

**GOOD SENSE PAIN RELIEF PM EXTRA STRENGTH- acetaminophen,  
diphenhydramine hcl tablet, film coated  
L. Perrigo Company**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Perrigo Pain Relief PM Drug Facts**

**Active ingredients (in each caplet)**

Acetaminophen 500 mg

Diphenhydramine HCl 25 mg

**Purpose**

Pain reliever

Nighttime sleep-aid

**Uses**

temporary relief of occasional headaches and minor aches and pains with accompanying sleeplessness

**Warnings**

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

**Do not use**

- in children under 12 years of age
- with any other drug containing acetaminophen (prescription or nonprescription). If

you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.

- with any other product containing diphenhydramine, even one used on skin
- if you have ever had an allergic reaction to this product or any of its ingredients

### **Ask a doctor before use if you have**

- liver disease
- glaucoma
- a breathing problem such as emphysema or chronic bronchitis
- trouble urinating due to an enlarged prostate gland

### **Ask a doctor or pharmacist before use if you are**

- taking the blood thinning drug warfarin
- taking sedatives or tranquilizers

### **When using this product**

- drowsiness will occur
- avoid alcoholic drinks
- do not drive a motor vehicle or operate machinery

### **Stop use and ask a doctor if**

- new symptoms occur
- sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present

These could be signs of a serious condition.

### **If pregnant or breast-feeding,**

ask a health professional before use.

### **Keep out of reach of children.**

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

### **Directions**

- **do not take more than directed (see overdose warning)**

adults and children 12 years and over	<ul style="list-style-type: none"><li>• take 2 caplets at bedtime</li><li>• do not take more than 2 caplets of this product in 24</li></ul>
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	hours
children under 12 years	do not use

### **Other information**

- store at 20-25°C (68-77°F)

### **Inactive ingredients**

carnauba wax, crospovidone, FD&C blue #1 aluminum lake, FD&C blue #2 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polysorbate 80, povidone, pregelatinized starch, sodium starch glycolate, stearic acid, titanium dioxide

### **Questions or comments?**

**1-800-719-9260**

### **Principal Display Panel**

Extra Strength

Pain Relief PM CAPLETS

Pain Reliever/Nighttime Sleep-Aid

Acetaminophen

Diphenhydramine HCl

For Adults

Actual Size

Compare to active ingredients of Tylenol® PM Caplets

100 Caplets

Non-Habit Forming



DO NOT USE IF PRINTED SEAL UNDER CAP  
IS BROKEN OR MISSING



Gluten Free  
Distributed By  
**Perrigo**<sup>®</sup>  
Allergan, MI 49010

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## Drug Facts (continued)

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**LOT NO.**

**EXP.**

: 43778 C2 C1

## GOOD SENSE PAIN RELIEF PM EXTRA STRENGTH

acetaminophen, diphenhydramine hcl tablet, film coated

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0113-0437
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	500 mg
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>CARNAUBA WAX</b> (UNII: R12CBM0EIZ)	
<b>CROSPVIDONE (15 MPA.S AT 5%)</b> (UNII: 68401960MK)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C BLUE NO. 2</b> (UNII: L06K8R7DQK)	
<b>HYPROMELLOSE, UNSPECIFIED</b> (UNII: 3NXW29V3WO)	
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	
<b>MICROCRYSTALLINE CELLULOSE</b> (UNII: OP1R32D61U)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>POVIDONE, UNSPECIFIED</b> (UNII: FZ989GH94E)	
<b>STEARIC ACID</b> (UNII: 4ELV7Z65AP)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	

## Product Characteristics

<b>Color</b>	BLUE (Light blue)	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	18mm
<b>Flavor</b>		<b>Imprint Code</b>	L437;PM
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0113-0437-71	1 in 1 CARTON	07/23/1992	
1		50 in 1 BOTTLE; Type 0: Not a Combination Product		
2	NDC:0113-0437-78	1 in 1 CARTON	05/24/2021	
2		100 in 1 BOTTLE; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part343	07/23/1992	

**Labeler** - L. Perrigo Company (006013346)

Revised: 5/2021

L. Perrigo Company