

**GOOD SENSE NIGHTTIME SLEEP AID- diphenhydramine hydrochloride tablet,
film coated**

L. Perrigo Company

Perrigo Nighttime Sleep Aid Drug Facts

Active ingredient (in each caplet)

Diphenhydramine HCl 25 mg

Purpose

Nighttime sleep-aid

Use

for relief of occasional sleeplessness

Warnings

Do not use

- in children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers

When using this product

- avoid alcoholic drinks
- drowsiness may occur
- do not drive a motor vehicle or operate machinery

Stop use and ask a doctor if

- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children. Overdose warning:

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

adults and children 12 years and over	take 2 caplets at bedtime if needed, or as directed by a doctor
children under 12 years	do not use

Other information

- **each caplet contains:** calcium 15 mg
- store at 20-25°C (68-77°F). Avoid high humidity. Protect from light.
- **do not use if printed seal under cap is broken or missing**

Inactive ingredients

carnauba wax, crospovidone, dibasic calcium phosphate dihydrate, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polysorbate 80, pregelatinized starch, stearic acid, titanium dioxide

Questions or comments?

1-800-719-9260

Principal Display Panel

GOODSENSE®

Pain Reliever Free

Nighttime Sleep Aid

Diphenhydramine HCl 25 mg

- Helps You Fall Asleep • Non-Habit Forming

Actual Size

100 Caplets

Compare to active ingredient of Simply Sleep® Nighttime Sleep Aid Caplets

GOODSENSE®

NDC 0113-0431-78

Pain Reliever Free

Nighttime Sleep Aid

Diphenhydramine HCl 25 mg

- Helps You Fall Asleep
- Non-Habit Forming

Actual Size

100 Caplets

Compare to active ingredient of
Simply Sleep® Nighttime Sleep Aid Caplets



GOODSENSE®

NDC 0113-0431-78

Pain Reliever Free

Nighttime Sleep Aid

Diphenhydramine HCl 25 mg

- Helps You Fall Asleep
- Non-Habit Forming

Actual Size

100 Caplets

Compare to active ingredient of
Simply Sleep® Nighttime Sleep Aid Caplets



**CODE
AREA**

EXP.

LOT NO.



43178 C2 CA

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Drug Facts (continued)

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Drug Facts (continued)

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1-800-719-9250

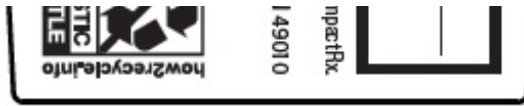
Gluten Free

◆ In the U.S. Source: Alphan

Distributed By

Perrigo® Allergan, M





GOOD SENSE NIGHTTIME SLEEP AID

diphenhydramine hydrochloride tablet, film coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0113-0431
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

Inactive Ingredients

Ingredient Name	Strength
CARNAUBA WAX (UNII: R12CBM0EIZ)	
CROSPROVIDONE (120 .MU.M) (UNII: 68401960MK)	
DIBASIC CALCIUM PHOSPHATE DIHYDRATE (UNII: O7TSZ97GEP)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C BLUE NO. 2 (UNII: L06K8R7DQK)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POLYSORBATE 80 (UNII: 6OZP39ZG8H)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	

Product Characteristics

Color	BLUE (Light Blue)	Score	no score
Shape	OVAL	Size	11mm
Flavor		Imprint Code	L431
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0113-0431-62	12 in 1 CARTON	04/25/2001	
1		2 in 1 BLISTER PACK; Type 0: Not a Combination Product		

2	NDC:0113-0431-68	18 in 1 CARTON	05/21/2019	12/31/2021
2		2 in 1 BLISTER PACK; Type 0: Not a Combination Product		
3	NDC:0113-0431-78	1 in 1 CARTON	12/29/2021	
3		100 in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	04/25/2001	

Labeler - L. Perrigo Company (006013346)

Revised: 7/2024

L. Perrigo Company