

MILK OF MAGNESIA- magnesium hydroxide liquid
BETTER LIVING BRANDS, LLC

SC milk of mag original

Active ingredient (in each 15 mL)

Magnesium hydroxide 1200 mg

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- usually produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- stomach pain, nausea, or vomiting
- a sudden change in bowel habits that lasts over 14 days

Ask a doctor or pharmacist before use if you are taking a prescription drug. This product may interact with certain prescription drugs.

Stop use and ask a doctor if

- you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- shake well before use
- do not exceed the maximum recommended daily dose in a 24 hour period
- dose may be taken once a day preferably at bedtime, in divided doses, or as directed by a doctor
- drink a full glass (8 oz) of liquid with each dose

age	dose
adults and children 12 years and over	30 mL to 60 mL
children 6 to 11 years	15 mL to 30 mL
children under 6 years	ask a doctor

Other information

- each 15 mL tablespoonful contains: **magnesium 500 mg**
- avoid freezing
- store at room temperature tightly closed

Inactive ingredients

purified water, sodium hypochlorite

Questions or Comments?

1-800-540-3765

package label



Compare to
Phillips®
Milk of Magnesia
active ingredient*

Quality
Guaranteed

NDC 21130-649-12

Milk of Magnesia

Magnesium Hydroxide Saline Laxative

- Effective Overnight Relief
- Sugar Free
- Cramp Free
- Stimulant Free

Original

12 FL OZ (355 mL)

285-19112-0 REV GC0820

Drug Facts

**TAMPER EVIDENT: DO NOT USE IF IMPRINTED
NECKBAND IS MISSING OR BROKEN.**

Active ingredient (in each 15 mL)

Magnesium hydroxide 1200 mg

Purpose

Saline laxative

Use

- relieves occasional constipation (irregularity)
- generally produces bowel movement in ½ to 6 hours

Warnings

Ask a doctor before use if you have

- a magnesium-restricted diet
- a sudden change in bowel habits that lasts over 14 days
- kidney disease
- stomach pain, nausea or vomiting

Ask a doctor or pharmacist before use if you are taking a prescription drug. This product may interact with certain prescription drugs.

Stop use and ask a doctor if

- you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition.
- you need to use a laxative for more than 1 week

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Inactive ingredients

purified water, sodium hypochlorite

Questions or comments? 1-800-540-3765

*This product is not manufactured or distributed by Bayer Healthcare LLC, the owner of the registered trademark Phillips® Milk of Magnesia.

985-19112-0
REV GC0820

DISTRIBUTED BY
BETTER LIVING BRANDS LLC.
P.O. BOX 99, PLEASANTON, CA 94566-0099
1-888-723-3929
www.betterlivingbrandsLLC.com
MADE IN U.S.A.



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information



MILK OF MAGNESIA

magnesium hydroxide liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:21130-649
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM HYDROXIDE (UNII: NBZ3QY004S) (MAGNESIUM CATION - UNII:T6V3LHY838, HYDROXIDE ION - UNII:9159UV381P)	MAGNESIUM HYDROXIDE	1200 mg in 15 mL

Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
SODIUM HYPOCHLORITE (UNII: DY38VHM5OD)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-649-12	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	08/18/2020	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	08/01/2020	

Labeler - BETTER LIVING BRANDS, LLC (009137209)**Registrant** - GCP Laboratories (965480861)**Establishment**

Name	Address	ID/FEI	Business Operations
GCP Laboratories		965480861	manufacture(21130-649)

Revised: 11/2023

BETTER LIVING BRANDS, LLC