FOLITIN-Z- ferrous fumarate, folic acid tablet PureTek Corporation

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

Folitin-Z™

DESCRIPTION:

Full Prescribing Information:

Each Serving Size of 2 caplets contain:

Supplement	Fac	cts
Serving Size:		Caplets
Servings per container:	_	30
Amount Per Serving:		%DV
Vitamin A (as retinyl acetate) 3000 mcg	g (10000 IU)	333%
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin D ₃ (as cholecalciferol) 27.5 mcg	g (1100 IU)	138%
Vitamin E (as dl-alpha tocopheryl acetate) 90 r		600%
Thiamin (as thiamine mononitrate)	6.5 mg	542%
Riboflavin (as vitamin B ₂)	6.7 mg	515%
Niacin (as niacinamide)	45 mg	281%
Vitamin B ₆ (as pyridoxine hydrochloride)	12 mg	706%
Folate (as folic acid) 1700 mcg DFE (1000	mcg folic acid)	425%
Vitamin B ₁₂ (as cyanocobalamin)	26 mcg	1083%
Biotin	200 mcg	667%
Pantothenic Acid (as calcium pantothenate)	30 mg	600%
Calcium (as calcium carbonate)	150 mg	12%
Iron (as ferrous fumarate)	18 mg	100%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium oxide)	75 mg	18%
Zinc (as zinc gluconate)	30 mg	273%
Selenium (as selenomethionine)	60 mcg	109%
Copper (as copper oxide)	2 mg	222%
Manganese (as manganese sulfate)	1.5 mg	65%
Chromium (as chromium polynicotinate)	75 mcg	214%
Molybdenum (as sodium molybdate)	50 mcg	111%
Potassium (as potassium chloride)	49 mg	1%
Boron (as boron citrate)	50 mcg	*
* Daily Value not established		

Other Ingredients: Microcrystalline Cellulose, Silicon Dioxide, Crospovidone, Magnesium Stearate, Coating:(Sodium Carboxymethylcellulose, Dextrose Monohydrate, Titanium Dioxide, Dextrin, Purified Stearic Acid, FD&C Yellow #6/Sunset Yellow FCF Aluminum Lake).

INDICATIONS:

Folitin-Z TM is indicated for the treatment of iron deficiency anemia and folate deficiency as in extended convalescence, menorrhagia, pregnancy, puberty, excessive blood loss, and advanced age. Also for the treatment of the condition in which iron deficiency and vitamin C deficiency occurs together, along with a deficient intake or increased need for B-Complex vitamins in chronic and acute illness, as well as cases of metabolic stress, and in convalescence.

CONTRAINDICATIONS:

This product is contraindicated in patients with known hypersensitivity to any of its ingredients; also, all iron compounds are contraindicated in patients with hemosiderosis, hemochromatosis, or hemolytic anemias. Pernicious anemia is a contraindication, as folic acid may obscure its signs and symptoms.

WARNING:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Administration of folic acid alone is improper therapy for pernicious anemia and other megaloblastic anemias in which vitamin B12 is deficient.

Precaution Section

Folic acid in doses above 0.1 mg daily may obscure pernicious anemia, in that hematologic remission can occur while neurological manifestations remain progressive.

There is a potential danger in administering folic acid to patients with undiagnosed anemia, since folic acid may obscure the diagnosis of pernicious anemia by alleviating the hematologic manifestations of the disease while allowing the neurologic complications to progress. This may result in severe nervous system damage before the correct diagnosis is made. Adequate doses of vitamin B12 may prevent, halt, or improve the neurologic changes caused by pernicious anemia.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

For use on the order of a healthcare practitioner.

Call your doctor about side effects. To report side effects, call **PureTek Corporation** at

1-877-921-7873 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Drug Interactions:

Folitin-Z TM is not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, or Clopidogrel).

Adverse Reactions:

Folic Acid: Allergic sensitizations have been reported following both oral and parenteral administration of folic acid.

Ferrous Fumarate: Gastrointestinal disturbances (anorexia, nausea, diarrhea, constipation) occur occasionally, but are usually mild and may subside with continuation of therapy. Although the absorption of iron is best when taken between meals, giving **Folitin-Z** TM after meals may control occasional gastrointestinal disturbances. **Folitin-Z** is best absorbed when taken at bedtime. Adverse reactions have been reported with

specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels. Iron, even at the usually recommended levels, has been associated with gastrointestinal intolerance in some patients.

OVERDOSE:

Iron: Signs and Symptoms: Iron is toxic. Acute overdosage of iron may cause nausea and vomiting and, in severe cases, cardiovascular collapse and death. Other symptoms include pallor and cyanosis, melena, shock, drowsiness, and coma. The estimated overdose of orally ingested iron is 300 mg/kg body weight. When overdoses are ingested by children, severe reactions, including fatalities, have resulted. **Folitin-Z** TM should be stored beyond the reach of children to prevent against accidental iron poisoning. **Keep this and all other drugs out of reach of children.**

Treatment:

For specific therapy, exchange transfusion and chelating agents should be used. For general management, perform gastric lavage with sodium bicarbonate solution or milk. Administer intravenous fluids and electrolytes and use oxygen.

DOSAGE AND ADMINISTRATION:

Adults (persons over 12 years of age) Two (2) **Folitin-Z** TM caplet daily, between meals or as directed by a physician. Do not administer to children under the age of 12.

HOW SUPPLIED:

Folitin-Z TM are yellow with slightly brown speckled, coated caplets. Bottles contain 60 caplets – NDC 59088-181-58. Dispense in a tight, light-resistant container as defined in the USP/NF with a child-resistant closure.

STORAGE:

Do not use if bottle seal is broken. KEEP THIS AND ALL MEDICATIONS OUT OF THE REACH OF CHILDREN.

Store at controlled room temperature 200 to 25oC (68o to 77oF). [See USP]. Protect from light and moisture and avoid excessive heat.

To report a serious adverse event or to obtain product information, contact **1-877-921-7873.**

Chronocap

Chronocap™

Child Resistant

- The Chronocap[™] is a patented Smart Cap with a built-in LCD timer that works like a stopwatch, letting you know exactly how long it has been since you last opened your medication bottle.
- Every time you open the cap, the timer resets back to zero. When you close the cap, the timer automatically begins counting-up the hours and minutes since you last opened your medication bottle, so you don't have to.

Instructions:

Time shown on display is the time elapsed since Chronocap™ was last opened.

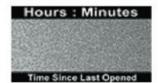
Opening and closing the Chronocap[™] resets the LCD stopwatch timer to zero.

Additional information:

- Non-replaceable battery designed to last one year.
- Disposable design to avoid cross-contamination with medications.
- Display goes to "sleep" after 100hrs and wakes up upon re-opening.
- Clean with damp cloth only. Do not immerse in water.

Chronocap™

Screen Instructions Continued





 Screen appears blank & stops after 100 hours or if cap is not placed onto the bottle



 Screen shows time elapsed, NOT the current time of day



 Screen shows: SEC1, SEC2, then 10, 11 ... etc. for the first minute



 Screen continues to count minutes and hours since the Chronocap[™] was last opened, until 99:59, then the screen will appear blank

Please Note:

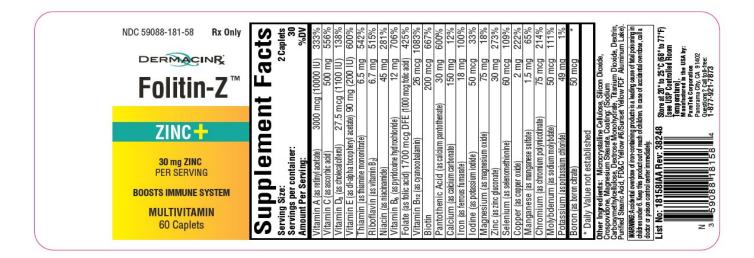
Chronocap™ battery should last 12 months.

Rev. 37968

Folitin-Z TM

Manufactured in the USA by:

PureTek Corporation Panorama City, CA 91402 Questions? Call toll-free: 1-877-921-7873



FOLITIN-Z

ferrous fumarate, folic acid tablet

Product Information	roduct Information			
Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:59088-181	
Route of Administration	ORAL			

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
VITAMIN A ACETATE (UNII: 3LE3D9D6OY) (VITAMIN A - UNII:81G40H8B0T)	VITAMIN A	1500 ug	
ASCORBIC ACID (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	250 mg	
CHOLECALCIFEROL (UNII: 1C6V77QF41) (CHOLECALCIFEROL - UNII:1C6V77QF41)	CHOLECALCIFEROL	13.75 ug	
.ALPHATOCOPHEROL ACETATE, DL- (UNII: WR1WPI7EW8) (.ALPHATOCOPHEROL, DL UNII:7QWA1RIO01)	.ALPHA TOCOPHEROL, DL-	45 mg	
THIAMINE MONONITRATE (UNII: 8K0I04919X) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	3.25 mg	
RIBOFLAVIN (UNII: TLM29760FR) (RIBOFLAVIN - UNII:TLM29760FR)	RIBOFLAVIN	3.35 mg	
NIACINAMIDE (UNII: 25X5118RD4) (NIACINAMIDE - UNII:25X5118RD4)	NIACINAMIDE	22.5 mg	
PYRIDOXINE HYDROCHLORIDE (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII: KV2JZ 1BI6Z)	PYRIDOXINE	6 mg	
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	500 ug	
CYANOCOBALAMIN (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	CYANOCOBALAMIN	13 ug	
BIOTIN (UNII: 6SO6U10H04) (BIOTIN - UNII:6SO6U10H04)	BIOTIN	100 ug	
PANTOTHENIC ACID (UNII: 19F5HK2737) (PANTOTHENIC ACID - UNII:19F5HK2737)	PANTOTHENIC ACID	15 mg	
CALCIUM CARBONATE (UNII: H0G9379FGK) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CATION	75 mg	
FERROUS FUMARATE (UNII: R5L488RY0Q) (FERROUS CATION - UNII:GW895810WR)	FERROUS CATION	9 mg	
POTASSIUM IODIDE (UNII: 1C4QK22F9J) (IODIDE ION - UNII:09G4I6V86Q)	IODIDE ION	25 ug	
MAGNESIUM OXIDE (UNII: 3A3U0GI71G) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CATION	37.5 mg	
ZINC OXIDE (UNII: SOI2LOH54Z) (ZINC CATION - UNII:13S1S8SF37)	ZINC CATION	15 mg	
SELENIUM (UNII: H6241UJ22B) (SELENIUM - UNII:H6241UJ22B)	SELENIUM	30 ug	
CUPROUS OXIDE (UNII: T8BEA5064F) (CUPROUS OXIDE - UNII:T8BEA5064F)	CUPROUS OXIDE	1 mg	
MANGANESE SULFATE (UNII: W00LYS4T26) (MANGANESE CATION (2+) - UNII:H6EP7W5457)	MANGANESE CATION (2+)	0.75 mg	
CHROMIUM NICOTINATE (UNII: A150AY412V) (NIACIN - UNII:2679MF687A)	CHROMIUM NICOTINATE	37.5 ug	

MOLYBDENUM (UNII: 81AH48963U) (MOLYBDENUM - UNII:81AH48963U)	MOLYBDENUM	25 ug
POTASSIUM CHLORIDE (UNII: 660YQ98I10) (POTASSIUM CATION - UNII:295O53K152)	POTASSIUM CATION	24.5 mg
BORON (UNII: N9E3X5056Q) (BORON - UNII:N9E3X5056Q)	BORON	25 ug

Inactive Ingredients			
Ingredient Name	Strength		
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)			
CROSPOVIDONE (UNII: 2S7830E561)			
SILICON DIOXIDE (UNII: ETJ7Z 6XBU4)			
MAGNESIUM STEARATE (UNII: 70097M6I30)			
CARBOXYMETHYLCELLULOSE SODIUM, UNSPECIFIED (UNII: K6790BS311)			
DEXTROSE MONOHYDRATE (UNII: LX22YL083G)			
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)			
ICODEXTRIN (UNII: 2NX48Z0A9G)			
STEARIC ACID (UNII: 4ELV7Z65AP)			
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)			

Product Characteristics			
Color	yellow (With Slightly Brown Specks)	Score	no score
Shape	CAPSULE (Oblong Caplet)	Size	20mm
Flavor		Imprint Code	
Contains			

Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:59088- 181-58	60 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	02/11/2021	

Marketing Information			
Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
	02/11/2021		
	Application Number or Monograph	Application Number or Monograph Marketing Start Citation Date	

Labeler - PureTek Corporation (785961046)

Revised: 1/2023 PureTek Corporation