 4 hours)
children 6 years to under 12 years	10 mL or 2 teaspoons up to 6 times per day (every 4 hours)
children 2 years to under 6 years	5 mL or 1 teaspoon up to 6 times per day (every 4 hours)

### Inactive Ingredients

Citric Acid, Glycyrrhiza Extract, Purified Water, Sodium Benzoate, Vegetable Glycerine.

### Questions or comments?

**(800) 624-9659**

### PRINCIPAL DISPLAY PANEL - 118 mL Bottle Carton

NDC 54973-3183-1  
HOMEOPATHIC

**NEW!**

SINCE 1903  
**Hyland's**<sup>®</sup>

**DEFEND**<sup>™</sup>

**COLD+**  
**MUCUS\***

**NON-DROWSY**

**Expectorant**

**Thins & Loosens Mucus in Chest, Throat and Nose**

**Natural, Safe & Effective Relief of:**

**Cough with Mucus**

**Nasal & Chest Congestion**

Dye Free • Sugar Free

Less than 0.1% Alcohol

4 FL. OZ. (118 mL)

**Drug Facts**

**Active ingredients Purpose**

Bryonia 6X HPUS...stubborn mucus in throat, cough with yellowish mucus  
 Euphrasia Officialis 6X HPUS.....cough with mucus in chest  
 Hepar Sulph Calc 12X HPUS...cough up mucus, mucus rattle with cough, stubborn mucus in chest  
 Natrium Mercuricum 30X HPUS...accumulation of mucus in throat, cough up mucus  
 Phosphorus 30X HPUS...cough with expectoration of yellow mucus, chest congestion  
 Pulsatilla 6X HPUS...accumulation of mucus, discharge of thick, yellowish mucus, loose cough  
 Rumex Crispus 5X HPUS.....runny nose, sneezing  
 Silicea 12X HPUS.....nasal congestion  
 \*HPUS\* indicates the active ingredients are in the official Homeopathic Pharmacopoeia of the United States.

**Uses** Temporarily relieves symptoms of colds, including accumulation of mucus in chest, throat and nose; cough with expectoration of thick, discolored mucus; runny nose, sneezing and nasal congestion.

**Warnings**

As with any drug, ask a doctor before use if pregnant or nursing. Consult a physician if:  
 ■ Symptoms persist for more than 7 days or worsen  
 ■ Cough tends to recur or is accompanied by a high fever, rash or persistent headache

Keep this and all medications out of the reach of children. In case of accidental overdose, contact a medical professional or a poison control center.

Do not use this product for persistent or chronic cough such as occurs with asthma, smoking or emphysema or if cough is accompanied by excessive phlegm (mucus).

A persistent cough may be a sign of a serious condition. Do not use if imprinted tamper band is broken or missing.

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**Directions** ■ Measure only with the dosing cup provided. ■ Do not use dosing cup with other products  
 ■ On dosing cup, mL = milliliter, tsp = teaspoon

adults and children 15 mL or 3 teaspoons up to 6 times per day (every 4 hours)

children 6 years to under 12 years 10 mL or 2 teaspoons up to 6 times per day (every 4 hours)

children 2 years to under 6 years 5 mL or 1 teaspoon up to 6 times per day (every 4 hours)

**Inactive ingredients** Citric Acid, Glycerin Extract, Purified Water, Sodium Benzoate, Vegetable Glycerine.

**Questions or comments? (800) 624-9659**



PLEASE RECYCLE DEFEND COLD+MUCUS

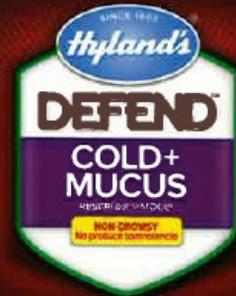


FIND THE RIGHT HYLAND'S DEFEND™ PRODUCT FOR YOUR SYMPTOMS:

SYMPTOMS	SEVERE COLD+FLU	COLD+COUGH	COLD+COUGH NIGHT	COLD+MUCUS	COUGH
Fever	●				
Body Aches	●				
Runny Nose		●			
Sore Throat			●		
Cough	●	●	●	●	●
Headache	●				
Congestion	●	●			
Sleeplessness			●		

ALSO TRY THESE OTHER HYLAND'S PRODUCTS:  
 DEFEND™ Sinus • Nerve Tonic\*

\*The uses for our products are based upon traditional homeopathic practice. They have not been reviewed by the Food and Drug Administration.



NDC 54973-31831-1 HOMEOPATHIC

NEW!

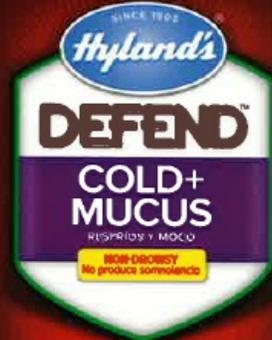


DEFEND™ COLD+MUCUS  
 RESFRÍOS Y MOCO  
 NON-DROWSY  
 No produce somnolencia

**Expectorant / Expectorante**  
 Thins & Loosens Mucus in Chest, Throat and Nose  
 Disuelve y alivia el moco en el pecho, la garganta y la nariz  
**Natural, Safe & Effective Relief of:**  
 Alivio natural, seguro y eficaz de:  
 Cough with Mucus / Tos con moco  
 Nasal & Chest Congestion  
 Congestión nasal y de pecho

Dye Free • Sugar Free  
 Less than 0.1% Alcohol  
 Sin tintas • Sin azúcares

4 FL. OZ. (118 mL)



TAKE HYLAND'S DEFEND™ COLD+MUCUS AT THE FIRST SIGNS OF A COLD.

Works with your Body's Natural Healing Process  
 Trabaja con el proceso curativo natural de su cuerpo

Natural Active Ingredients  
 Ingredientes activos naturales

No Known Drug Interactions  
 Sin interacciones conocidas con otros fármacos

Non-Habit Forming  
 No genera hábitos

Manufactured for:  
 Hyland's, Inc.  
 Los Angeles, CA 90061  
 (800) 624-9659  
 www.hylands.com

Para más información en español visite:  
 www.mshylands.com  
 Datos del medicamento en el interior de la caja.

Ver. 001

**DEFEND COLD AND MUCUS**

bryonia alba root, euphrasia stricta, calcium sulfide, sodium chloride, phosphorus, anemone

patens, rumex crispus root, and silicon dioxide liquid

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:54973-3183
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>BRYONIA ALBA ROOT</b> (UNII: T7J046Y12B) (BRYONIA ALBA ROOT - UNII:T7J046Y12B)	BRYONIA ALBA ROOT	6 [hp_X] in 1 mL
<b>EUPHRASIA STRICTA</b> (UNII: C9642I91WL) (EUPHRASIA STRICTA - UNII:C9642I91WL)	EUPHRASIA STRICTA	6 [hp_X] in 1 mL
<b>CALCIUM SULFIDE</b> (UNII: 1MBW07J51Q) (CALCIUM SULFIDE - UNII:1MBW07J51Q)	CALCIUM SULFIDE	12 [hp_X] in 1 mL
<b>SODIUM CHLORIDE</b> (UNII: 451W47IQ8X) (CHLORIDE ION - UNII:Q32ZN48698)	SODIUM CHLORIDE	30 [hp_X] in 1 mL
<b>PHOSPHORUS</b> (UNII: 27YLU75U4W) (PHOSPHORUS - UNII:27YLU75U4W)	PHOSPHORUS	30 [hp_X] in 1 mL
<b>PULSATILLA PATENS WHOLE</b> (UNII: 4M1169RWJD) (PULSATILLA PATENS WHOLE - UNII:4M1169RWJD)	PULSATILLA PATENS WHOLE	6 [hp_X] in 1 mL
<b>RUMEX CRISPUS ROOT</b> (UNII: 9N1RM2S62C) (RUMEX CRISPUS ROOT - UNII:9N1RM2S62C)	RUMEX CRISPUS ROOT	6 [hp_X] in 1 mL
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4) (SILICON DIOXIDE - UNII:ETJ7Z6XBU4)	SILICON DIOXIDE	12 [hp_X] in 1 mL

## Inactive Ingredients

Ingredient Name	Strength
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	
<b>GLYCYRRHIZA GLABRA</b> (UNII: 2788Z9758H)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:54973-3183-1	1 in 1 CARTON	07/01/2014	
1		118 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		07/01/2014	

**Labeler** - Hyland's Inc. (008316655)

### Establishment

Name	Address	ID/FEI	Business Operations
Hyland's Inc.		008316655	manufacture(54973-3183) , pack(54973-3183)

### Establishment

Name	Address	ID/FEI	Business Operations
LGM Pharma Solutions, LLC		117549198	manufacture(54973-3183) , pack(54973-3183) , label(54973-3183)

Revised: 12/2022

Hyland's Inc.